

## Review of the Stampede Results

### ORIGINAL ARTICLE

# Abiraterone for Prostate Cancer Not Previously Treated with Hormone Therapy

Charles Ryan MD  
University of California – San Francisco

N.D. James, J.S. de Bono, M.R. Spears, N.W. Clarke, M.D. Mason, D.P. Dearnaley, A.W.S. Ritchie, C.L. Amos, C. Gilson, R.J. Jones, D. Matheson, R. Millman, G. Attard, S. Chowdhury, W.R. Cross, S. Gillessen, C.C. Parker, J.M. Russell, D.R. Berthold, C. Brawley, F. Adab, S. Aung, A.J. Birtle, J. Bowen, S. Brock, P. Chakraborti, C. Ferguson, J. Gale, E. Gray, M. Hingorani, P.J. Hoskin, J.F. Lester, Z.I. Malik, F. McKinna, N. McPhail, J. Money-Kyrle, J. O'Sullivan, O. Parikh, A. Protheroe, A. Robinson, N.N. Srihari, C. Thomas, J. Wagstaff, J. Wylie, A. Zarkar, M.K.B. Parmar, and M.R. Sydes, for the STAMPEDE Investigators\*

### ABSTRACT

#### BACKGROUND

Abiraterone acetate plus prednisolone improves survival in men with relapsed prostate cancer. We assessed the effect of this combination in men starting long-term androgen-deprivation therapy (ADT), using a multigroup, multistage trial design.

#### METHODS

We randomly assigned patients in a 1:1 ratio to receive ADT alone or ADT plus abiraterone acetate (1000 mg daily) and prednisolone (5 mg daily) (combination therapy). Local radiotherapy was mandated for patients with node-negative, nonmetastatic disease and encouraged for those with positive nodes. For patients with nonmetastatic disease with no radiotherapy planned and for patients with metastatic disease, treatment continued until radiologic, clinical, or prostate-specific antigen (PSA) progression; otherwise, treatment was to continue for 2 years or until any type of progression, whichever came first. The primary outcome measure was overall survival. The

# Setting and hypothesis

- Setting
  - Hormone therapy the mainstay of treatment since 1940s
  - Addition of radiotherapy to N0M0 disease improves outcomes
  - Recruitment prior to inclusion of docetaxel as part of standard care
- Hypothesis
  - Early use of therapies may give a larger absolute benefit in overall survival

# Treatment Duration

- Treatment planned was Abi 1000 with Pred 5 daily
  - Two years for those getting RT
  - Until progression for those with metastatic disease/not getting RT

Attard G, et al J Clin Oncol. 2008;26(28):4563-71. de Bono JS, et al NEJM 2011;364(21):1995-2005. Ryan CJ, et al, NEJM. 2013;368(2):138-48.

# Inclusion criteria

## Newly-diagnosed

Any of:

- Metastatic
- Node-Positive
- ≥2 of: Stage T3/4  
PSA $\geq$ 40ng/ml  
Gleason 8-10

## Relapsing after previous RP or RT with ≥1 of:

- PSA  $\geq$ 4ng/ml and rising with doubling time <6m
- PSA  $\geq$ 20ng/ml
- Node-positive
- Metastatic

## All patients

Fit for all protocol treatment

Fit for follow-up

WHO performance status 0-2

Written informed consent

## Full criteria

[www.stampedetrial.org](http://www.stampedetrial.org)

# Outcome measures

## Primary outcome measure

Overall survival

## Secondary outcome measures

Failure-free survival (FFS)

Toxicity

Quality of life

Skeletal-related events

Cost effectiveness

## FFS definition

First of:

PSA failure

Local failure

Lymph node failure

Distant metastases

Prostate cancer death

## PSA failure definition

PSA fall  $\geq 50\%$

→ 24wk nadir + 50% **and**

→  $>4\text{ng/ml}$

PSA fall of  $<50\%$

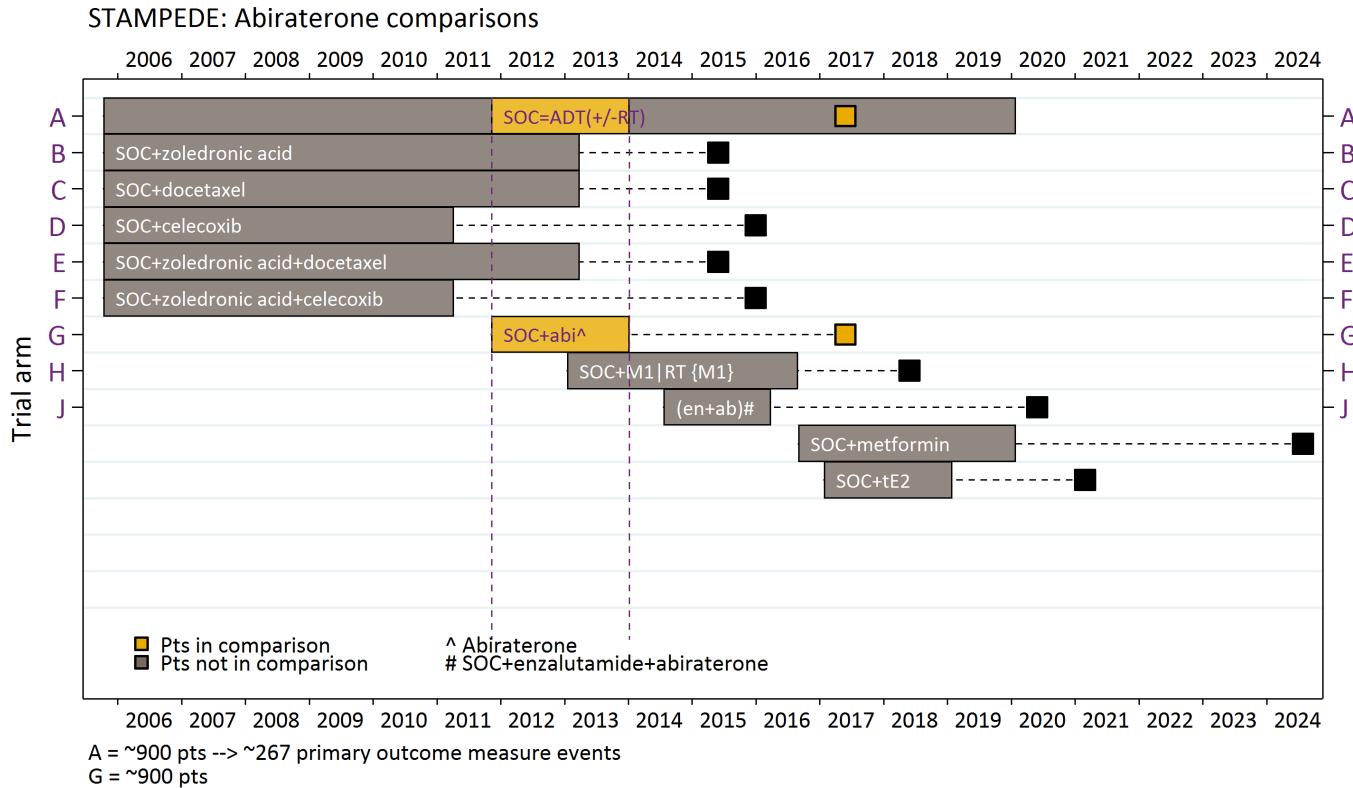
→ failure at  $t=0$

# Multi-arm multi-stage (MAMS) design

## For the “abiraterone comparison”

- Allocation ratio of 1 control to 1 research
- Target 25% relative improvement in overall survival
  - $HR=0.75$
- Interim analysis
  - 3 lack-of-benefit analyses on failure-free survival
- Main analysis on primary outcome measure
  - Requires ~267 control arm deaths
  - Power and alpha 90% and 0.025, 1-sided

# Abiraterone comparison: patients



# Accrual

## Comparison

Open: Nov-2011

Closed: Jan-2014

Accrual: 1917

### Number of patients

957    **A** Standard-of-care\* (SOC)

960    **G** SOC + abiraterone acetate + prednisolone (SOC+AAP)

\*SOC = ADT ± RT

# Patient characteristics

1%	WHO PS 2	[s]
21%	WHO PS 1	[s]
67yr	Median age (min 39, max 85)	[s]
52%	Metastatic (88% Bony mets)	[s]
20%	N+M0	
28%	N0M0	
99%	LHRH analogues	[s]
41%	Planned for RT (96% of N0M0 pts; 62% of N+M0 pts)	[s]
5%	Previous local therapy	
Balanced by arm		

Table 1. Characteristics of the Patients.<sup>a</sup>

Characteristic	ADT Alone (N=957)	Combination Therapy (N=960)
Age at randomization — yr		
Median (IQR)	67 (62 to 72)	67 (63 to 72)
Range	39 to 84	42 to 85
PSA level before ADT — ng/ml		
Median (IQR)	56 (19 to 165)	51 (19 to 158)
Range	0 to 10,530	0 to 21,460
WHO performance status — no. (%)†		
0	744 (78)	745 (78)
1 or 2	213 (22)	215 (22)
Disease group — no. (%)‡		
Newly diagnosed node-negative, nonmetastatic disease	256 (27)	253 (26)
Newly diagnosed node-positive, nonmetastatic disease	187 (20)	182 (19)
Newly diagnosed metastatic disease	476 (50)	465 (48)
Previously treated nonmetastatic disease	12 (1)	25 (3)
Previously treated metastatic disease	26 (3)	35 (4)
Gleason score — no. (%)‡		
≤7	223 (23)	221 (23)
8 to 10	721 (75)	715 (74)
Unknown	13 (1)	24 (2)
Planned or current long-term ADT — no. (%)		
Orchiectomy	5 (1)	3 (<1)
Bicalutamide	5 (1)	5 (1)
Dual androgen blockade	4 (<1)	1 (<1)
LHRH-based§	943 (99)	951 (99)
Time to initiation of ADT from randomization — days¶		
Median (IQR)	-45 (-67 to -23)	-44 (-63 to -24)
Range	-85 to 39	-85 to 28
Planned antiandrogen use — no. (%)		
No	50 (5)	61 (6)
Short-term antiandrogen	902 (94)	895 (93)
Long-term antiandrogen	5 (1)	4 (<1)
Radiotherapy planned — no. (%)		
No	561 (59)	564 (59)
Yes	396 (41)	396 (41)
Hypertension — no. (%)		
No	571 (60)	557 (58)
Yes, but still fit for trial	385 (40)	401 (42)

## **Primary Outcomes**

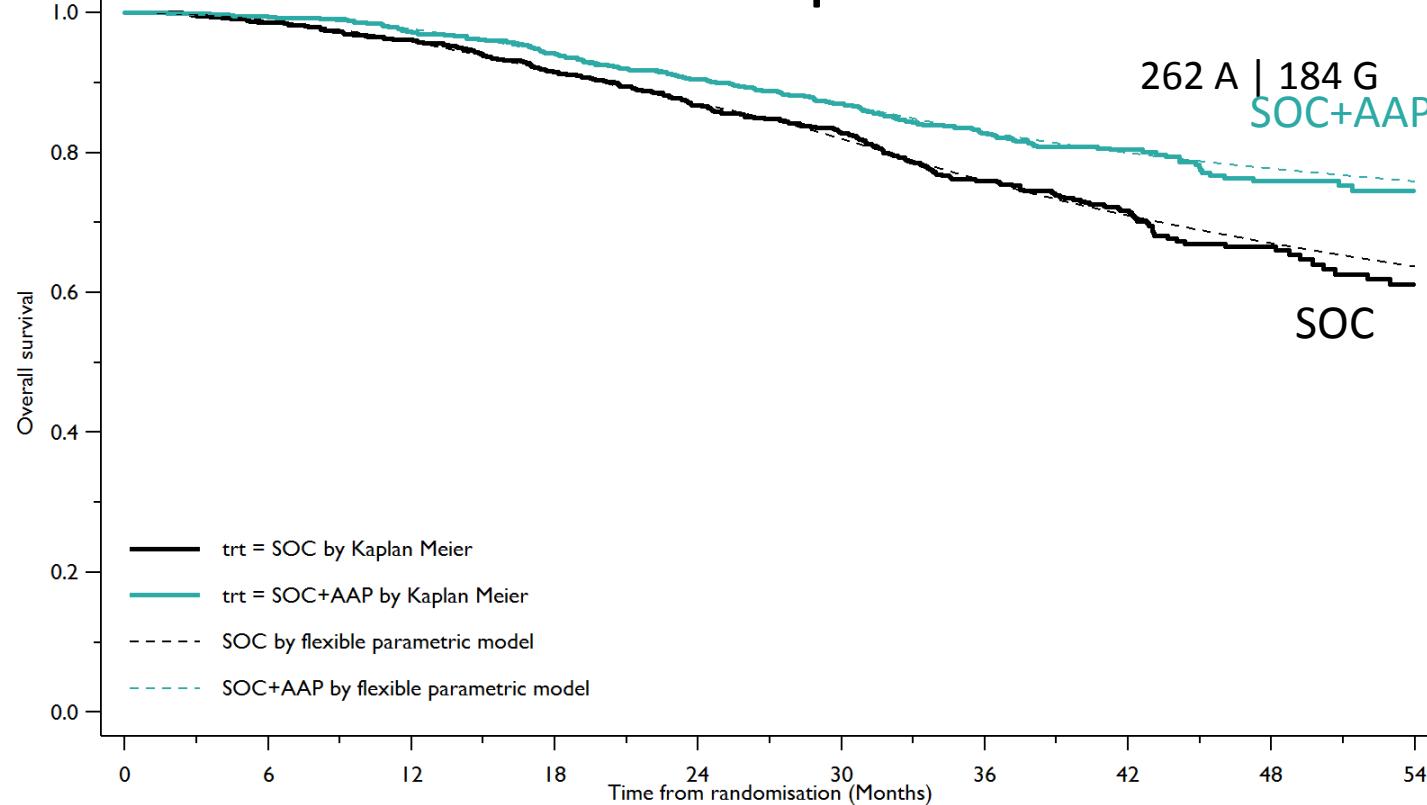
**Definitive primary outcome = Overall Survival**

### **Efficacy Stage Analysis:**

- triggered by 267 control arm deaths
- observed 262 (98%) control arm deaths 10-Feb-2017

# Overall Survival – STAMPEDE “abiraterone comparison”

Events

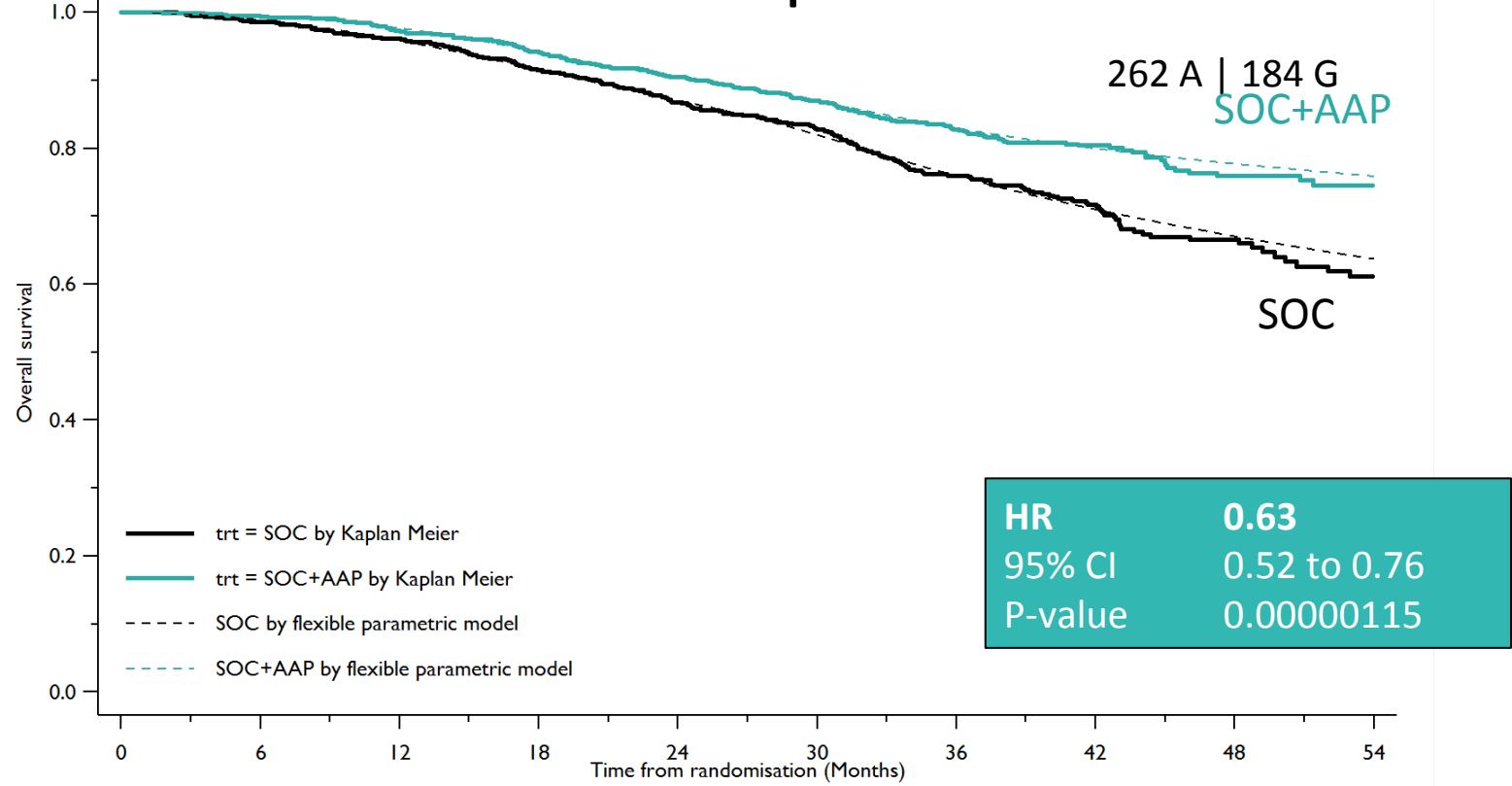


Number of patients (events)

SOC	957	(37)	909	(88)	806	(92)	491	(36)	123
SOC+AAP	960	(26)	917	(63)	840	(67)	541	(25)	161

# Overall Survival – STAMPEDE “abiraterone comparison”

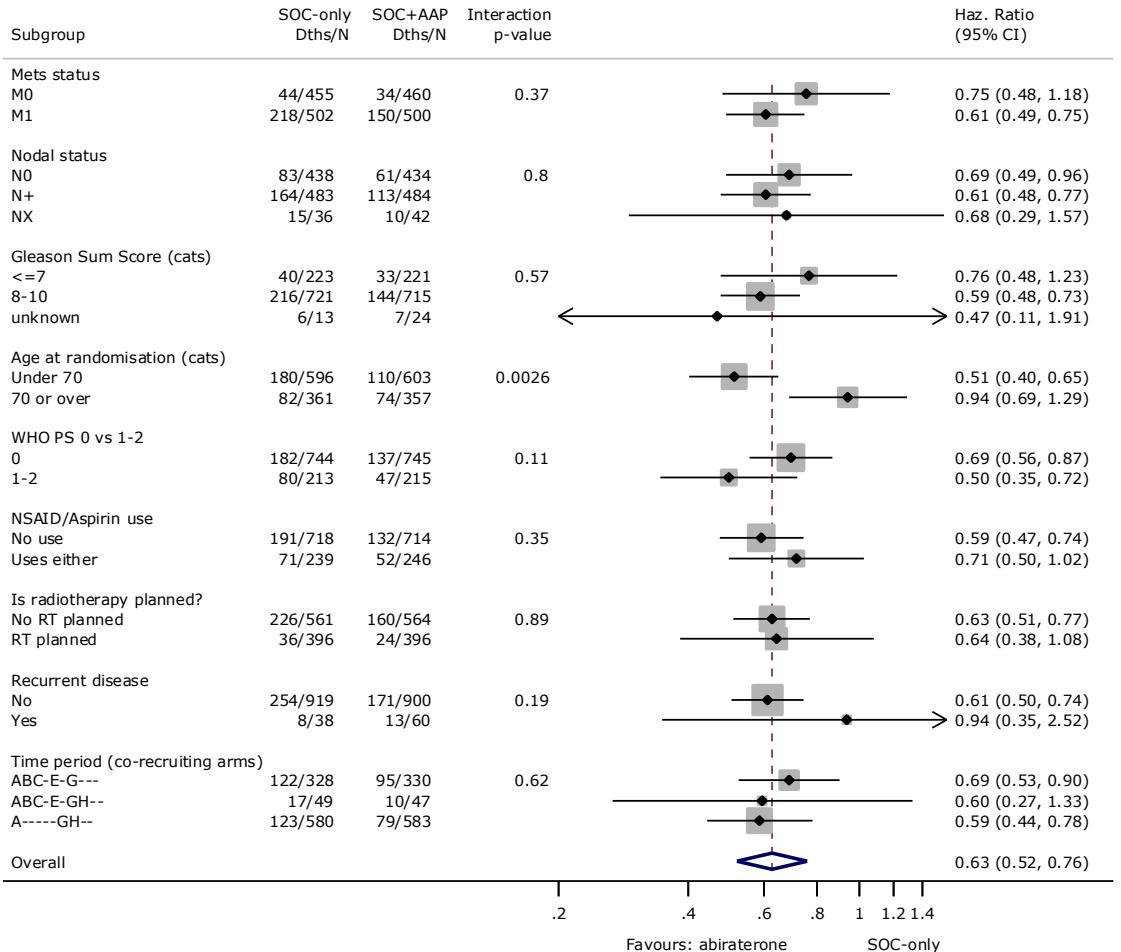
Events



Number of patients (events)

SOC	957	(37)	909	(88)	806	(92)	491	(36)	123
SOC+AAP	960	(26)	917	(63)	840	(67)	541	(25)	161

## SOC vs SOC+AAP



## Overall Survival – STAMPEDE “abiraterone comparison”

No good evidence of heterogeneity by stratification factors

# STAMPEDE “abiraterone comparison”

## Overall Survival by metastatic status – pre-planned analysis

SOC vs SOC+AAP

Mets \* treatment  
interaction

Mets status	SOC-only Dths/N	SOC+AAP Dths/N	Haz. Ratio (95% CI)
M0	44/455	34/460	0.75 (0.48, 1.18)
M1	218/502	150/500	0.61 (0.49, 0.75)
Overall			0.63 (0.52, 0.76)



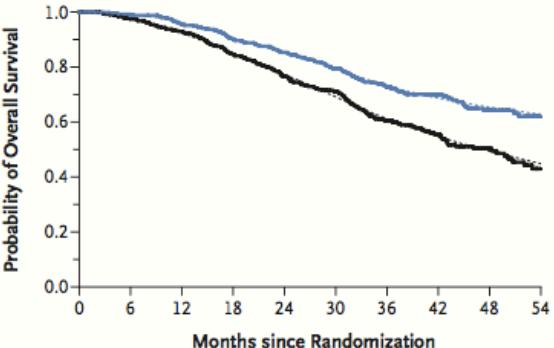
0.63

Metastatic

Vs

Non-metastatic  
disease

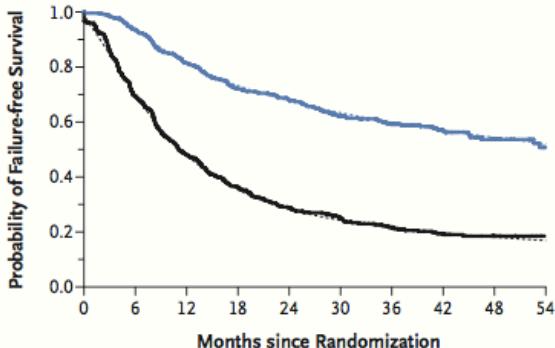
C Overall Survival in Patients with Metastatic Disease



No. of Patients  
(no. of deaths)

Combination therapy	500	(22)	469	(50)	415	(57)	256	(18)	81
ADT alone	502	(35)	460	(80)	371	(73)	215	(23)	60

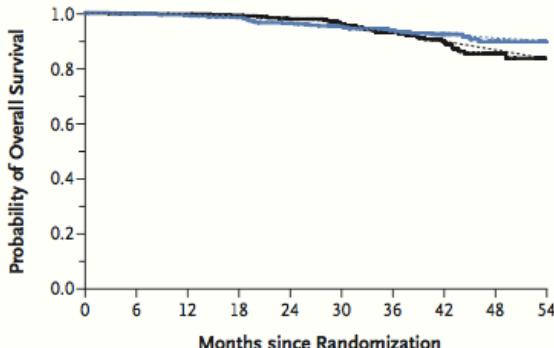
D Failure-free Survival in Patients with Metastatic Disease



No. of Patients  
(no. of treatment-failure events)

Combination therapy	500	(92)	399	(65)	326	(40)	202	(11)	63
ADT alone	502	(258)	236	(93)	139	(33)	83	(9)	23

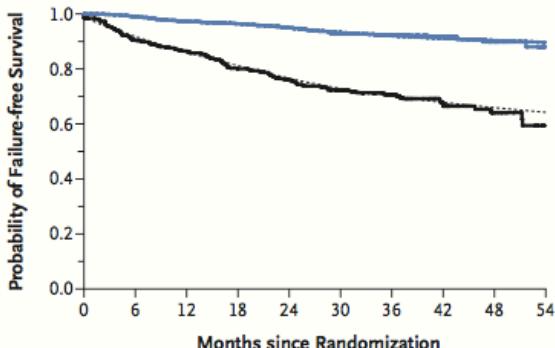
E Overall Survival in Patients with Nonmetastatic Disease



No. of Patients  
(no. of deaths)

Combination therapy	460	(4)	448	(13)	425	(10)	285	(7)	80
ADT alone	455	(2)	449	(8)	435	(19)	276	(13)	63

F Failure-free Survival in Patients with Nonmetastatic Disease



No. of Patients  
(no. of treatment-failure events)

Combination therapy	460	(12)	438	(10)	411	(12)	275	(3)	78
ADT alone	455	(61)	389	(47)	337	(23)	201	(9)	39

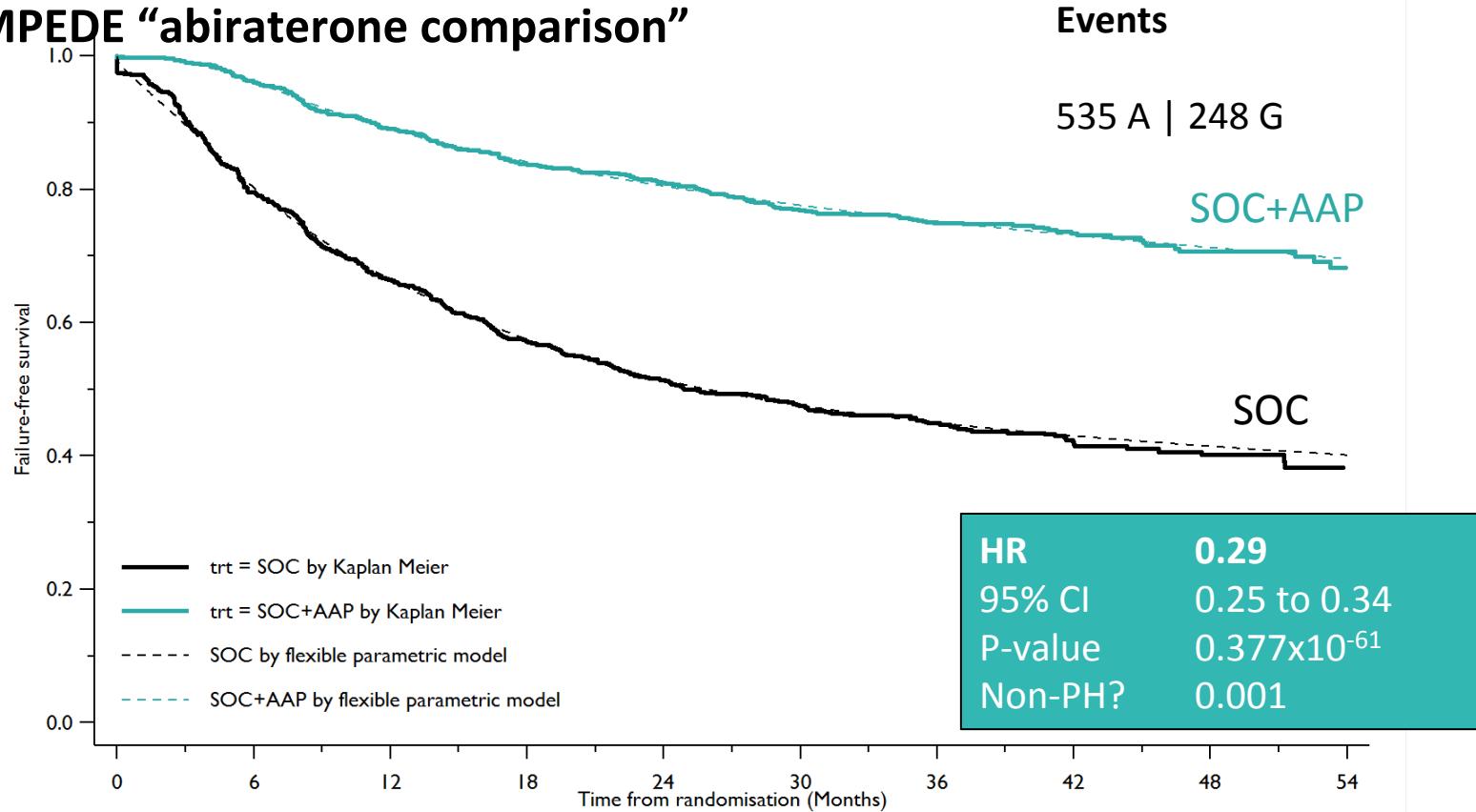
# FFS – STAMPEDE “abiraterone comparison”

Events

535 A | 248 G

SOC+AAP

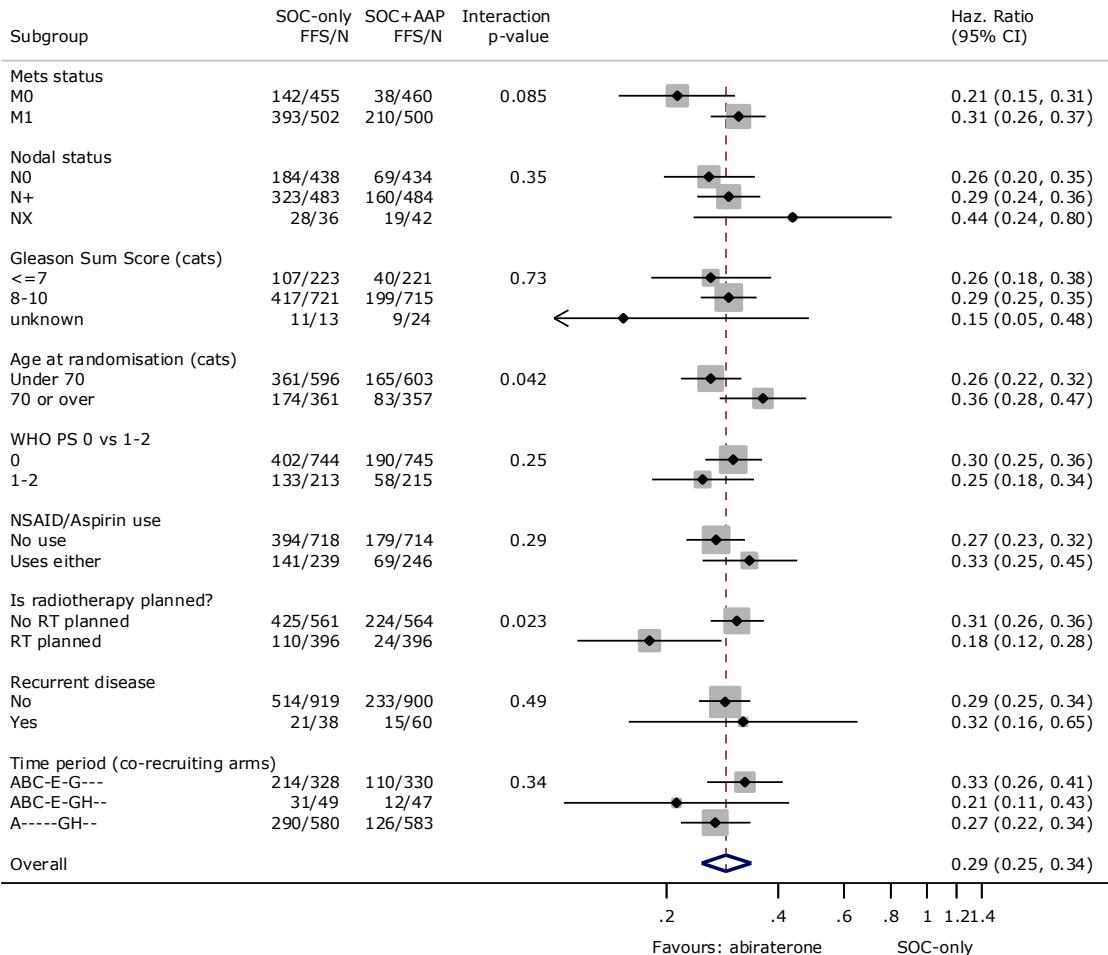
SOC



Number of patients (events)

SOC	957	(319)	625	(140)	476	(56)	284	(18)	62
SOC+AAP	960	(104)	837	(75)	737	(52)	477	(14)	141

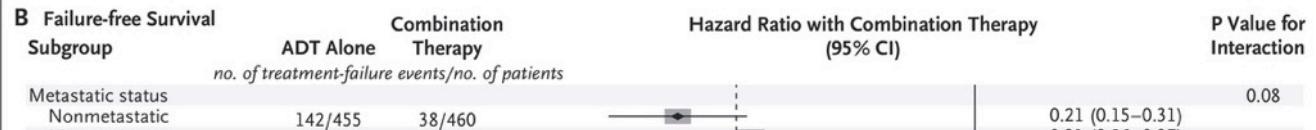
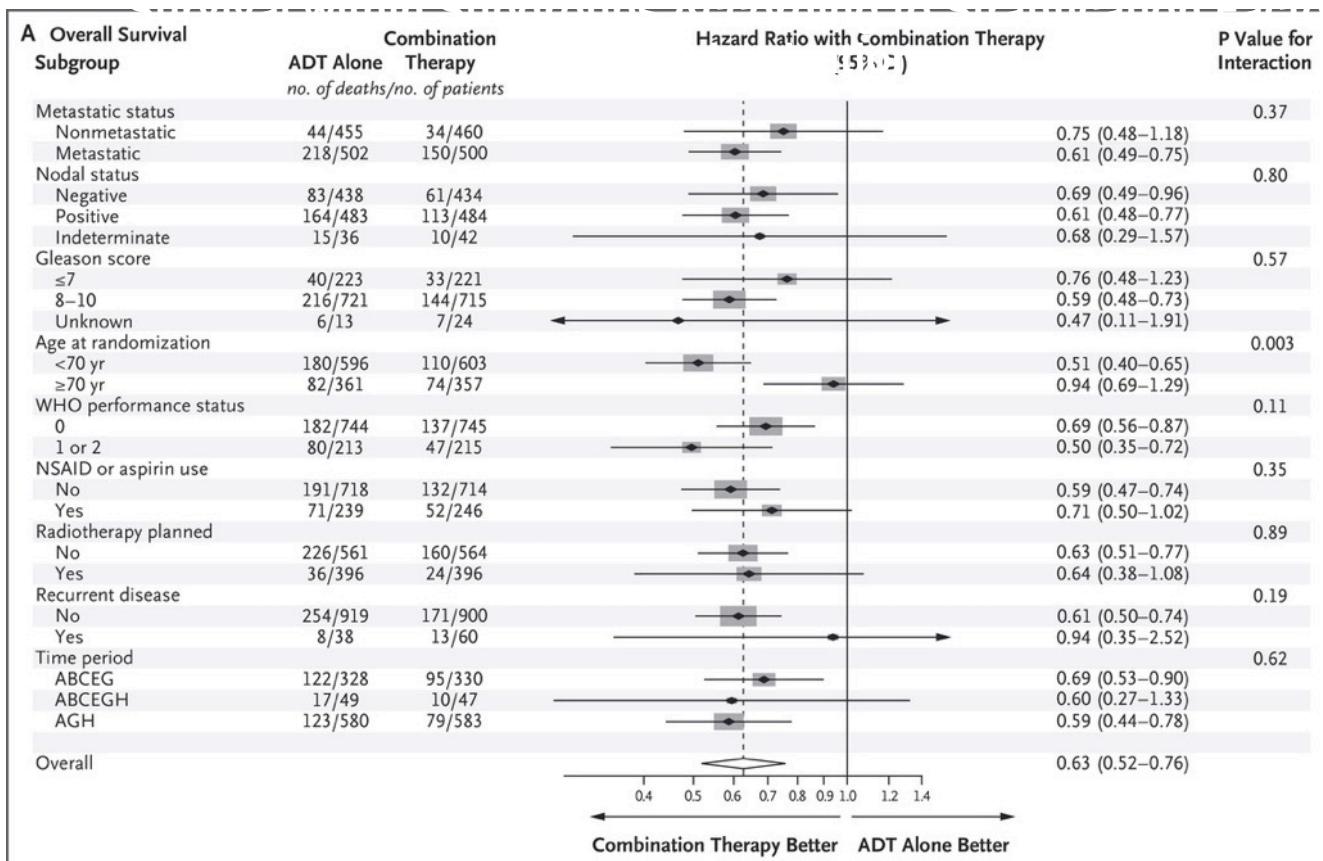
## SOC vs SOC+AAP



## FFS – STAMPEDE

### “abiraterone comparison”

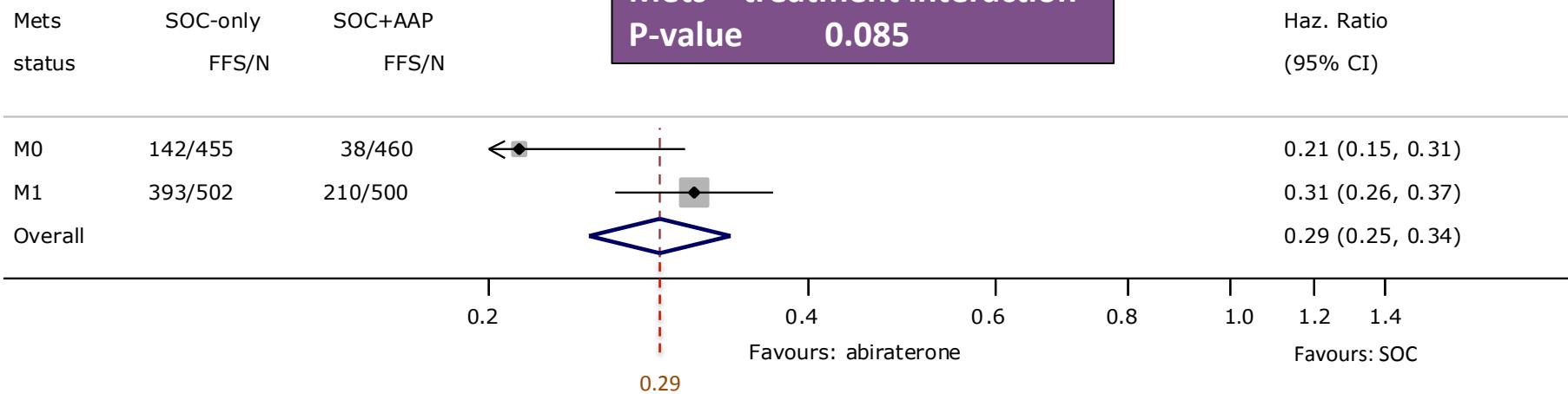
No good evidence of heterogeneity by stratification factors



# STAMPEDE “abiraterone comparison”

## FFS by metastatic status – pre-planned analysis

SOC vs SOC+AAP



	SOC-only	SOC+AAP
<b>Safety population</b>		
Patients included in adverse event analysis	960	948
Grade 1-5 AE	950 (99%)	943 (99%)
Grade 3-5 AE	315 (33%)	443 (47%)
Grade 5 AE	3	9

Grade 3-5 AEs by category (*incl. expected AEs*)

Endocrine disorder ( <i>incl. hot flashes, impotence</i> )	133 (14%)	129 (14%)
Cardiovascular disorder ( <i>incl. hypertension, MI, cardiac dysrhythmia</i> ):	41 (4%)	92 (10%)
Musculoskeletal disorder:	46 (5%)	68 (7%)
Gastrointestinal disorder:	40 (4%)	49 (5%)
Hepatic disorder ( <i>incl. increased AST, increased ALT</i> ):	12 (1%)	70 (7%)
General disorder ( <i>incl. fatigue, oedema</i> ):	29 (3%)	45 (5%)
Respiratory disorder ( <i>incl. breathlessness</i> ):	23 (2%)	44 (5%)
Lab abnormalities ( <i>incl. hypokalaemia</i> ):	21 (2%)	34 (4%)

	SOC-only	SOC+AAP
<b>Safety population</b>		
Patients included in adverse event analysis	960	948
Grade 1-5 AE	950 (99%)	943 (99%)
Grade 3-5 AE	315 (33%)	443 (47%)
Grade 5 AE	3	9
Grade 3-5 AEs by category ( <i>incl. expected AEs</i> )		
Endocrine disorder ( <i>incl. hot flashes, impotence</i> )	133 (14%)	129 (14%)
Cardiovascular disorder ( <i>incl. hypertension, MI, cardiac dysrhythmia</i> ):	41 (4%)	92 (10%)
Musculoskeletal disorder:	46 (5%)	68 (7%)
Gastrointestinal disorder:	40 (4%)	49 (5%)
Hepatic disorder ( <i>incl. increased AST, increased ALT</i> ):	12 (1%)	70 (7%)
General disorder ( <i>incl. fatigue, oedema</i> ):	29 (3%)	45 (5%)
Respiratory disorder ( <i>incl. breathlessness</i> ):	23 (2%)	44 (5%)
Lab abnormalities ( <i>incl. hypokalaemia</i> ):	21 (2%)	34 (4%)

# Treatment compliance

## Abiraterone

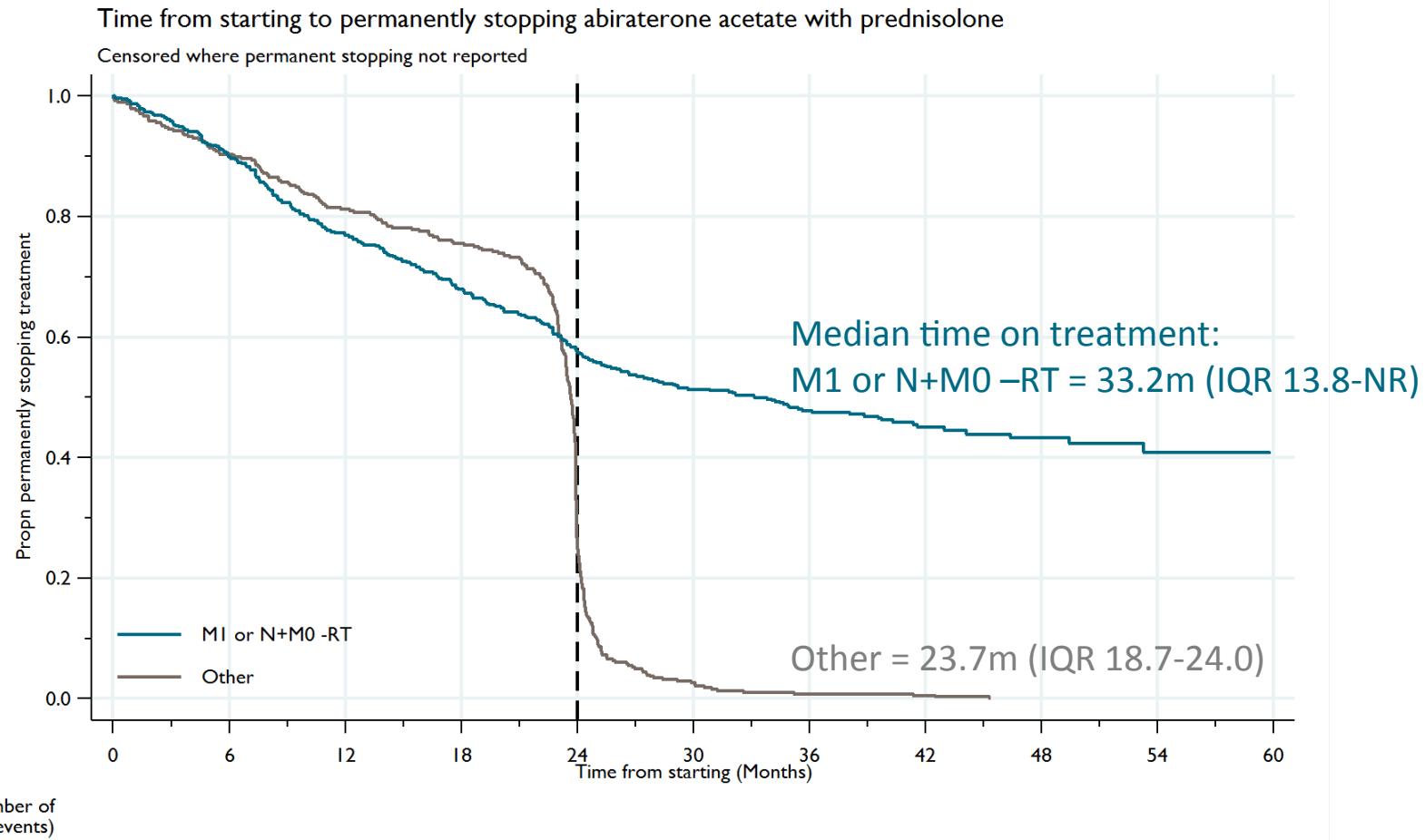
The administration of abiraterone is expected to be as follows:

- **1000mg od** abiraterone acetate
- prednisolone or prednisone 5mg od to prevent secondary ACTH excess.

Duration of treatment:

- Capped at 2 years for N0M0 pts and N+M0 pts receiving RT
- Permitted through 3 types of progression for M1 pts and N+M0 pts not receiving RT

# Abiraterone duration by planned use



MI or N+M0 -RT	565	(57)	502	(72)	428	(50)	376	(57)	316	(34)	262	(17)	177	(8)	90	(3)	54	(2)	17	(0)	1
Other	384	(37)	347	(35)	312	(22)	290	(188)	102	(92)	10	(7)	3	(1)	2	(2)	0	(0)	0	(0)	0

# Reasons for permanently stopping research abiraterone acetate + prednisolone

M1 or N+M0 –RT patients:

Disease  
progression  
(52%)

Excessive toxicity (21%)

Comorbidity (6%)

Treatment refusal (6%)

Treatment complete (5%)



Other reasons <5%: Patient choice, clinician decision, intercurrent illness, death, administrative, withdrawal, ineligible.

N0M0 or N+M0 +RT patients:

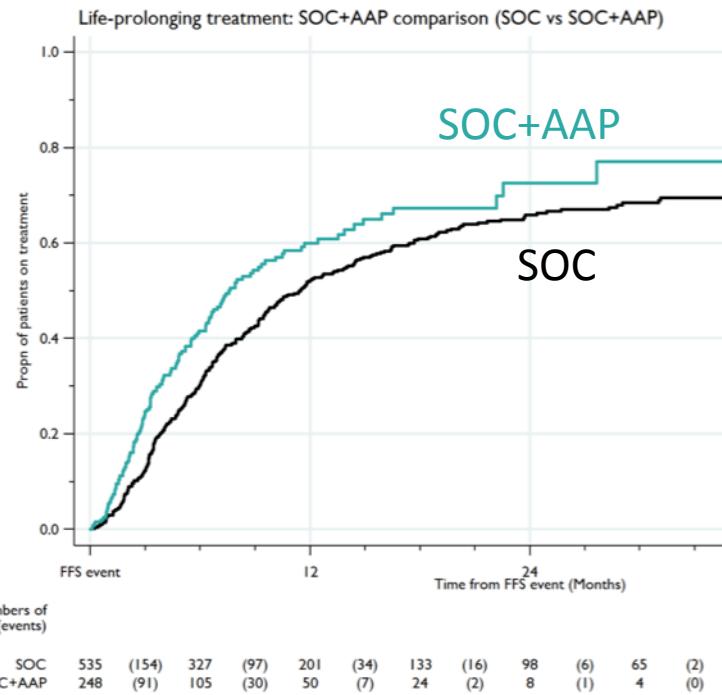
Treatment  
complete  
(69%)

Excessive toxicity (17%)



Note: 1% stopped for  
disease progression,  
4% comorbidity,  
3% treatment refusal

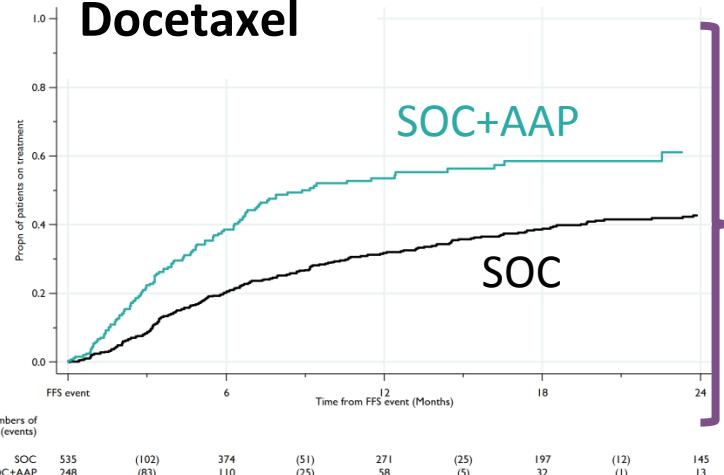
# Any “life-prolonging” treatment for progression



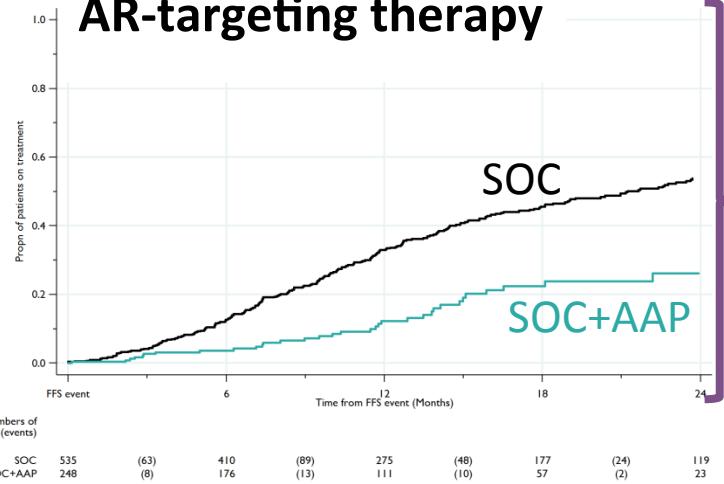
Treatment started since first progression	A SOC	G SOC+abi
Patients randomised	957	960
Patients with progression	535 (56%)	248 (26%)
Reported new treatment	477 (89%)	196 (79%)
Reported “life-prolonging” treatment	310 (58%)	131 (53%)
Docetaxel	200 (37%)	115 (46%)
Enzalutamide	138 (26%)	25 (10%)
Abiraterone	120 (22%)	8 (3%)
Radium-223	24 (5%)	19 (8%)
Cabazitaxel	28 (5%)	15 (6%)

Graph timed from first FFS event

## Docetaxel



## AR-targeting therapy



Treatment started since first progression	A SOC	G SOC+abi
Patients randomised	957	960
Patients with progression	535 (56%)	248 (26%)
Reported new treatment	477 (89%)	196 (79%)
Reported "life prolonging" treatment	310 (58%)	131 (53%)
<i>Docetaxel</i>	200 (37%)	115 (46%)
<i>Enzalutamide</i>	138 (26%)	25 (10%)
<i>Abiraterone</i>	120 (22%)	8 (3%)
<i>Radium-223</i>	24 (5%)	19 (8%)
<i>Cabazitaxel</i>	28 (5%)	15 (6%)

Graph timed from first FFS event

# What Stampede Teaches us

- Broader spectrum of disease state than Latitude
  - M+, N+, Locally advanced all benefit over ADT
  - 40% of patients had AA with RT
  - Too early to justify AA/P use in Nonmetastatic disease without OS?
- Finite Duration of Rx ( 2 yrs) is informative
- Tolerability in early disease population
  - Approx 20% discontinue due to toxicity is not trivial
- Largest population to date with 5 mg prednisone.

# What Stampede Doesn't Teach us

- Use in Serologic Relapse
- Duration of Rx in Metastatic disease
  - When is the benefit?
    - Year 1 – better initial disease control?
    - Year 2, 3 – prevent emergence of CRPC?
- What do we tell our patients about duration?
- ADT + Docetaxel → Abiraterone
  - Is resistance overlapping?