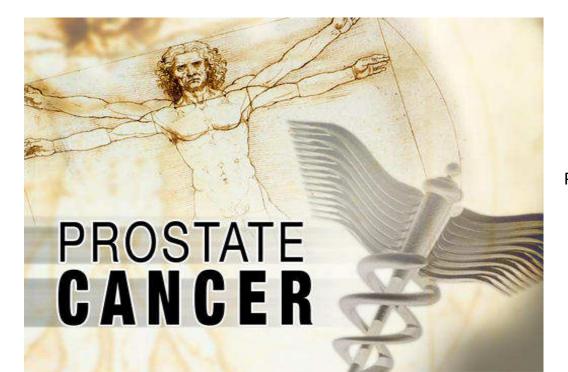
# Biomarkers and Early Detection: A Way Forward and Local Therapies for CaP



#### E. DAVID CRAWFORD, M.D.

Professor of Surgery/Urology/Radiation Oncology University of Colorado



## Greetings from Colorado



Disclosures Consultant: MDxHealth, Myriad and Genomic Health, Speaker: Ferring, Bayer, and Myriad

## This is a urine based test to detect aggressive cases of prostate cancer

- 1. PCA3
- 2. 4 K Score
- 3. SelectMDx
- 4. phi

## What percent of men have a PSA of

< 1.5ng/ml in a screening population ?

- 1. < 50%
- 2. < 30%
- 3. > 70%
- 4. > 80%

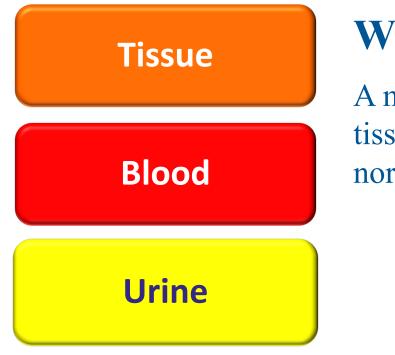
### Prostate Cancer Clinical Needs

- 1. Screening: Primary Care Physicians (PCPs) need a simple message
- 2. Early Detection: Identify patients with clinically significant PCa earlier

## Beyond PSA: Prostate Cancer Challenges

- PSA Screening
  - Poor specificity
  - Too many negative prostate biopsies
  - Over detection/treatment of insignificant Disease
- False Negative Biopsies
- Incorrect Risk Stratification for treatment decision making
- Over-treatment of tumors with prolonged natural history >>>> life expectancy of patient

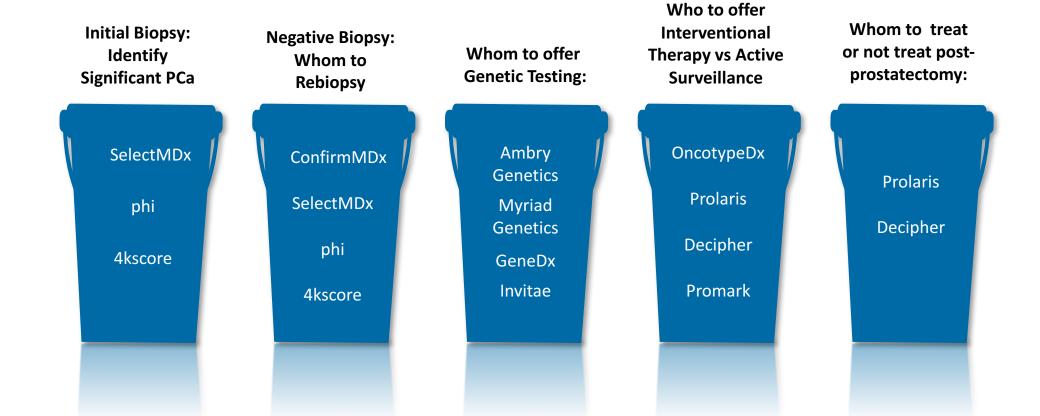
## Prostate Cancer Marker (PCM)



#### What is a PCM?

A molecule that can be found in blood, tissue or body fluids that is a sign of a normal or abnormal process

### **PCM** Buckets

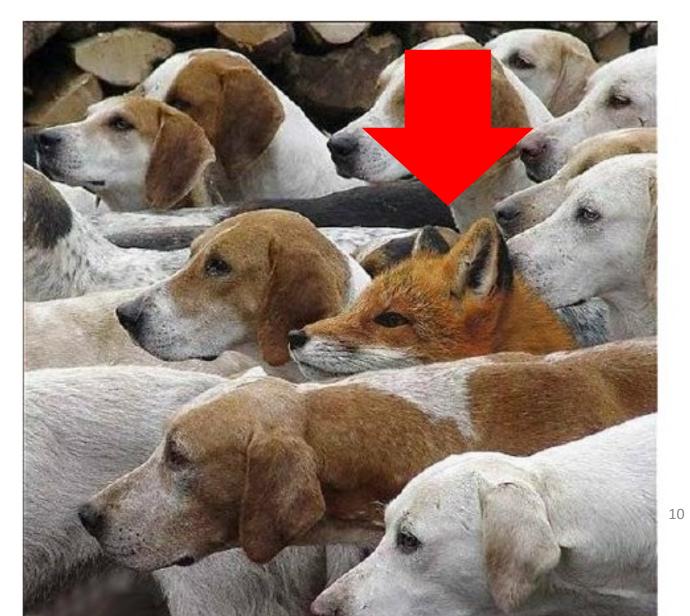


### Fox Hunt

Whom to Bx, ReBx, and to Treat



### Fox Hunt



## Which of these men is harboring aggressive, potentially lethal, prostate cancer?



### Relative Risk of a Bank Robber



(5-7%)



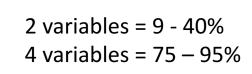
(2-3%)







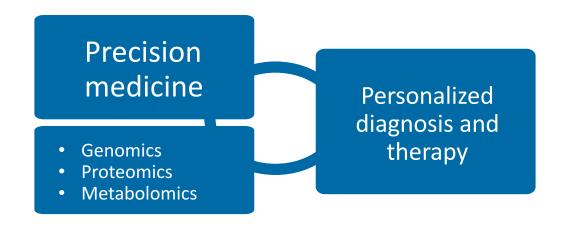






### Biomarker Tests for Molecularly Targeted Therapies-

The Key to Unlocking Precision Medicine



New England Journal of Medicine 375;1, July 7, 2016

## Message from USPSTF

and Other Organizations Following the Lead

PSA screening is a "D" recommendation

- Do Not Order
- Shared Decision Making

Supported by AAFP and other organizations



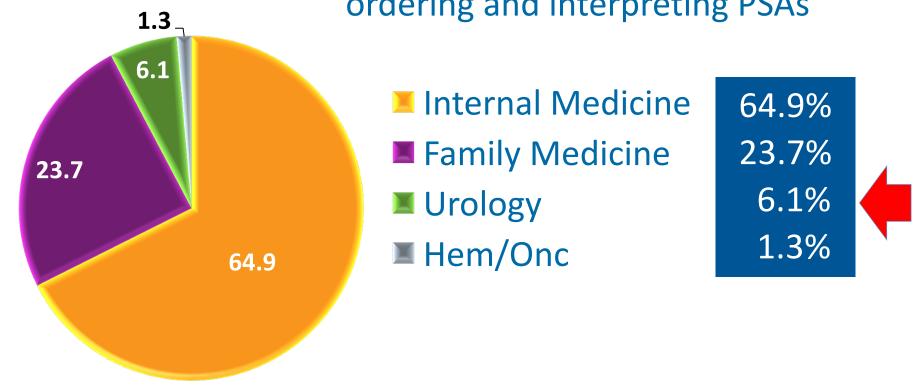
Beyond PSA...

- Using PSA alone to guide prostate biopsy decisions should for the most part END
- Tools are needed to provide better risk assessment to detect clinically meaningful cancers
  - Reduce unnecessary biopsies
  - Reduce over-detection of indolent disease

What Percent of all of the PSA's ordered in the US are by Urologists?

## What Percent of all of the PSA's ordered in the US are by Urologists?

We need to educate those who are ordering and interpreting PSAs



## Ways Forward With PCPs: Don't Confuse them

 Educate those who order PSAs: **PCPs There** 

**Confused** 

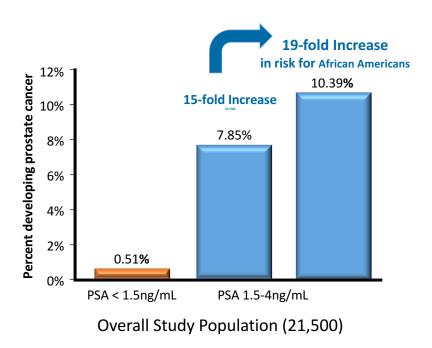
- 1.5
- 2.5
- Velocity

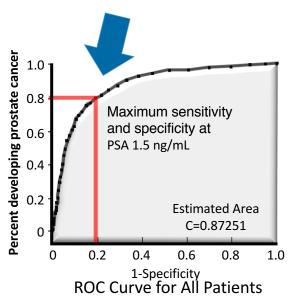
- Density
- Age SpecificPCA3
- % Free PSASelectMDx
- Complex PSA4kscore

- Phi

- Define a PSA level with little risk
- Who/when to refer to urologist?

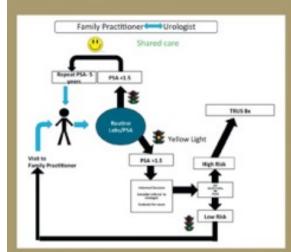
#### 5-year Diagnosis Rates Based on Initial PSA Level





## UROLOGY

#### SPECIAL ISSUE ON UROLOGIC ONCOLOGY



Using PSA Levels of 1.5 ng/ml as the Cutoff for Prostate Cancer Screening in Primary Care

#### IN THIS ISSUE

Management of Penile Cancer Gregory J. Diorio, Andrew R. Leone, and Philippe E. Spiess

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The Future of Enhanced Recovery for Radical Cystectomy: Current Evidence, Barriers to Adoption, and the Next Steps Bernard J. Danna, Enka L. Wood, Janet E. Basck Kukreja, and Jay B. Shah

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Endovascular Removal of Intracardiac Thrombus Prior to Radical Nephrectomy and Inferior Vena Cava Thrombectomy Drew A. Palmer, John E. Hamphrey, Ariel Fredrick, Thomas C. Piemonte, and John A. Libertino

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Practical Guidance on the Role of Corticosteroids in the Treatment of Metastatic Castration-resistant Prostate Cancer

Maria De Santis and Fred Saad Page 156

## Early Stage Prostate Cancer

# An Approach Using PSA Levels of 1.5 ng/mL as the Cutoff for Prostate Cancer Screening in Primary Care



E. David Crawford, Matt T. Rosenberg, Alan W. Partin, Matthew R. Cooperberg, Michael Maccini, Stacy Loeb, Curtis A. Pettaway, Neal D. Shore, Paul Arangua, John Hoenemeyer, Mike Leveridge, Michael Leapman, Peter Pinto, Ian M. Thompson, Jr, Peter Carroll, James Eastham, Leonard Gomella, and Eric A. Klein

#### Top Manuscript 2016

2016 Top Stories in Urology: Prostate Cancer Screening | PracticeUpdate

12/18/16, 4:12 PM



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Published in Urology
(/explore/channel/urology/sp3)
Expert Opinion / Commentary · November 08, 2016

#### 2016 Top Stories in Urology: Prostate Cancer Screening

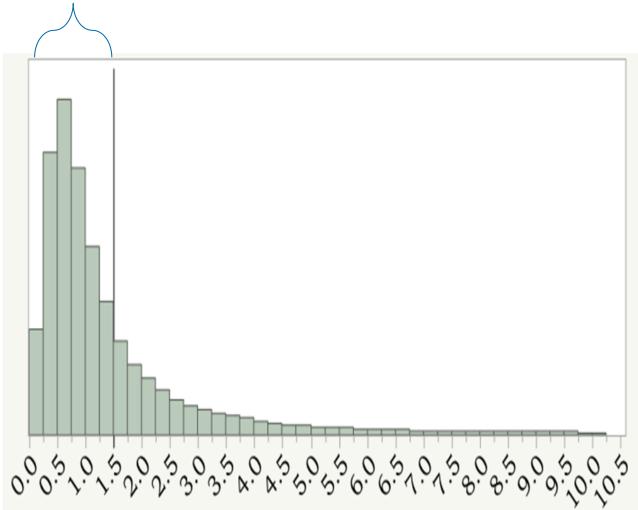
Written by Alan W Partin MD, PhD (/author/alan-partin/80)

#### An approach using PSA levels of 1.5ng/mL as the cutoff for prostate cancer screening in primary care

This paper, recently published in *Urology* and highlighted as the "Story of the Week" in *PracticeUpdate Urology*, addresses a major—until now—unanswered question in medicine related to early detection of prostate cancer. <sup>1</sup> The discussion and recommendations made by this esteemed group of authors and the comments provided by Dr. Laurence Klotz outline the potential impact of this manuscript not only urologists but for general practitioners as well (http://www.practiceupdate.com/c/45333/48/3). (http://www.practiceupdate.com/c/45333/48/3)).

#### Result Distribution





## Early Detection a Way Forward

Vital signs and many tests routinely performed by PCPs before informed decision

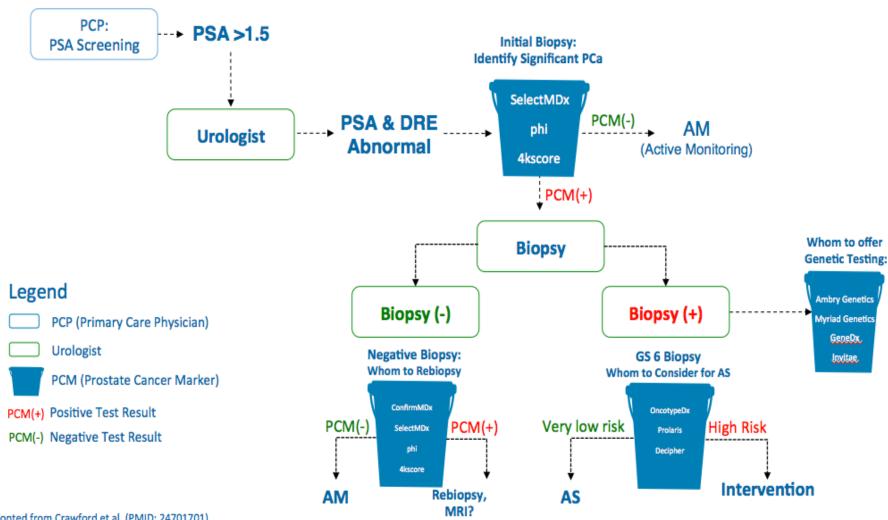
- Informed decision when tests are abnormal
- Why not PSA?
- 73% of men require no discussion

PSA treated like other lab tests:

- lipids
- electrolytes
- weight
- BP-routine

Men's health broader issue > 1.5 ng/ml surrogate for BPH, Prostatitis, Prostate Cancer

### Prostate Cancer Evaluation Algorithm PCMs (Prostate Cancer Markers)



### **PSA Screening**

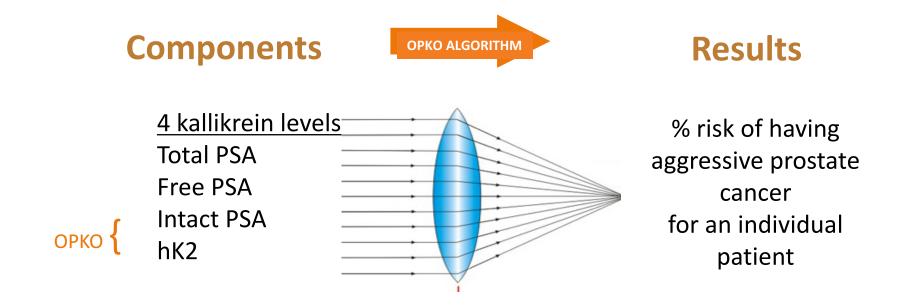
Improve Patient Selection for Biopsy

~20 million PSA tests each year

~5 million men with elevated PSA result

Diagnose < 180,000 and most 40% are candidates for AS

### 4Kscore™ Test

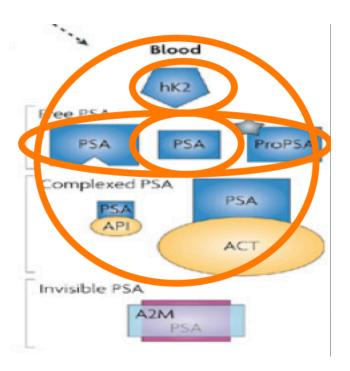


+ Age, DRE, and prior biopsy status

## 4Kscore<sup>®</sup> Prostate Bx for aggressive PCa

- 4Kscore® Prostate Cancer Test
- Based on the following panel of kallikrein markers:
  - Total PSA
  - Free PSA
  - Intact PSA
  - Human Kallikrein 2 (HK2)

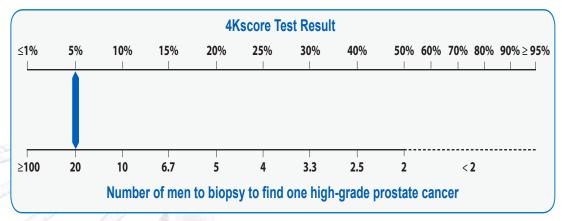
+ Age, DRE, and prior biopsy status



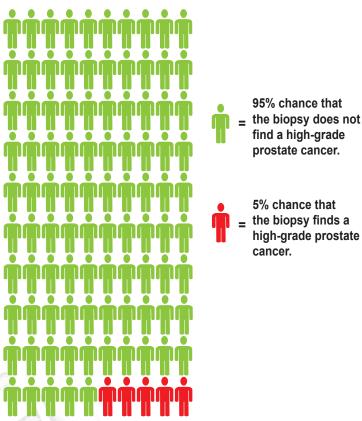
## **4KSCOre** \*\* **test:** Reports individual % risk of aggressive prostate cancer if prostate biopsy was performed

#### The patient's **4Kscore Test** result is 5%

At a **4Kscore Test** result of 5%, about **1 in 20** men biopsied would have high-grade prostate cancer.



**4Kscore** = Positive Predictive Value









#### 4Kscore FINAL REPORT

SAMPLE DOCTOR 123 Main St Anytown, USA 12345 Acct #: (1234) P:(123)456-7890

SAMPLE PATIENT DOB:04/30/1938 Age:76 Y Sex:M Address:123 Main Street Anytown, USA 12345 P: (123)456-7890

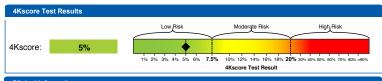
Specimen ID: 123456789 Date Of Report: 04/19/2015 Date Collected: 04/18/2015 Time Collected: 00:00 Date Received: 04/18/2015 Time Received:

#### Interpretation

#### LOW RISK

There is a 95% probability that the patient will not have aggressive disease on a prostate biopsy.

For a patient aged 60 years or older with a total PSA ≥ 3 ng/mL and a 4Kscore <7.5%, the probability of not developing distant metastases within the next 10 years is 99.8%.



#### Clinical Information

Digital Rectal Exam (DRE): Normal Prior Biopsy Status: Yes - Negative

#### Test Information

The 4Kscore result is the prediction of the individual's risk of aggressive prostate cancer of Gleason score 7 or higher if a prostate biopsy is performed.

The 4Kscore is calculated from the results of four immunoassays: Total PSA, Free PSA, Intact PSA, and Human Kallikrein-2 (hK2), plus patient age, reported DRE result, and history of prior negative biopsy.

Based on the 4Kscore US validation study, prostate biopsy should be considered in most men with a 4Kscore of 7.5% or higher. However, patient management should be based on clinical judgment and shared decision-making about undergoing biopsy.

In a landmark study by Stattin et al. 12,542 men were followed for up to 20 years in Västerbotten, Sweden to determine the risk of prostate cancer metastases. Men who had a suspicious PSA and a 4Kscore of 7.5% or less had a low risk (<1%) of having metastatic prostate cancer within 20 years.

#### References:

- 1. Parekh, DJ, Punnen S, Sjoberg DD, et al. Eur Urol. 2015 Sep;68(3):464-70.
- 2. Gupta A, Roobol J, Savage CJ, et al. Br J Cancer. 2010 Aug;103(5):708-14.
- Stattin P, Vickers AJ, Sjoberg DD, et al. Eur Urol. 2015 Aug;68(2):207-13.

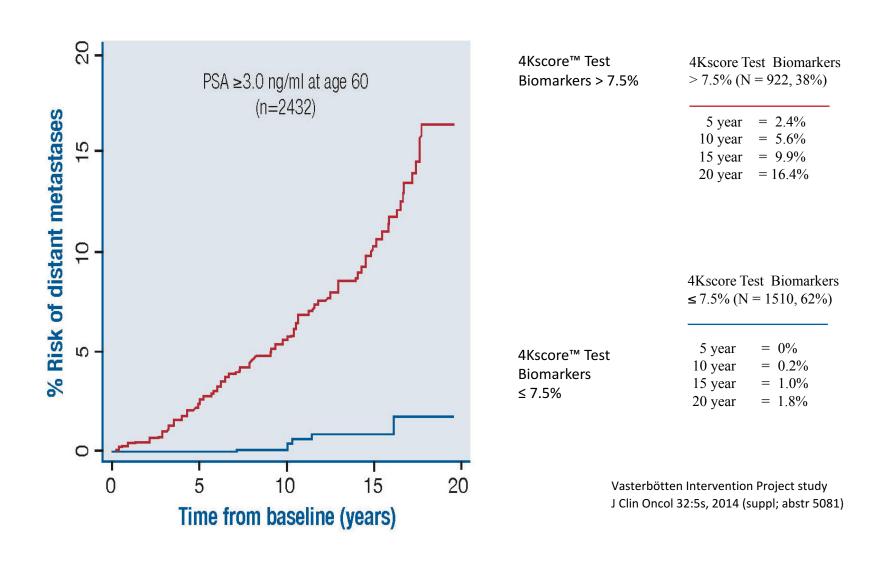
Note: This test was evaluated and its performance characteristics determined by BioReference Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration. The FDA has determined that such clearance or approval is not necessary. BioReference Laboratories is certified under the Clinical Laboratory Improvement Act of 1988 (CLLI) as qualified to perform high complexity clinical testing.

BioReference Laboratories, Inc. 481 Edward H. Ross Dr | Elmwood Park, NJ 07407 | (800) 229-5227 Laboratory Director

James Weisberger, M.D.

Clinical Page 1 of 1 Printed 05/16/14 10:04 AM

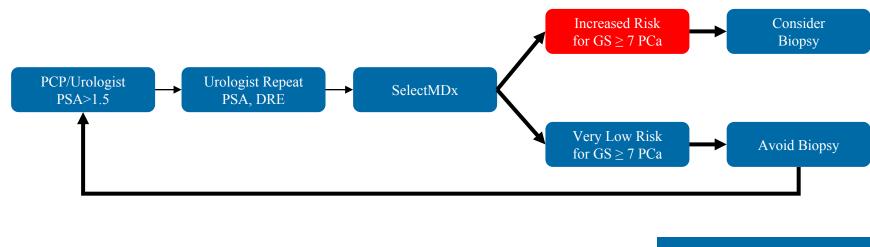
## The 4Kscore™ Test predicts the probability of distant metastases within 20 years



## SelectMDx for Prostate Cancer: \* Risk Stratification for Clinically Significant PCa



For patients being considered for prostate biopsy





\* 2 genes associated with aggressive CaP- Urine Assay

Very Low Risk

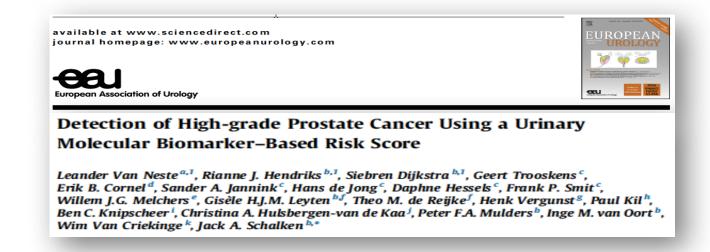
99.6% NPV for GS ≥8

98% NPV for GS ≥7

#### SelectMDx Clinical Validation of a Risk Profile for the Detection of High Grade Cancer

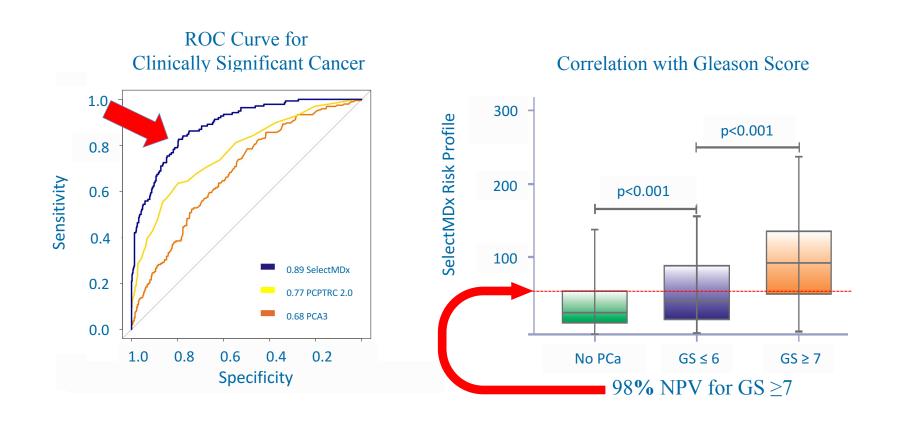
#### SelectMDx for Prostate Cancer:

- Strongest predictor of high-grade disease compared to traditional clinical risk factors
- 98% NPV for GS >7 cancer
- 99% NPV for GS ≥8 cancer



European Urology 2016

## SelectMDx Outperforms PCA3 & PCPT Risk Calculator for Detection of High Grade Cancer



## Sample Patient Report

Identification of Men for Prostate Bx:

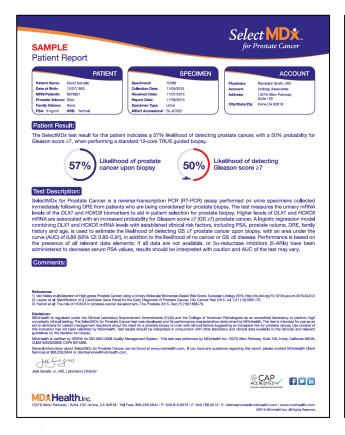
#### **High Risk**

- Increased risk for aggressive cancer
- Men who may benefit from biopsy

#### **Very Low Risk**

- 98% NPV for aggressive cancer
- May avoid biopsy
- Return to routine screening

#### Risk for CS PCa



#### Very Low Risk



#### Tests in Bucket of who to biopsy

Assay Characteristics	PROSTATE HEALTH INDEX	4Kscore <sup>®</sup>	PROGENSA PCA3	Select MDX for Prostate Cancer
Company	Beckman Coulter	Opko	Hologic	MDxHealth
Specimen	Blood	Blood	Urine	Urine
Methodology	Immuno assay	Immuno assay	qPCR	qPCR
	3 Protein biomarkers	4 kallikriens biomarkers	mRNA test, 1 biomarker	2 mRNA Biomarkers
	tPSA and fPSA, proPSA	PSA, fPSA, Intact PSA, HK-2	PCA3	DLX1, HOXC6
Regulatory	FDA/CE	LDT/CLIA/CE	FDA/CE	LDT/CLIA/CE
List price (\$)	\$499	\$1,900	\$500	\$500
Assay Performance (AUC)	AUC 0.73	AUC 0.82	AUC 0.68	AUC 0.89
Comments	Requires Phlebotomist	Requires Phlebotomist & Centrifuge	Urine Sample - In Office Procedure	Urine Sample - In Office Procedure

<sup>1)</sup> PCEC 2015, 2) Curr Opin Oncol. 2014 May; 26(3): 259–264

#### The Goal in 2017



What PCM helps us identify patient harboring high risk cancers?

### Patient/Physician Website

## www.pcmarkers.com



Guiding you through the newest state of the art prostate cancer diagnostic and prognostic tests

## Surgery, XRT, Cryo, WW

- No RCT
- Discuss the pros and cons of surgery

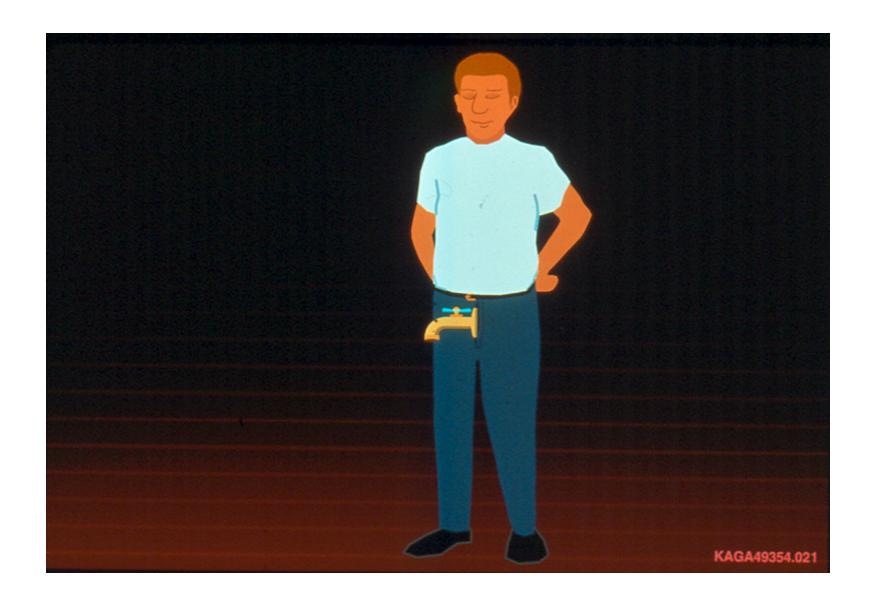
# Treatment of Prostate Cancer Patients Influenced by:

- Physician(s)
- Family
- Friends
- Media
- Newspapers
- Support Groups
- Side Effects

## Intent of Therapy

- Curative
- Prevention
- Delay Progression
- Palliative





E. David Crawford UC School of Medicine

## Getting the Correct Match

Surgery Stage E Radiation Gleason grade PSA level Brachytherapy Health status / age Cryotherapy M 0 Patient preference / QOL Hormonal therapy D N Watchful waiting Investigational Rx

## Advantages of Prostatectomy

"Gold Standard"

Staging

Local Control-very important!

Complications

Survival

## Willet Whitmore, MSKCC 1963-1986

• Is treatment sufficient for those in whom it is necessary, and necessary for those in whom it is sufficient?

## The transition in oncology:

20<sup>th</sup> century 'seek and destroy' 21<sup>st</sup> century 'target and control'

A. Von Eschenbach

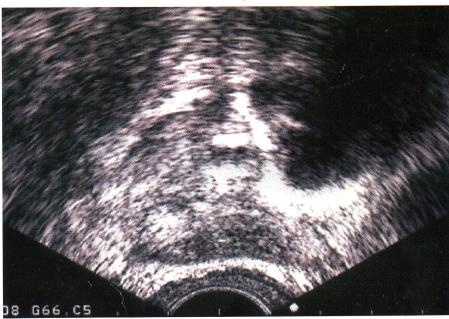
Director, NCI

# Renal & Urology News

WORLD REVIEW FOR UROLOGISTS & NEPHROLOGISTS

### And Now, the Male Lumpectomy

Focal cryoablation targets only the prostate tumor itself and not the entire gland



FREEZING IS occurring in the anterior portion of the left side of a patient's prostate gland.

#### BY JOHN SCHIESZER

NEW ORLEANS—New data sug-E. David C gest that a "male lumpectomy," UC Schoo in which only the tumor region of the prostate is destroyed, appears plications, without compromising cancer control.

If long-term studies confirm the findings, the new approach could change the treatment paradigm of of the Society of Interventional Radiology.

"It is a totally new way of thinking for urologists," said lead investigator Gary Onik, MD, an interventional radiologist at Florida Hospital/ Celebration Health in Celebration, Fla. "Treating only the tumor instead of the whole prostate gland is a major and profound departure from the current thinking about prostate cancer. Focal cryoablation changes the whole picture in terms of complications, and the cancer control is as good as for any other treatment. Focal cryoablation appears to preserve urinary and sexual function superiorly to any other treatment yet available."

Cryoablation of the whole prostate gland has been approved by Medicare for more than five years as a primary treatment for prostate cancer. Recent data show that cryoablation has a 10-year disease-specific survival rate of over 98%. Cryoablation also is

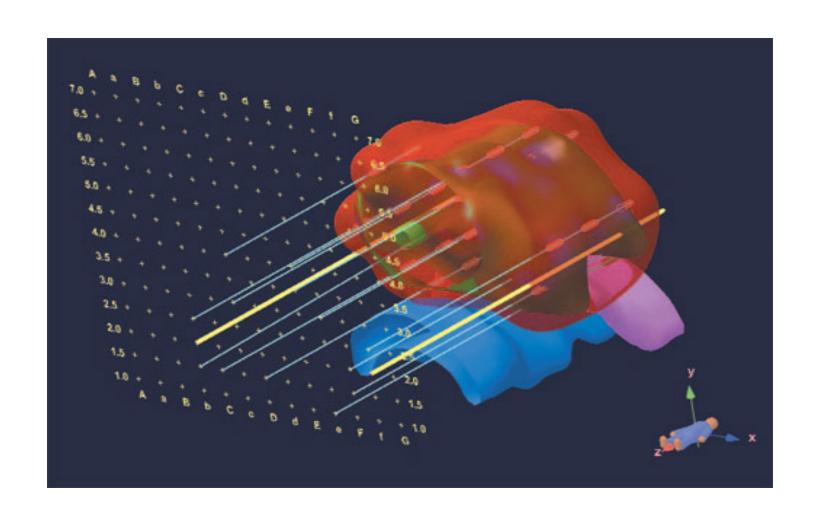
### PVD Predicts Worse Dialysis Outcomes

WASHINGTON, DC—Moderate to severe peripheral vascular disease (PVD) in dialysis patients with elevated albumin levels predicts an increased mortality risk, researchers reported here at the National Kidney Foundation Clinical Meetings.

Out of a cohort of 922 dialysis patients, 25% had a diagnosis of PVD. After a median follow-up of 2.8 years, the crude mortality was 45.2% among subjects with PVD, compared with 29.8% in patients without PVD.

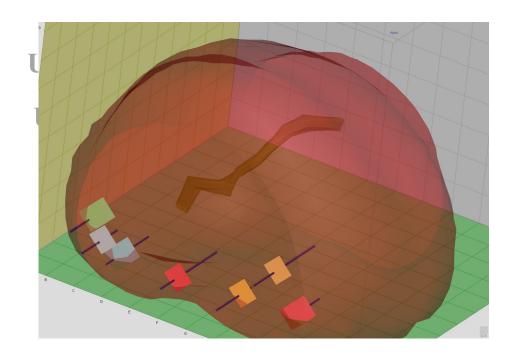
The presence of PVD was associated with a 23% elevated death risk for the study group as a whole, after adjusting for confounders. PVD increased the death risk by 48% among patients with a serum albumin level greater than 3.5 g/dL, but did not affect the risk among subjects with lower albumin levels, according to a team led by Bernard

### Transperineal Mapping Prostate Biopsy

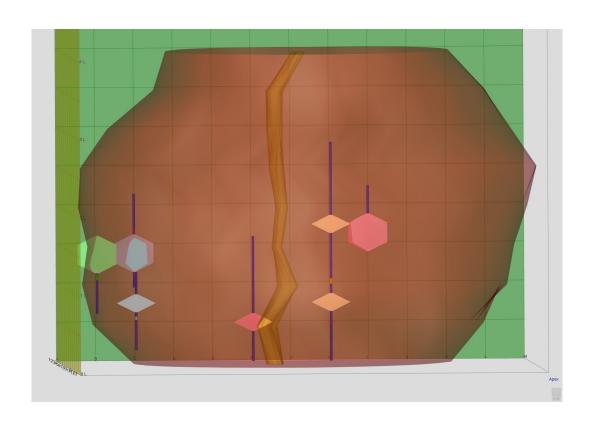




## Top, Side, Front (tilted) Views of Capsule (Somewhat transparent)



### Top View of Prostate



### Capsule & Biopsy Probes/Volumes

