

Pathologists Perspective on Focal Therapy: The Role of Mapping Biopsies and Markers



M. Scott Lucia, MD
Professor and Vice Chair of Anatomic Pathology
Chief of Genitourinary and Renal Pathology
Dept. of Pathology
University of Colorado SOM

Disclosures

- MDxHealth– consultant
- 3DBiopsy - shareholder

Identifying the Best Candidates for Targeted Focal Therapy

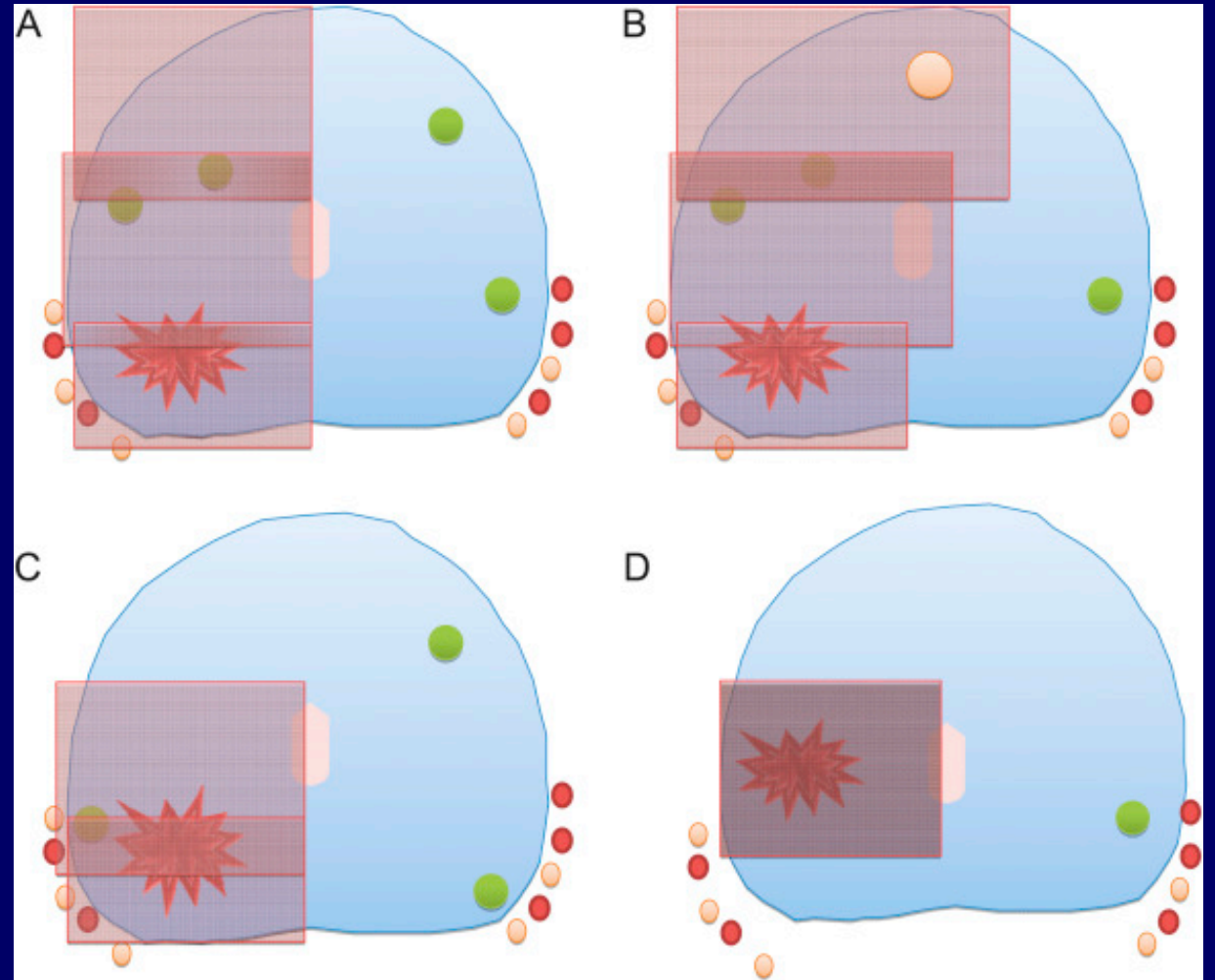
	Good	Poor
Grade	$\leq 3+4$	> 8
Tum Vol	Low	High
Location	Unilateral	Bilateral
Focality	Unifocal	Multifocal
Stage	$\leq T2$	$\geq T3$

Other factors:

- Therapeutic modality
- Physician philosophy
 - Cancer cure vs. cancer control
 - Alternative to AS vs. alternative to radical Tx

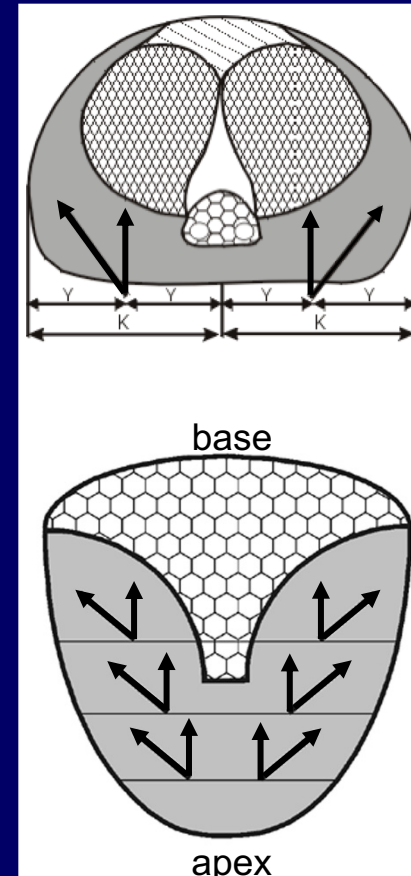
Focal Ablation Strategies

- A. Hemiablation
- B. Extended ablation
- C. Quadrant ablation
- D. Site specific ablation



Prostate Cancer Detection by TRUS-Guided Transrectal Needle Biopsy

- Cancer sampling is a function of tumor volume: prostate volume
 - Similarly, sampling of high-grade tumor is a function of high-grade component: prostate volume
 - Anterior prostate relatively undersampled
- Biopsy may not sample the highest grade or index lesion
- Biopsy poor staging tool
- Inadequate for precise tumor localization



Risk of Pathologic Upgrading or Locally Advanced Disease in Early Prostate Cancer Patients Based on Biopsy Gleason Score and PSA: A Population-Based Study of Modern Patients*¹

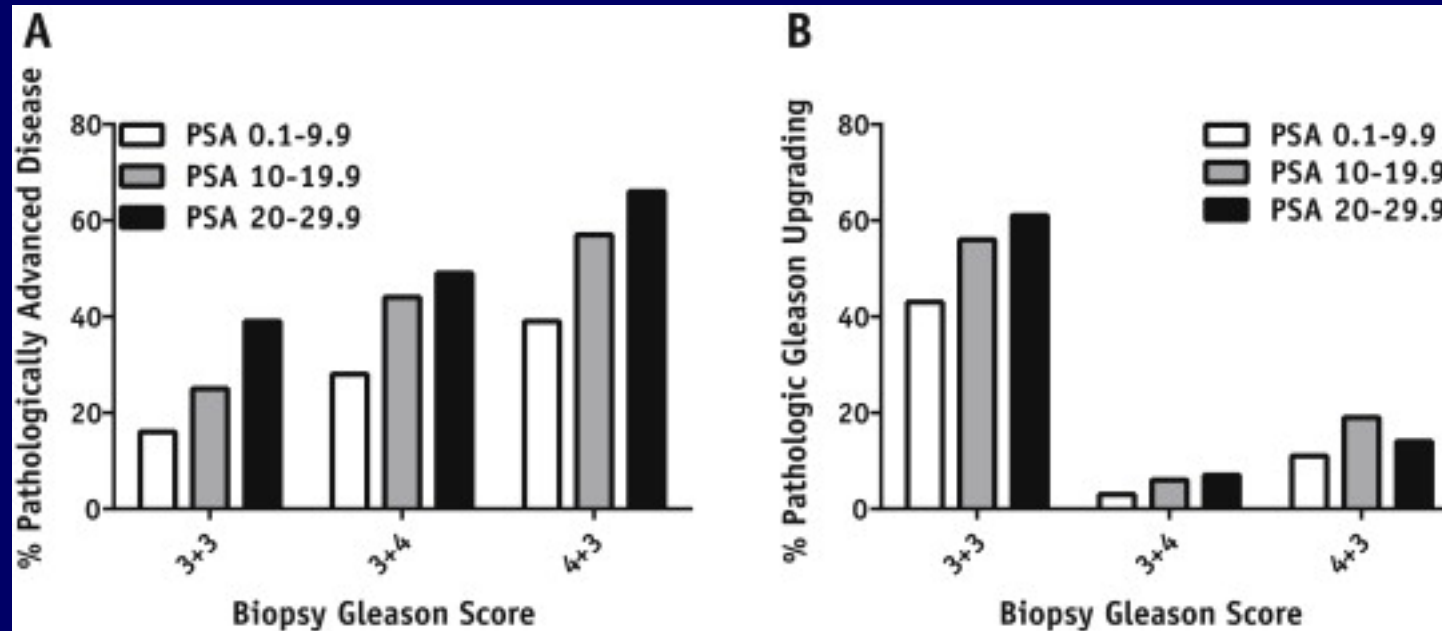


Fig. 1. Percentage of patients who had pathologically advanced disease (A) and Gleason score upgrading (B), stratified by prostate-specific antigen (PSA) concentration and biopsy Gleason score.

*Based on 25,858 patients from the SEER database.

Identifying Prostate Cancers Appropriate for Focal Therapy

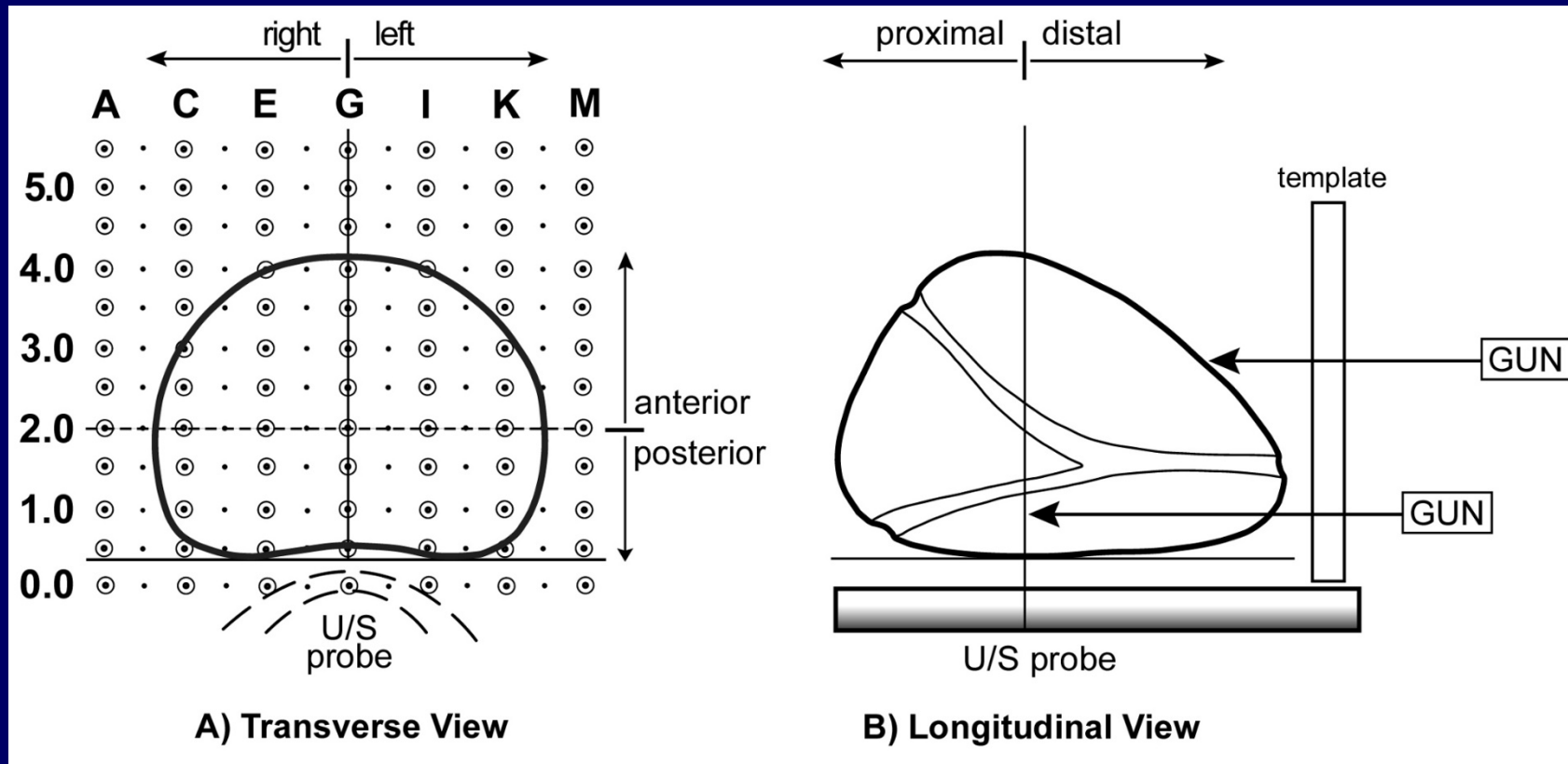
Concerns

- How can we accurately assess:
 - tumor grade and aggressiveness?
 - tumor extent (multifocality, volume, location)?
- Once cancer location is known, can we precisely deliver therapy to the target?

Potential Solutions

- Increase precise sampling: transperineal template-guided mapping biopsies (TTMB)

Template-Guided 3D Mapping Biopsies

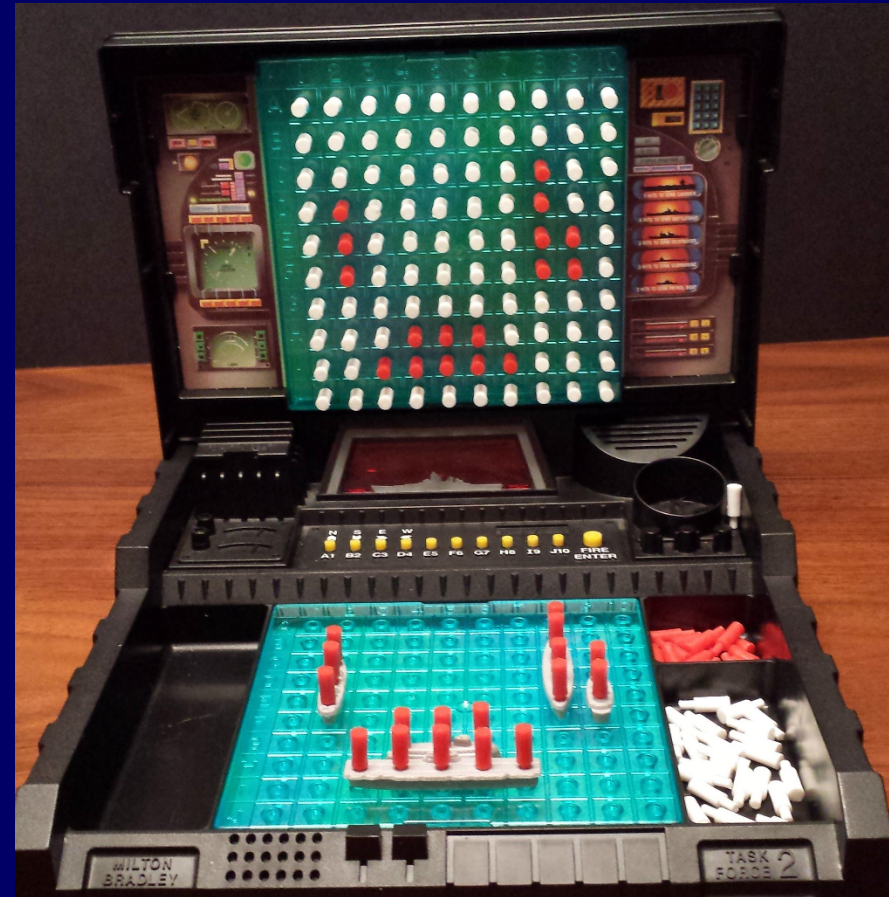


© BJU International 2005

Playing Battleship

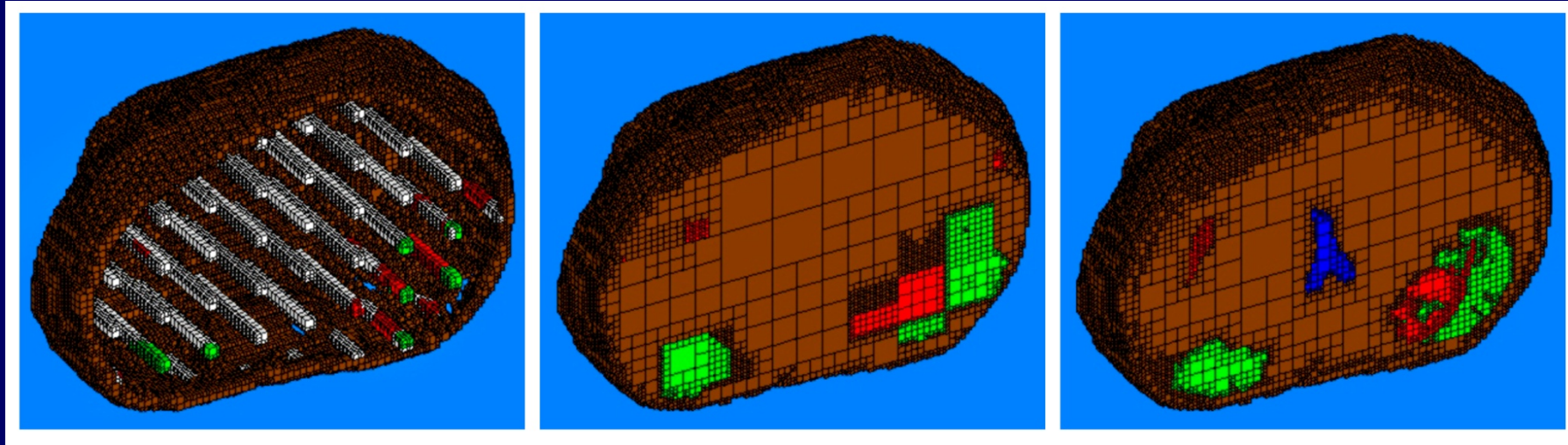


TRUS Biopsy

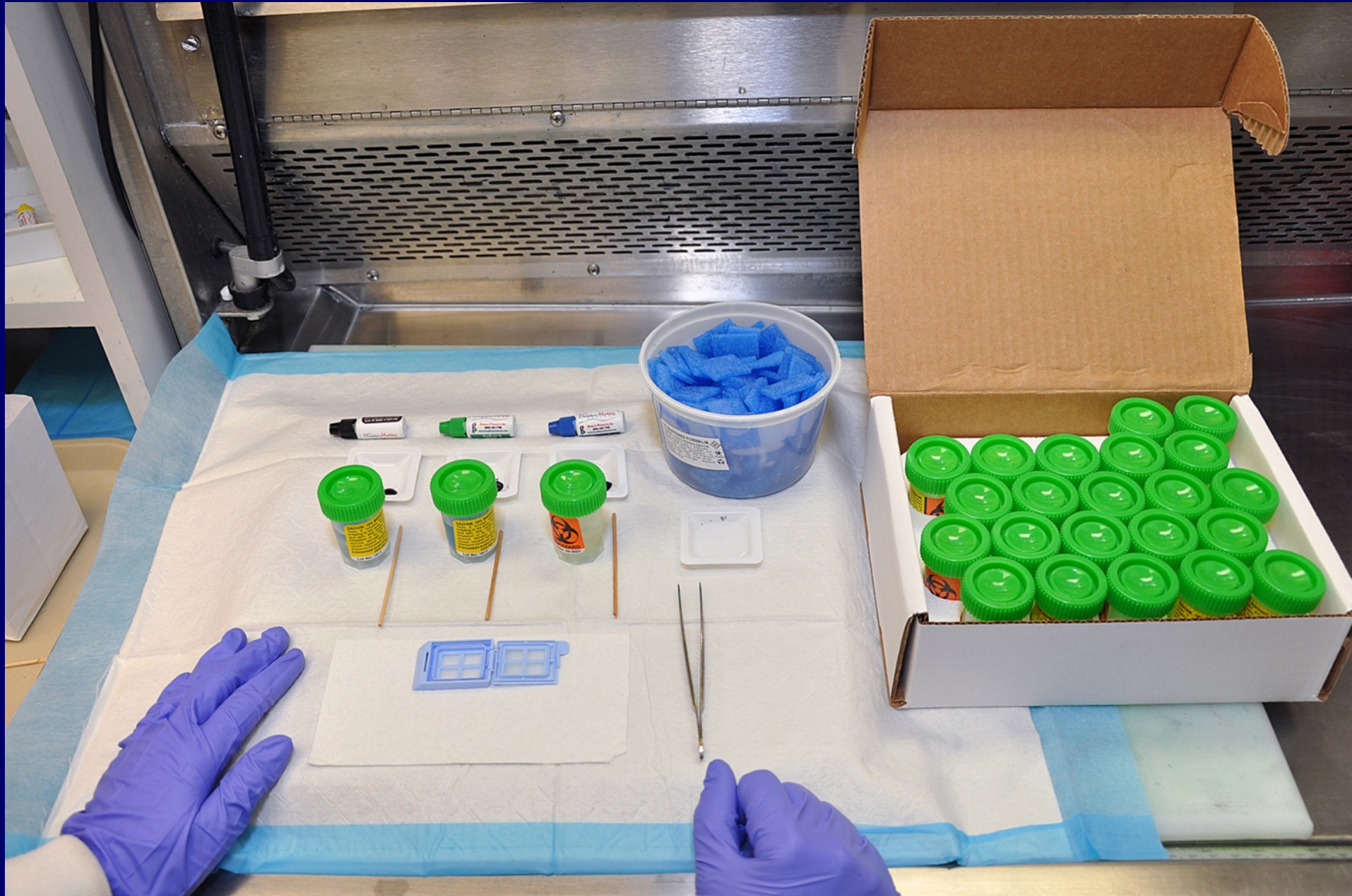


Transperineal Mapping
Biopsy

3D Mapping Biopsy: Reverse-Reconstruction Model



- Saturation grid-biopsy data (left)
- Reverse-reconstruction model (center)
- Actual RRP specimen (right)
- Model error: -15% for Gleason 3+4 tumor (right, 5.1 cc)
+15% for Gleason 3+3 tumor (left, 0.09 cc)
- Theoretical volume threshold = 0.042 cc



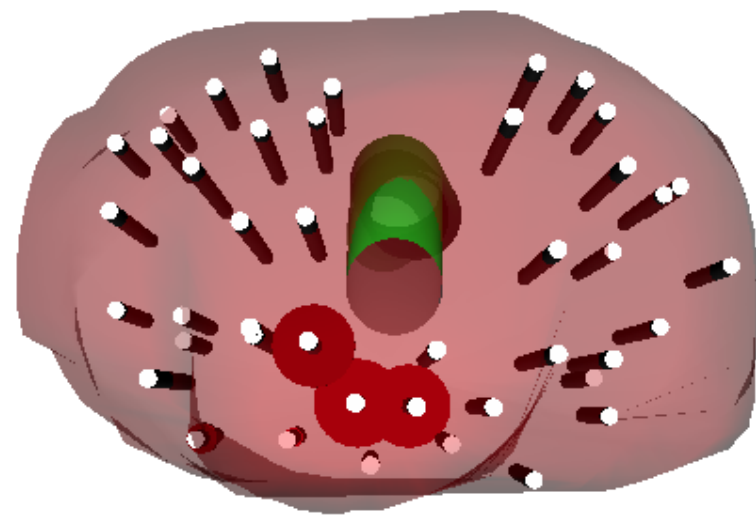
Specimen	Length (cm)	Slide #	Ink	Diagnoses
2JB	1.4	1	Yellow	Benign prostatic tissue
2JA	1.0	1	Green	Benign prostatic tissue
2IB	1.5	1	Blue	Benign prostatic tissue
2IA	0.5	2	Yellow	Benign prostatic tissue
2HB	0.8	2	Green	Benign prostatic tissue
1DA	0.8	2	Blue	Benign prostatic tissue
1CB	1.6	3	Yellow	Benign prostatic tissue
1CA	1.0	3	Green	Benign prostatic tissue
1B	0.1	3	Blue	Benign fibromuscular tissue
2K	0.3	4	Yellow	Benign prostatic tissue
1FB	1.4	4	Green	Benign prostatic tissue
1FA	0.6	4	Blue	Benign prostatic tissue
1EB	1.5	5	Yellow	Benign prostatic tissue
1EA	1.5	5	Green	Prostatic adenocarcinoma, Gleason grade 3(95%) + 4(5%), (score=7); involving 3.7mm (35%) of core length; 4mm from inked tip
1DB	1.8	5	Blue	Benign prostatic tissue
1IB	1.7	6	Yellow	Benign prostatic tissue
1IA	1.3	6	Green	Benign prostatic tissue
1HB	1.4	6	Blue	Benign prostatic tissue
1HA	1.0	7	Yellow	Benign prostatic tissue
1G	1.7	7	Green	Benign prostatic tissue
0E	1.2	7	Blue	Benign prostatic tissue
0D	1.6	8	Yellow	Prostatic adenocarcinoma, Gleason grade 4+ 4 (score=8); involving 0.7mm (6%) of core length; 9mm from inked tip
0C	1.0	8	Green	Benign prostatic tissue
1K	1.5	8	Blue	Prostatic adenocarcinoma, Gleason grade 3+ 3 (score=6); involving 0.6mm (5%) of core length; 7.8mm from inked tip
1J	0.9	9	Yellow	Benign prostatic tissue
6I	1.8	9	Green	Benign prostatic tissue
6H	1.3	9	Blue	Benign prostatic tissue
6F	1.6	10	Yellow	Benign prostatic tissue
6EB	2.0	10	Green	Benign fibromuscular tissue
6EA	1.2	10	Blue	Benign prostatic tissue



Studies Patient Info Calibration Acquisition MR Align Contours Biopsy 3D Models Reporting

DICOM Archive Licensing

Nelson Stone (admin)
 Remaining Study Licenses: Unlimited
 Remaining Export Licenses: Unlimited
 Patient's Name: Crawford, David
 MRN: SPCU2018



base left
 posterior

Orientation
 Axial Sagittal

US Contours

Prostate	31 cc	<input checked="" type="checkbox"/>	■	<input type="checkbox"/>
Urethra		<input checked="" type="checkbox"/>	■	<input type="checkbox"/>
Rectum		<input checked="" type="checkbox"/>	■	<input type="checkbox"/>
Seminal Vesicle 1		<input checked="" type="checkbox"/>	■	<input type="checkbox"/>
Seminal Vesicle 2		<input checked="" type="checkbox"/>	■	<input type="checkbox"/>

Sites

ID:

Grid Location:

Core Length (mm):

Gun Setting (mm): 0

Number of sites: 43
 Volume Removed (cc): 0.55
 Largest Opening (mm): 11

Planned Biopsied Positive

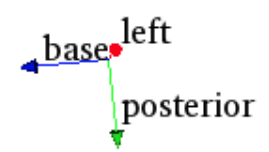
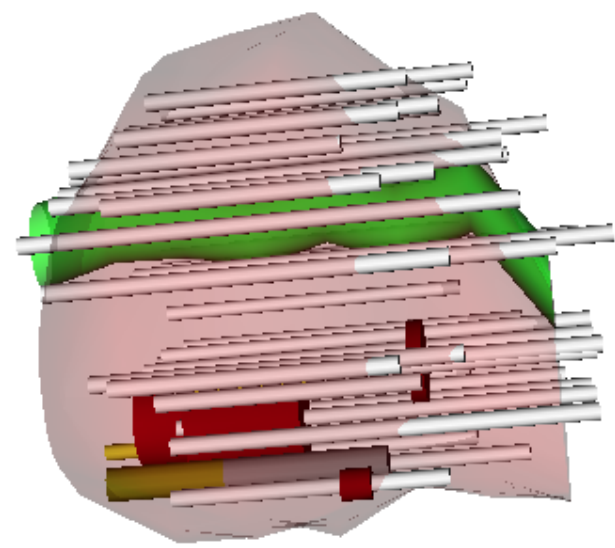
Lesions



Navigation menu with icons for: Studies, Patient Info, Calibration, Acquisition, MR Align, Contours, Biopsy, 3D Models, Reporting.

System icons for: DICOM, Archive, Licensing.

Nelson Stone (admin)
 Remaining Study Licenses: Unlimited
 Remaining Export Licenses: Unlimited
 Patient's Name: Crawford, David
 MRN: SPCU2018



Orientation controls: Axial, Sagittal

US Contours list:

Prostate	31 cc	<input checked="" type="checkbox"/>	Red	
Urethra		<input checked="" type="checkbox"/>	Green	
Rectum		<input checked="" type="checkbox"/>	Brown	
Seminal Vesicle 1		<input checked="" type="checkbox"/>	Blue	
Seminal Vesicle 2		<input checked="" type="checkbox"/>	Blue	

Sites configuration:

ID: 39
 Grid Location: (C,1.5)
 Core Length (mm): 17
 Gun Setting (mm): 20

Number of sites: 43
 Volume Removed (cc): 0.55
 Largest Opening (mm): 11

Planned Biopsied Positive

Lesions



Studies
Patient Info
Calibration
Acquisition
MR Align
Contours
Biopsy
3D Models
Reporting

DICOM
Archive
Licensing

Nelson Stone (admin)
 Remaining Study Licenses: Unlimited
 Remaining Export Licenses: Unlimited
 Patient's Name: Crawford, David
 MRN: SPCU2018

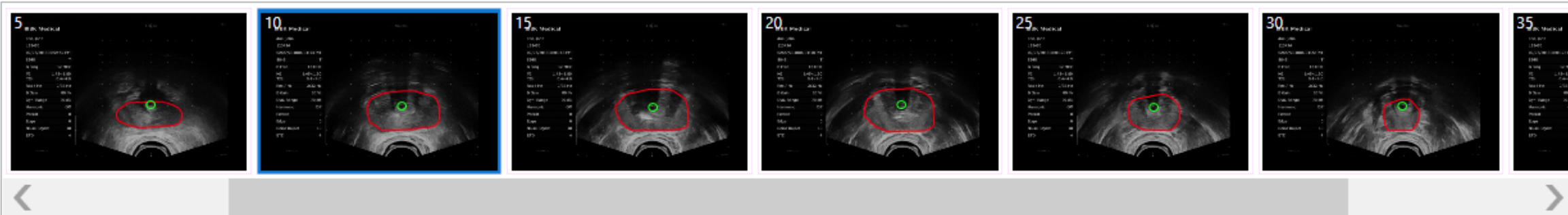


Image Magnification

121%

Fill 100%

🔍 🔍

Template

Type 1

Sites

ID: 39

Grid Location: (C,1.5)

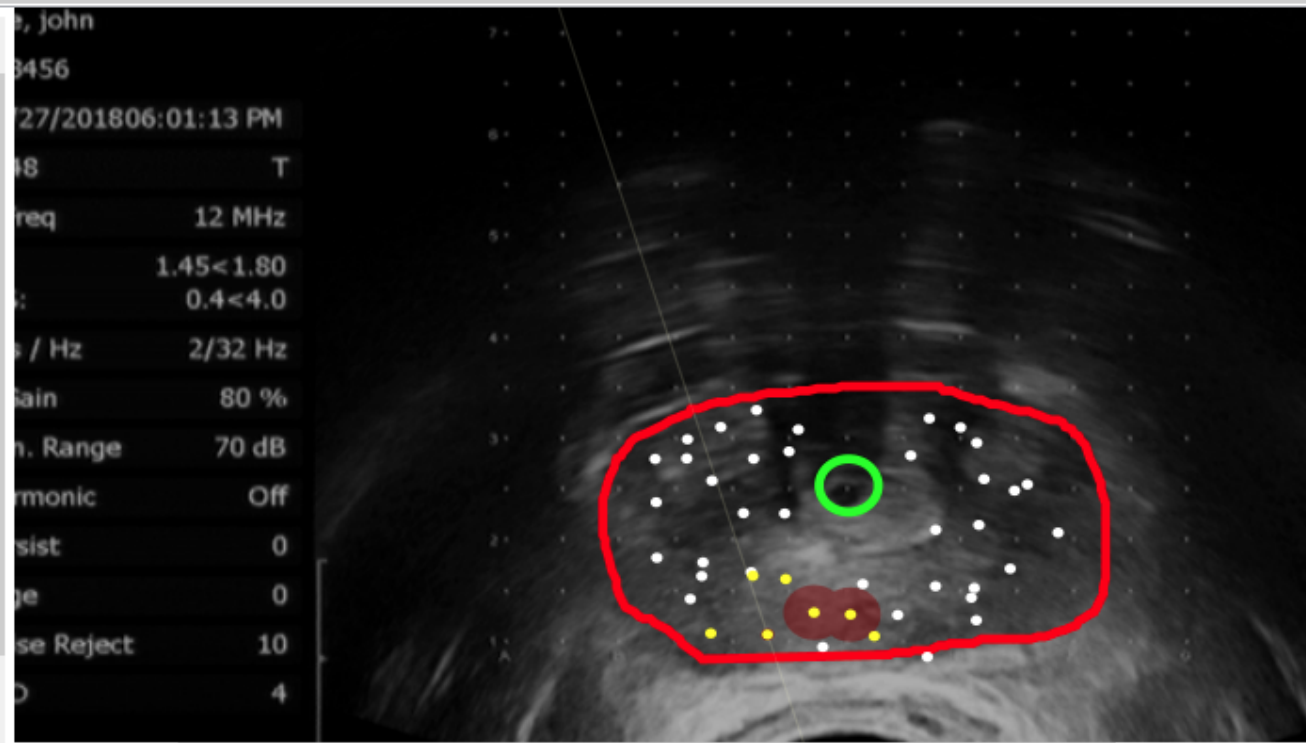
Core Length (mm):

Gun Setting (mm): 20

Number of sites: 43

Volume Removed (cc): 0.55

Largest Opening (mm): 11



Prostate 31 cc ■

Urethra ■

Rectum ■

Seminal Vesicle 1 ■

Seminal Vesicle 2 ■

Contour Thickness

Lesions ■

Gleason Score	Site ID	Volume (cc)
3+3	26	0.024
3+4	33	0.009
3+4	34	0.244
3+4	35	0.149
3+4	38	0.007
3+4	41	0.005
4+3	39	0.012

Comparison of TRUS guided transrectal biopsy and 3D mapping biopsy (n=215)

	TRUS Guided Bx	3DMBx
Median No. biopsy cores (range)	12 (6-23)	56 (8-124)
Median No. positive cores (range)	1 (1-8)	2 (0-19)
No. Gleason score:		
5	1	0
6	155	98
7	24	61
8	0	8
9	0	1
Neg	35	47

46% of tumors upstaged on 3DMBx

Clinical risk stratification of patients diagnosed with prostate cancer by TRUS Bx vs. subsequent transperineal template prostate mapping (TTMP)

Risk stratification	TRUS Bx n, (%)	TTMP n, (%)
Biopsy naïve	47 (12)	0 (0%)
No cancer	75 (19)	67 (17)
Low risk	132 (34)	78 (20)
Intermediate risk	128 (33)	80 (21)
High risk	3 (1)	166 (42)

Low risk = GS \leq 3+3, \leq 3 mm max core positive

Intermediate risk = GS 3+4 and/or 4-5 mm max core positive

High risk = GS \geq 4+3 and/or \geq 6 mm max core positive

Location and grade of prostate cancer diagnosed by transperineal template-guided mapping biopsy after negative transrectal ultrasound-guided biopsy¹

	No. Prior Biopsies (Count [%])			
Cancer Sites	0	1	2	Total
(A) Association between number of prior biopsies and location of cancer sites (Pearson χ^2 : P=0.007)				
Anterior only	43 (20.7)	97 (29.9)	52 (35.6)	192 (28.3)
Posterior only	21 (10.1)	42 (12.9)	20 (13.7)	83 (12.2)
Anterior & posterior	144 (69.2)	186 (57.2)	74 (50.7)	404 (59.5)
Total	208 (100)	325 (100)	146 (100)	679 (100)
(A) Association between number of prior biopsies and location of Gleason score ≥ 7 cancer (Pearson χ^2 : P=0.009)				
Anterior only	10 (7.6)	36 (20.3)	22 (24.4)	68 (17.0)
Posterior only	9 (6.9)	13 (7.3)	7 (7.8)	29 (7.3)
Anterior & posterior	112 (85.5)	128 (72.3)	61 (67.8)	301 (75.6)
Total	131 (100)	177 (100)	90 (100)	398 (100)

Correlation of Transrectal vs. Transperineal Template Biopsy Grade with Whole-Mount Prostatectomy Grade (N=25)

Biopsy Type	Prostatectomy	
	Upgraded	Downgraded
Transrectal	52%	8%
Transperineal	12%	16%

Is transperineal prostate biopsy more accurate than transrectal biopsy in determining final Gleason score and clinical risk category? A comparative analysis¹

- 431 prostatectomy specimens in which PCa was diagnosed by TRUS Bx (mean # cores 14.83, n=283) or TTB (mean # cores 22.14, n=148):
 - 22.3% of tumors diagnosed by TRUS Bx upgraded from $GS \leq 6$ to $GS \geq 7$ on final pathology vs. 14.2% of tumors diagnosed by TTB (p=0.04)

TRUS Bx = transrectal ultrasound guided biopsy
TTB = transperineal template biopsy

Identifying Prostate Cancers Appropriate for Focal Therapy

Concerns

- How can we accurately assess:
 - tumor grade and aggressiveness?
 - tumor extent (multifocality, volume, location)?
- Once cancer location is known, can we precisely deliver therapy to the target?

Potential Solutions

- Increase precise sampling: transperineal template-guided mapping biopsies (TTMB)
- Add imaging

Detection of Prostate Cancer by mpMRI Compared with Prostatectomy Specimen

	Thompson et al 2014 ¹	Russo et al 2015 ²	Radtke et al 2016 ³
N	48	115	120
Field Strength	1.5/3 T	1.5T	3T
Endorectal coil	--	+	--
Def. significant lesion MRI	PI-RADS \geq 3	--	PI-RADS \geq 2
Def. csPCa	GS \geq 7 or GS6 \geq 5 mm	Largest lesion (mean=1.3mL)	1)EPE, 2) highest GS, 3) largest tumor
Sens/Spec	98/43	90.4/-	85/-
NPV/PPV	75/91	NR	78/49

1. Thompson J et al. Multiparametric magnetic resonance imaging guided diagnostic biopsy detects significant prostate cancer and could reduce unnecessary biopsies and over detection: a prospective study. *J Urol* 2014;192:67-74.
2. Russo F et al. Detection of prostate cancer index lesions with multiparametric magnetic resonance imaging (mpMRI) using whole-mount histological sections as the reference standard. *BJU Int* 2016;118:84-94.
3. Radtke JP et al. Multiparametric magnetic resonance imaging (MRI) and MRI-transrectal ultrasound fusion biopsy for index tumor detection: correlation with radical prostatectomy specimen. *Eur Urol* 2016;70:846-53.

Detection of Prostate Cancer by mpMRI Compared with Template-Guided Mapping Biopsy

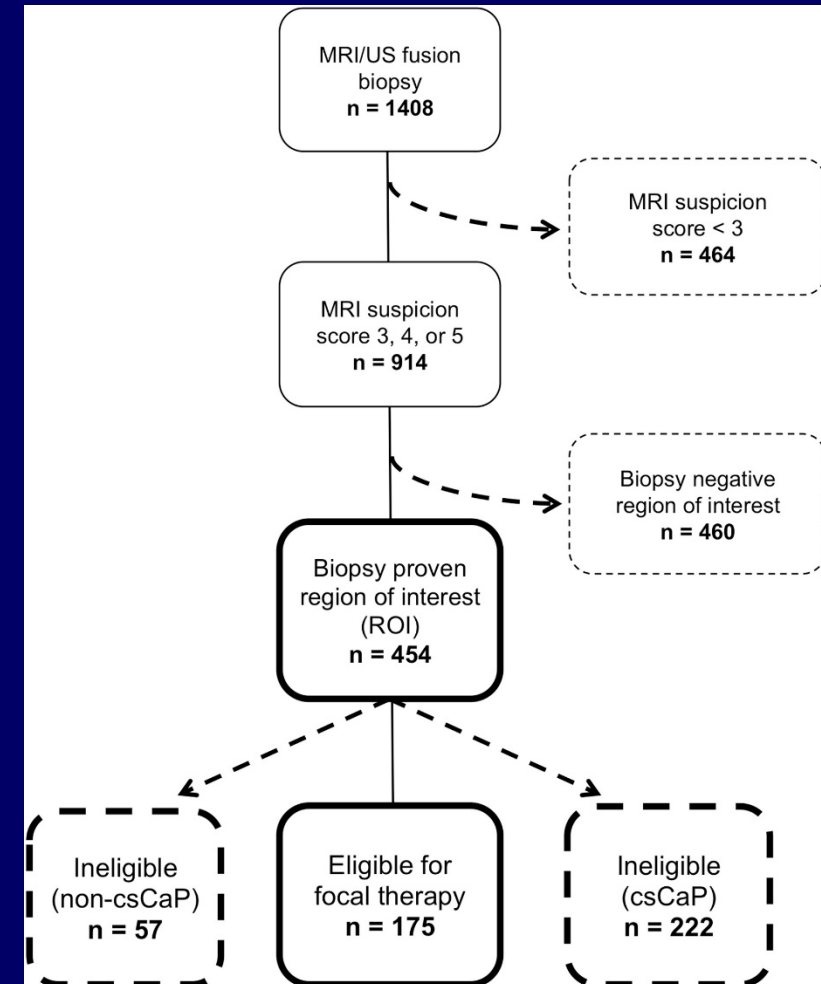
- **Mortezavi A., et al 2018:**¹
 - 415 pts with mpMRI (3T, -ERC) followed by TTMB
 - Detection of csPCa (GS \geq 3+4)
 - 124 with neg mpMRI \rightarrow 32 (25.8%) csPCA detected on TTMB
 - 291 with Likert \geq 3:
 - 129 (44.3%) csPCa detected on fusion-directed biopsy
 - 176 (60.5%) csPCa detected on TTMB
 - 187 (64.3%) csPCa detected when combined
- **Sivaraman A, et al. 2015:**²
 - TTMB (Barzells) identified tumor in 27/74 (36%), men with prior negative MRI-TRUS Bx
 - 19/27 (70.4%) significant (GS \geq 7 and/or max pos core length \geq 4mm)
 - 8/27 (29.6%) GS \geq 7
 - 18/27 (66.7%) anterior tumors

1. Mortezavi A, et al. Diagnostic accuracy of mpMRI and fusion-guided targeted biopsy evaluated by transperitoneal saturation prostate biopsy for the detection and characterization of prostate cancer. *J Urol* 2018 doi: 10.1016/j.juro.2018.02.067.

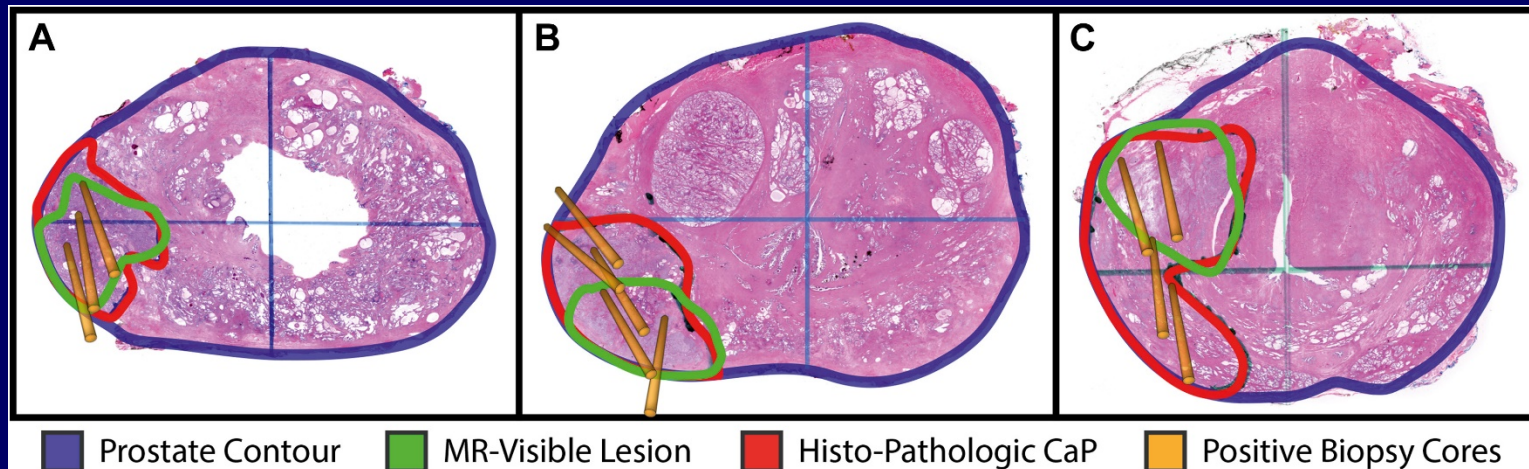
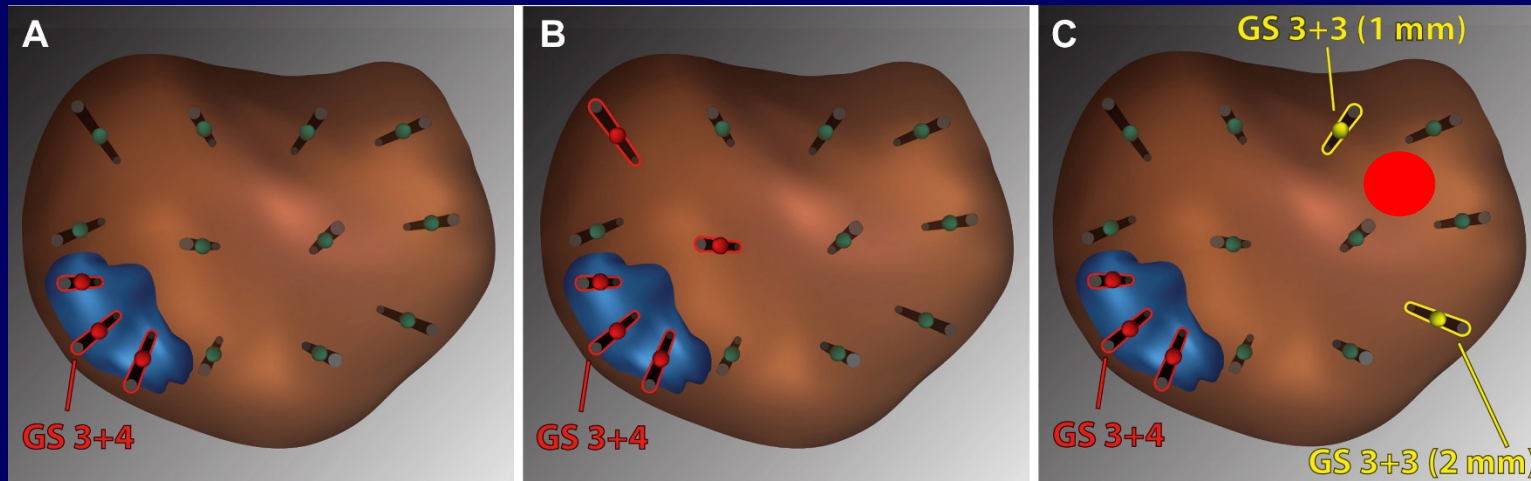
2. Sivaraman A, et al. Clinical utility of transperineal template-guided mapping biopsy of the prostate after negative magnetic resonance imaging-guided transrectal biopsy. *Urol Oncol* 2015;33:329.e7-329.e11.

Focal therapy eligibility determined by magnetic resonance imaging/ ultrasound fusion biopsy¹

- 454 men with PI-RADS ≥ 3 lesions on mpMRI (3T,ERC) & positive MRI/TRUS fusion Bx + 12-core systematic Bx
- FT eligibility assessed for 3 ablative strategies based on location of positive Bxs
 - Site specific
 - Quadrant
 - Hemigland



Focal therapy eligibility determined by magnetic resonance imaging/ ultrasound fusion biopsy¹



Multifocal Prostate Cancer: Gleason Grade of Secondary (Non-Index) Tumor Foci <0.5 cc

- UC database of whole-mount prostatectomy cases that underwent 3D-reconstruction (N=200, 2009-2016)
 - 75% 3+3 (Grade group I)
 - 15% 3+4 (Grade group II)
 - 10% \geq 4+3 (\geq Grade group III)

A single-center evaluation of the diagnostic accuracy of multiparametric MRI against transperineal prostate mapping biopsy: an analysis of men with benign histology and insignificant cancer following TRUS biopsy¹

- 426 pts with negative or low risk prostate cancer on TRUS biopsy followed by mpMRI (1.5T)
- Subsequent TTMB as reference
- mpMRI with PI-RADS ≥ 3 had AUC 0.754 for GS $\geq 4+3$ tumor on TTMB
 - Sens = 87
 - Spec = 55.3

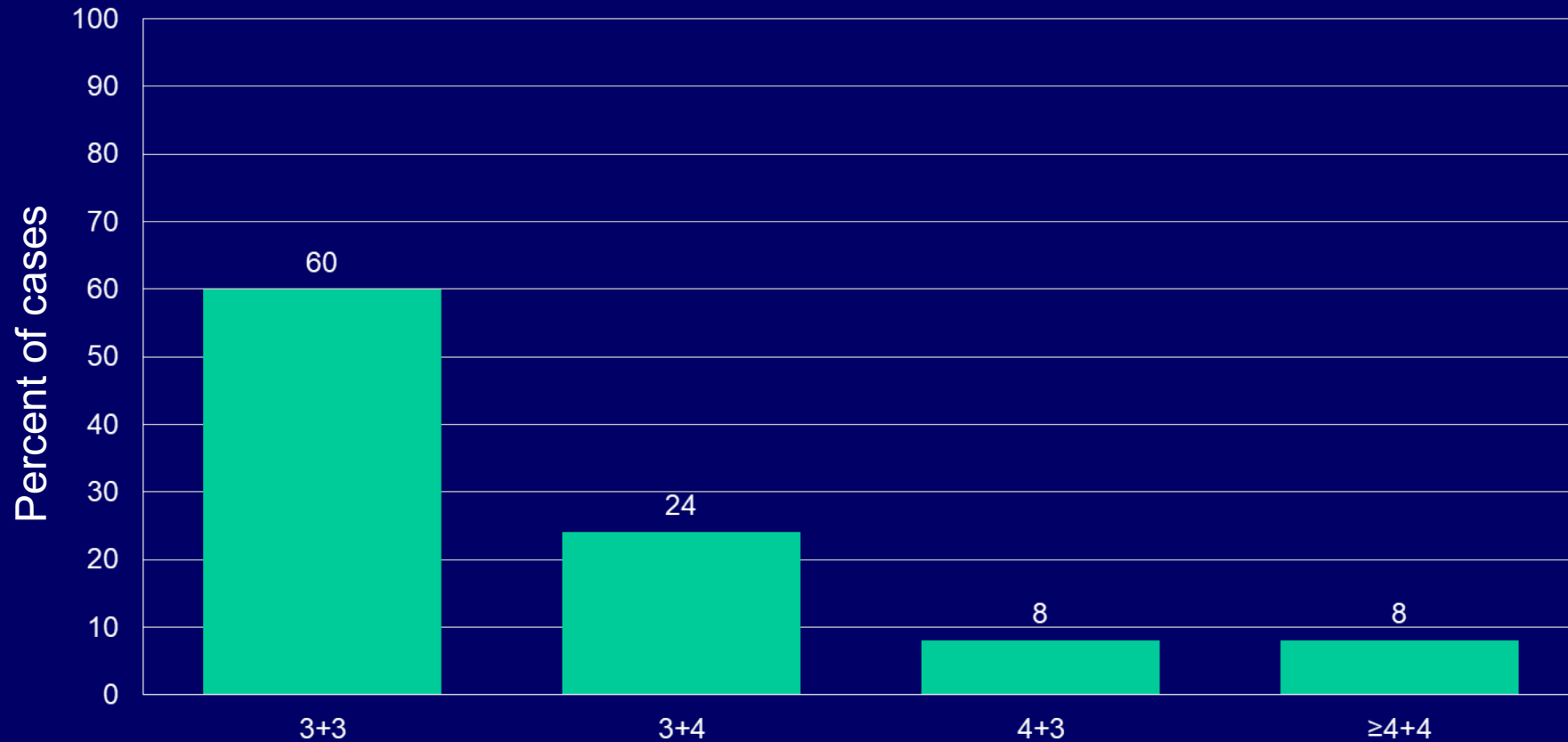
Monitoring the Efficacy of TFT

- Monitor as active surveillance
 - PSA
 - Follow-up biopsy (12 core)
- mpMRI, MRI/TRUS fusion biopsy^{1,2}

1. Scheltema MJ, et al. Preliminary diagnostic accuracy of multiparametric magnetic resonance imaging to detect residual cancer following focal therapy with irreversible electroporation. *Eur Urol Focus* 2017 doi: 10.1016/j.euf.2017.10.007.
2. Gaur S and Turkbey, B. Prostate MR imaging for posttreatment evaluation and recurrence. *Radiol Clin N Am* 2018;56:263-75.

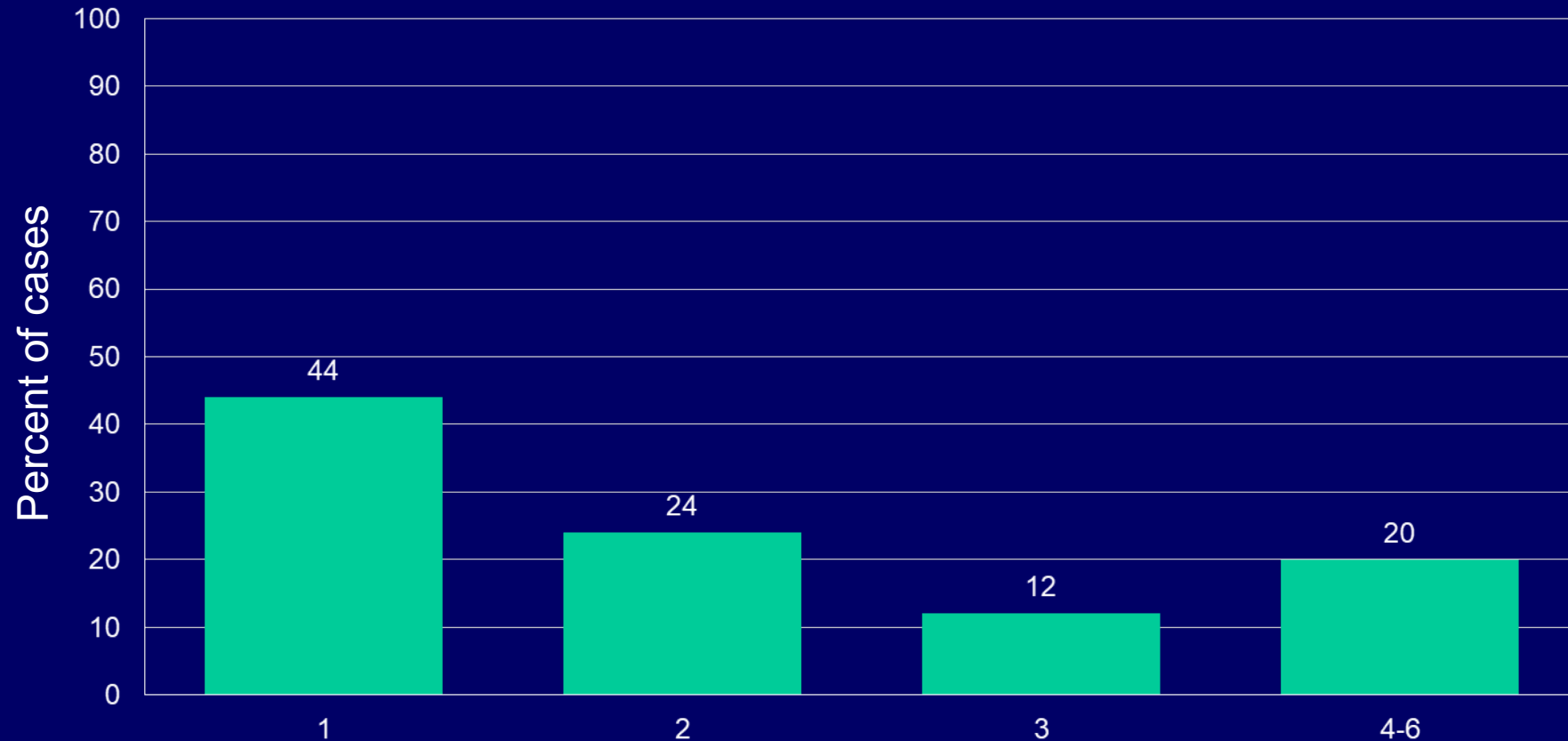
Grade of residual prostate cancer detected on follow-up monitoring biopsy after TFT

N=25; 2012-16



No. of positive cores of residual prostate cancer detected on follow-up monitoring biopsy after TFT

N=25; 2012-16



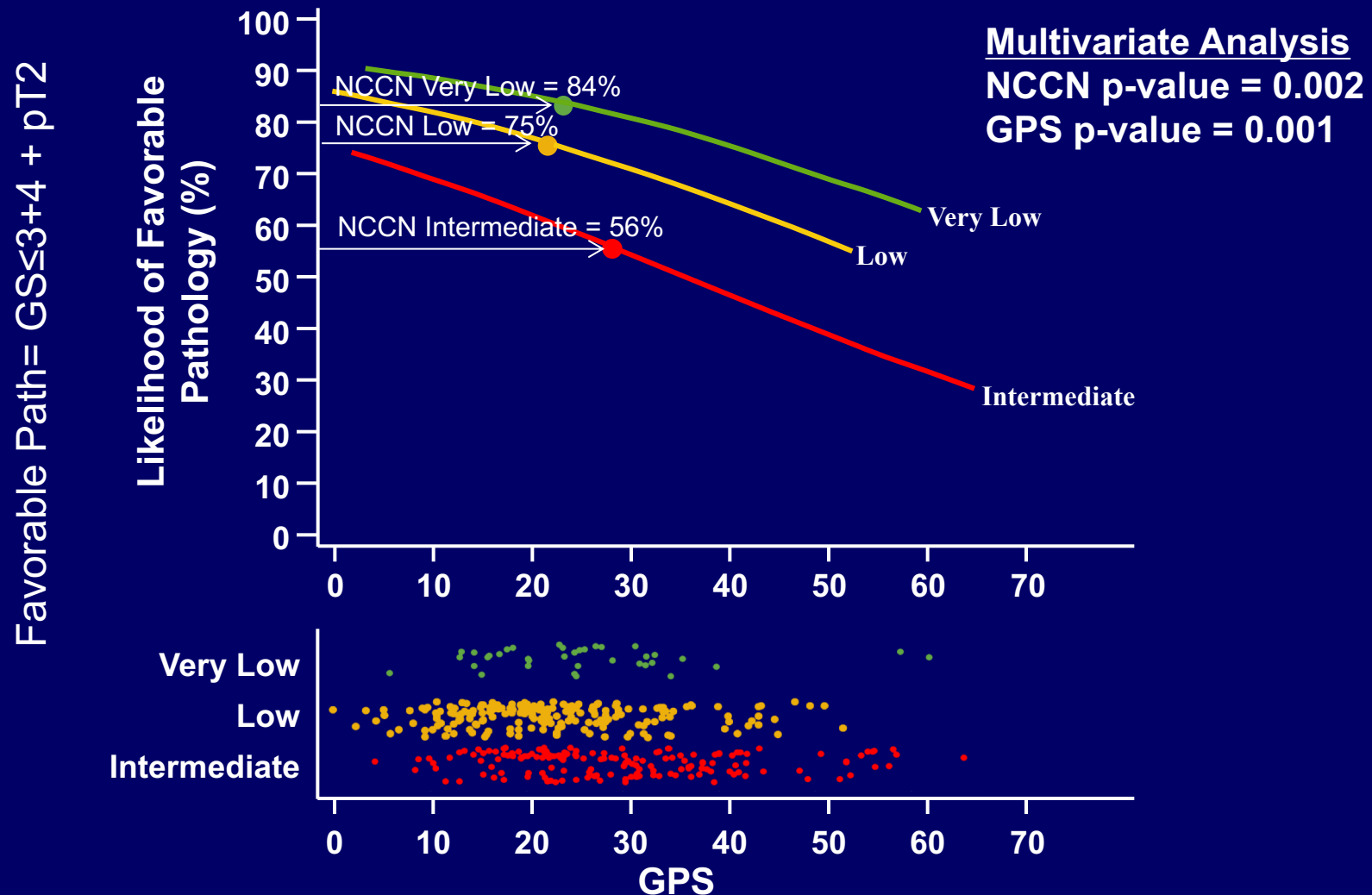
Monitoring the Efficacy of TFT

- Monitor as active surveillance
 - PSA
 - Follow-up biopsy (12 core)
- mpMRI, MRI/TRUS fusion biopsy^{1,2}
- Role of Biomarkers?
 - Indication for rebiopsy?
 - SelectMDx, 4K, Phi?
 - If PCa detected on follow-up biopsy?
 - Cell cycle progression [CCP] score (Prolaris®, Myriad Genetics)
 - Prostate Genomic Score RT-PCR expression assay (OncotypeDX®, Genomic Health)

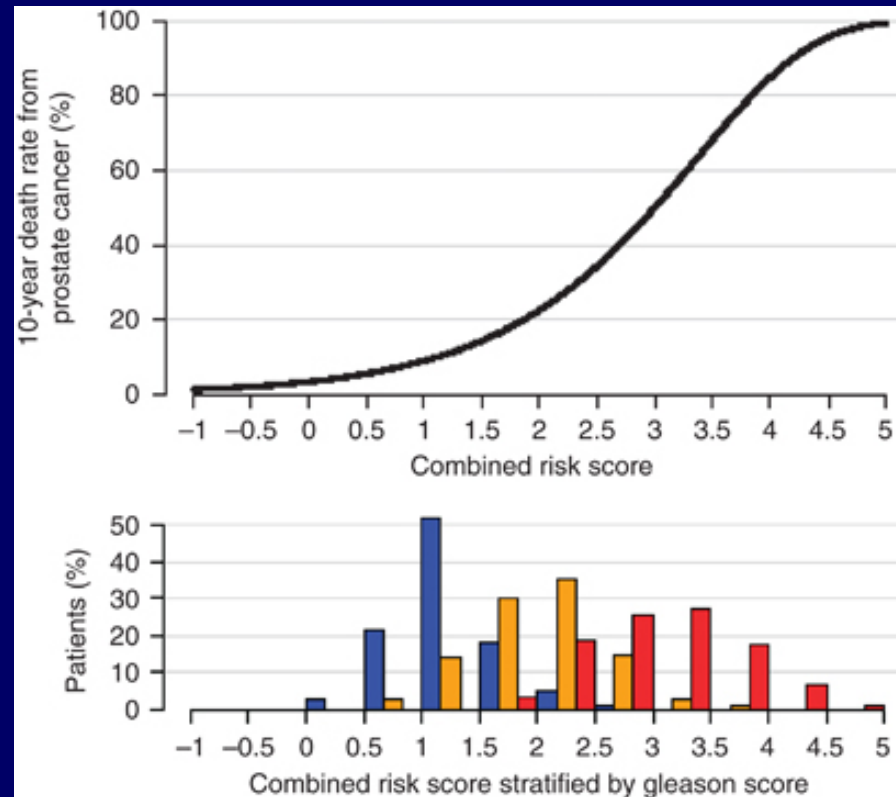
1. Scheltema MJ, et al. Preliminary diagnostic accuracy of multiparametric magnetic resonance imaging to detect residual cancer following focal therapy with irreversible electroporation. *Eur Urol Focus* 2017 doi: 10.1016/j.euf.2017.10.007.
2. Gaur S and Turkbey, B. Prostate MR imaging for posttreatment evaluation and recurrence. *Radiol Clin N Am* 2018;56:263-75.

UCSF Validation Study of GPS

Improved Risk Discrimination with Addition of GPS to NCCN in 395 Men with Very Low-Intermediate Risk Prostate Cancer on Biopsy



Prognostic value of a cell cycle progression signature* for prostate cancer death in a conservatively managed needle biopsy cohort¹



Combined risk score: derived from CCP+GS+PSA
Blue bars=GS<7, yellow bars=GS7, red bars=GS>7

Monitoring the Efficacy of TFT

- Monitor as active surveillance
 - PSA
 - Follow-up biopsy (12 core)
- mpMRI, MRI/TRUS fusion biopsy^{1,2}
- Role of Biomarkers?
 - Indication for rebiopsy
 - SelectMDx, 4K, Prolaris
 - If PCa detected on rebiopsy
 - Cell cycle progression assay (Decipher[®], Myriad Genetics)
 - Prostate Genomic Classifications Assay (OncotypeDX[®], Genomic Health)



**Level 1
Evidence**

1. Scheltema MJ, et al. Preliminary diagnostic accuracy of multiparametric magnetic resonance imaging to detect residual cancer following focal therapy with irreversible electroporation. *Eur Urol Focus* 2017 doi: 10.1016/j.euf.2017.10.007.
2. Gaur S and Turkbey, B. Prostate MR imaging for posttreatment evaluation and recurrence. *Radiol Clin N Am* 2018;56:263-75.

Conclusions

- Pathological features are important for appropriate patient selection for focal therapy
 - Grade
 - Volume
 - Location
- Traditional transrectal biopsy schemes are inaccurate
- Transperineal mapping biopsies offer improved pathological accuracy
- mpMRI + MRI/TRUS fusion biopsy may be useful for determining eligibility for focal therapy in some patients
 - May underestimate tumor burden
- Role of biomarkers in patient selection and monitoring yet to be determined