

**Curriculum Vitae**

January 2025

**Diane K. Newman, D.N.P., A.N.P.-B.C., F.A.U.N.A., F.A.A.N, B.C.B. P.M.D.****Office Address:** 721 Darby Paoli Road  
Berwyn, PA 19312**Citizenship:** U.S.A.**Education:**

2009-2011	D.N.P.	Thomas Jefferson University School of Nursing
2006		Post-Masters Clinical Education and Evaluation Program, University of Pennsylvania School of Nursing
1983-1986	M.S.N.	Adult Nurse Practitioner Program, University of Pennsylvania, School of Nursing, Philadelphia, Pennsylvania
1979-1983	B.S.N.	LaSalle University, School of Nursing, Philadelphia, Pennsylvania Registered Nurse Diploma
1972-1975	R.N.	Hospital of the University of Pennsylvania, Philadelphia, Pennsylvania Registered Nurse Diploma

**Postgraduate Training and Fellowship Appointments:** None**Military Service:** None**Faculty Appointments:**

2014-present	Adjunct Professor of Surgery, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA
2021-2023	Research Investigator, Senior, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA
2011-2014	Adjunct Associate Professor of Urology in Surgery, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA
2000-2001	Visiting Professor, College of Nursing, Rutgers University of the State University of New Jersey, Newark, NJ

**Hospital and Administrative Appointments:**

2011-2023	Research Investigator Senior, Department of Surgery, Division of Urology, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA
2000-2021	Co-Director, Penn Center for Continence and Pelvic Health, Division of Urology, Department of Surgery, University of Pennsylvania Medical Center, Philadelphia, PA
2002-2018	Director, Clinical Trials, Division of Urology, Department of Surgery, University of Pennsylvania, Philadelphia, PA

**Other Appointments:**

2024-2025	President, Medical Director, Digital Science Press, LLC ( <a href="http://www.urotoday.com">www.urotoday.com</a> ), Reno, NV
2010-Present	President & founder, GU Health LLC
1986-1995	Adult Nurse Practitioner, Founder & Owner, Golden Horizons, Inc., Independent Nurse Practitioner Practice, St. Davids, PA
1994-1997	Chief Executive Officer & President, Access to Continence Care & Treatment, Inc. ("ACCT"), Philadelphia, PA
1995-2002	Adult Nurse Practitioner, DKN & Associates, Inc., Philadelphia, PA
1997-1999	Director of Clinical Services, PrimeLife Medical, Atlanta, GA

- 2006-2019 Board Member, La Salle University School of Nursing and Health Sciences, Philadelphia, PA
- 2012-2017 Co-Editor, *Core Curriculum in Urologic Nursing*, The Society of Urologic Nurses and Associates (SUNA)

**Specialty Certification:**

- 1987-present American Nurses Credentialing Center (ANCC), Certified Adult Nurse Practitioner (ANP-BC)
- 2005-present Biofeedback Certification Institute of America, Board Certified in Biofeedback for Pelvic Muscle Dysfunction (BCB-PMD)

**Licensure:**

- 1975-present Registered Nurse, Pennsylvania
- 1986-present Certified Registered Nurse Practitioner, Pennsylvania

**Awards, Honors and Membership in Honorary Societies:**

- 1983 LaSalle University, Cum Laude
- 1986 University of Pennsylvania School of Nursing Alumni Award, "Advancement of the Nursing Profession for the Implementation of a Program of Behavioral Modification for Urinary Incontinent Patients in a Private Practice Setting"
- 1992 Ian Murchle Thompson Memorial Lectureship Award, sponsored by Marion Merrell Dow, Inc., American Urologic Association Allied, Inc., Annual Assembly, San Antonio, TX
- 1993-1996 Co-Chairperson, Clinical Practice Guideline Update on Urinary Incontinence in the Adult: Acute and Chronic Management," The Agency for Health Care Policy and Research, Department of Health and Human Services
- 1994 Fellow, American Academy of Nursing
- 1994 Co-Chairperson, Vocational Rehabilitation/Production Living, National Kidney and Urologic Diseases Advisory Board, National Workshop, "Barriers to Rehabilitation of Persons with End Stage Renal Disease and Chronic Urinary Incontinence"
- 1995-1996 Planning Committee Member, Third National Multi-Specialty Nursing Conference on Urinary Continence, Dallas, TX
- 1996 President's Trophy, Recognition for Outstanding Contributions to the Specialty of Urologic Nursing, by the Society for Urologic Nursing & Associates
- 2000 Past Presidents' Lectureship Award for "Overactive Bladder: Combining Drug Therapy and Behavior Modification," at the Society of Urologic Nursing and Associates Annual Conference, Atlanta, GA
- 2001 Ian Thompson Memorial Lectureship, "Stress Urinary Incontinence in Women: Newest Technology for Treatment," presented at the Society of Urologic Nurses and Associates Annual Conference, Anaheim, CA
- 2002 American Journal of Nursing, Gerontologic Nursing Book of the Year Award, *Managing and Treating Urinary Incontinence*
- 2002 Inaugural "Continence Care Champion" Award, National Association For Continence, presented at Society of Urologic Nurses & Associates Annual Conference, Orlando, FL
- 2007 Distinguished Alumni Award, LaSalle University School of Nursing and Health Sciences
- 2009 Quality & Safety Award, Hospital of the University of Pennsylvania, "Sustainable change reducing hospital-wide CA-UTI rate: A multi-interventional approach."
- 2009 Bronze Award, National Mature Media, for *Managing and Treating Urinary Incontinence*
- 2011 Sigma Theta Tau International Honor Society of Nursing, Delta Rho Chapter, Invited Member
- 2011 Distinguished Alumnus Award, The Alumni Association of the Hospital of the University of Pennsylvania School of Nursing
- 2012 Research Award Recipient, *Evaluation of Evidence-based Urinary Catheter Care*, Society of Urologic Nurses and Associates (SUNA)
- 2014 President's Trophy, Recognition for Outstanding Contributions to the Specialty of Urologic Nursing, Society for Urologic Nursing & Associates (SUNA)

2015	Quality & Patient Safety Award, Hospital of the University of Pennsylvania, Development, Implementation and Evaluation of a System-Wide Nurse Driven Removal Protocol for Indwelling Urinary Catheters (Foleys)
2016	Barbara Todd Leadership Award, Penn Medicine, University of Pennsylvania
2016-2018	Co-Chairperson, 2018 International Continence Society Annual Meeting, Philadelphia, Aug 2018
2017	Second Prize, Best EAUN (European Association of Urologic Nursing) Poster Presentation.
2017	Conservative Therapy Research Award, International Continence Society
2019-2021	Chair, Society of Urologic Nurses and Associates (SUNA) Clinical Practice Procedures Task Force: <i>Urinary Catheterization of the Adult Female, Urinary Catheterization of the Adult Male, Insertion of an Indwelling Urinary Catheter in the Adult Female, Insertion of an Indwelling Urinary Catheter in the Adult Male.</i>
2023	Best in Category Prize: Quality of Life/Patient and Caregiver Experiences Research Award, International Continence Society, Toronto
2024	Best in Category Prize: Prevention and Public Health Research Award, International Continence Society, Madrid
2024	Fellow, Academy of Urologic Nurses and Associates

### **Memberships in Professional and Scientific Societies:**

#### **National/International Societies:**

1989-present	Society of Urologic Nurses & Associates (SUNA)
1992-1995	Society of Urologic Nurses & Associates, Continence Specialists & Services Subspecialty Leader & Board of Directors Representative,
1994-present	American Academy of Nursing
1999-present	International Continence Society (ICS)
2000-2010	Wound, Ostomy Continence Nurses Society (WOCN)
2002-present	American Urologic Association – Allied Health Member
2003-2009	Chair, Continence Promotion Committee (CPC), International Continence Society
2006-present	Society of Urodynamics & Female Urology (SUFU)
2009-present	American Nurses Association
2010-2013	American Urologic Association, Chair, Non-Physician Providers Membership Committee
2010-2013	American Urologic Association, Member, Non-Physician Providers Education Committee Bladder Health Council, AUA Foundation, 2001-2005 Advisory Board, AUA Foundation Patient Education Council, 2006-2010
2010-present	European Association of Urology Nurses
2013-present	Wound, Ostomy Continence Nurses Society

#### **Local/Regional Societies:**

1989-1991	Philadelphia Area Nurse Practitioners (Vice-President 1989-1991)
1988-present	Pennsylvania Nurses Association
2009-present	Philadelphia Area Nurse Practitioners

#### **Scientific Committees:**

1990-1992	Panel Member, Clinical Practice Guideline, Urinary Incontinence 'in the Adult, The Agency for Health Care Policy and Research, Department of Health and Human Services
1991-1995	Advisory Board, The International Foundation for Bowel Dysfunction
1993-1996	Co-Chairperson, Clinical Practice Guideline Update on “Urinary Incontinence in the Adult: Acute and Chronic Management,” The Agency for Health Care Policy and Research, Department of Health and Human Services

- 1996-2006 Member, National Association For Continence's Project Advisory Council
- 1999 Participant, NIH Terminology Workshop for Researchers in Female Pelvic Floor Disorders.
- 1999-2001 Chair, Training of Caregivers Project Task Force, National Association for Continence, Blueprint of Continence Care Guidelines for Assisted Living Facilities
- 1999-2000 Panel Member, Urinary Incontinence Clinical Panel, Texas Department of Human Services, Long Term Care Office of Programs, Medical Quality Assurance: A Statewide Assessment of Quality of Care, Quality of Life and Consumer Satisfaction in Texas Medicaid Nursing Facilities, Leslie Cortes
- 1999-2002 Consumer Representative, FDA Advisory Committee, Gastroenterology/ Urology Medical Devices Panel, Center for Devices and Radiological Health, Department of Health and Human Services
- 2000-2009 Chair, Committee on Continence Promotion, Education & Primary Prevention, 4th International Consultation on Incontinence
- 2001-2005 Panel of Experts, Center for Medicare and Medicaid Service's Scope and Severity of Nursing Care Deficiencies in Long Term Care
- 2004-2016 Advisory Board, Interstitial Cystitis Association (ICA)
- 2005-2006 Panel member, RAND Interstitial Cystitis Epidemiology (RICE) Study, NIDDK sponsor
- 2006-2007 Planning Committee, National Institutes of Health (NIH), State-of-the-Science Conference on Fecal and Urinary Incontinence Sponsors: National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), Office of Medical Applications of Research (OMAR) of the National Institutes of Health
- 2008-2009 Member, Technical Expert Panel to the Vanderbilt EPC Overactive Bladder Systematic Evidence Review (AHRQ funded)
- 2008-2011 Panel Member, American Urological Association Guidelines Committee on Interstitial Cystitis
- 2009-2011 Member, Technical Expert Panel to University of Minnesota EPC on Urinary Incontinence (AHRQ funded)
- 2010-2013 Member, Multidisciplinary, Multi-stakeholder Panel on Physician Performance Measures for Stress Urinary Incontinence, American Urologic Association (AUA) and the American College of Obstetricians and Gynecologists (the College)
- 2011-2013 Chair, Committee on Continence Promotion, Education & Primary Prevention, 5<sup>th</sup> International Consultation on Incontinence
- 2013-2015 Panel Member, American Urological Association White Paper Committee on Catheter-associated urinary tract infection
- 2013-2014 Planning Committee Member, LUTS Prevention Think Tank, National Institute of Diabetes and Digestive and Kidney Diseases, National Institutes of Health.
- 2014-2015 Representative, ANA CAUTI Reduction Checklist Expert Group, Convened by CMS
- 2015-2017 Chair, Committee on Continence Promotion, Education & Primary Prevention, 6<sup>th</sup> International Consultation on Incontinence
- 2016-2018 Co-Chairperson, 2018 International Continence Society Annual Meeting, Phila, PA, Aug 2018
- 2016-2020 Working Group Member, International Continence Society Terminology Committee on the Single Use of Body-Worn Absorbent Incontinence Products
- 2022-2026 Member, Technical Expert Panel (TEP), "Improve Non-surgical Treatment of Urinary Incontinence Among Women in Primary Care" (INTUIT-PC), Agency for Healthcare Research and Quality (AHRQ)

**Editorial Positions:**

- 1992-2012 Section Editor for Behavioral Therapy and Nursing, *International Urogynecology Journal*
- 1992-2019 Editorial Advisory Board, *Ostomy/Wound Management*, Health Management Publications
- 1997-1998 Guest Editor, "Urinary Health," *Lippincott's Primary Care*
- 1999-2006 Editorial Advisory Board, *Extended Product News*

- 1999-2004 Editorial Advisory Panel, *Quality Care*, Quarterly Newsletter, National Association for Continence
- 2000-2001 Editorial Advisory Board, *Kestrel Incontinence Product Sourcebook*
- 2003-2010 Contributing Editor, Bladder Health Column, *American Journal of Nursing*
- 2006-2017 Editorial Board, *Neurology and Urodynamics*
- 2006-2017 Contributing Editor, *Neurourology and Urodynamics*
- 2010-present UroToday (website) Editor, *Bladder Health*, *Urologic Catheters*, Centers of Excellence, Digital Science Press
- 2018-present Associate Editor, *Neurourology and Urodynamics*

**Academic Committees at the University of Pennsylvania and Affiliated Hospitals:**

- 2013- 2017 PENN Medicine, Surgical Care Improvement Project (SCIP) Committee

**Major Teaching and Clinical Responsibilities:**

- 1986-1998 Clinical Preceptor, Geriatric and Adult Nurse Practitioner Programs, University of Pennsylvania, Graduate School of Nursing
- 1987- 1988 Home Health Assembly Agency of NJ, Gerontological Nursing Education Program: “Restorative Nursing,” “Medication Use in the Elderly,” “Sexuality and the Aged”
- 1987-1990 Center For Development of Human Resources, Delaware County Community College (Courses include: “Bowel and Bladder Restoration,” “Medication Update for the Geriatric Nurse,” “Understanding AIDS: An Update”)
- 1999-2009 Wound, Ostomy, Continence Nurse Education Program, University of Texas, MD Anderson Cancer Center, Houston. TX
- 1999 Council Member, “Understanding Bladder Symptoms.” Continuing Medical Education Program, University of Wisconsin and Genecom (Unrestricted Educational Grant from Pharmacia & Upjohn)
- 2000 Expert Faculty, “Treatment Options for Patients with Overactive Bladder.” Supplement to Veterans Health System Journal 5(7), American MECCA, LTD
- 2004 Visiting Lecturer, Certificate Course in Urology Nursing, Institute of Advanced Nursing Studies, Chinese Health Authority, Hong Kong
- 2006 Visiting Professor, “Promoting Healthy Bladder Habits & Preventing Incontinence”, “Post Prostatectomy Incontinence”, “Managing Foley Catheters”, “Issues of Management of Catheters in the Nursing Home”, “Managing Incontinence from a Nursing Perspective”. William Beaumont Hospital, Depart of Urology, Royal Oak, MI.

**Organizing Roles in Scientific Meetings:**

- 1992-1994 Chairperson, Second National Multi-Specialty Nursing Conference on Urinary Continence, Phoenix, AZ
- 1995-1996 Planning Committee Member, Third National Multi-Specialty Nursing Conference on Urinary Continence, Dallas, TX
- 2003-2005 National Advisory Board, The John A. Hartford Center for Gerontological Nursing, University of Minnesota, “Shaping the Future Directions on Incontinence Research in Aging Adults” Summit
- 2016-2018 Co-Chair 2018 International Continence Society Annual Meeting, Philadelphia, PA.

**Research**

- 2023-Present Data Safety Officer, *A multi-center trial to improve nocturia and sleep in older adults (MINT)*, NIH/NIA Funded.
- 2023-2025 Co-Investigator, *Incontinence-Helping Others Manage (ICON@HOME)*, Tenderheart funded.

- 2023-2024 Co-Investigator, *A Multi-centre Prospective Observational study of the User Experience of Catheterisation and Quality of Life in patients prescribed GentleCath™ for Men Intermittent Catheter with FeelClean™ Technology*, Convatec funded.
- 2022-2027 Co-investigator, University of Pennsylvania, *Pelvic Floor Disorders Network Clinical Site*, UG1HD069010-11, National Institute of Health, Eunice Kennedy Shriver National Institute Of Child Health & Human Development, The Office of Research on Women's Health funded.
- 2021-2026 Co-Investigator, *An integrated exercise and bladder training intervention to reduce falls in older women with urinary incontinence*, 1R01AG071707-01A1, National Institute on Aging, National Institute of Health funded.
- 2015-2025 Multi-Principal Investigator, University of Pennsylvania PENN+PLUS Clinical Center, *Prevention of Lower Urinary Tract Symptoms (PLUS) Research Consortium*, U01DK106892, National Institute of Diabetes and Digestive and Kidney Diseases, National Institute of Health funded.
- 2020 Co-Investigator, *BHmApp, Evaluation of a New Bladder Health Mobile Application in Pregnancy*, Beaumont Research Funding Organization, Herb and Betty Fisher Research Seed Grant
- 2019-2023 Principal Investigator, *Impact of Practice on Life with an Indwelling Catheter - International Evaluation (IMPLICATE)*, A Research Collaboration between US and UK. Society of Urologic Nurses & Associates investigator grant.
- 2017-2018 Principal Investigator, *Double-Blind, Placebo-Controlled, Parallel Design, Phase 2 Study to Assess Clinical Activity and Safety of Enobosarm (GTx-024) in Postmenopausal Women With Stress Urinary Incontinence*. GTx funded.
- 2017-2017 Principal Investigator, *GTx-024 as a Treatment as a Treatment for Stress Urinary Incontinence in Women: A Proof of Concept Study - Protocol G201001* GTx funded.
- 2016-2017 Principal Investigator, *Prospective Study to Evaluate Effectiveness with the NURO™ Percutaneous Tibial Neuromodulation System in Patients with OAB (RESET)* Medtronic funded.
- 2016-2018 Principal Investigator, *Patient Reported Intermittent Catheterization Experience (PRICE) Study* Investigator initiated.
- 2016-2021 Co-investigator, University of Pennsylvania, *Pelvic Floor Disorders Network Clinical Site*, UG1HD069010, National Institute of Health, Eunice Kennedy Shriver National Institute Of Child Health & Human Development, The Office of Research on Women's Health funded.
- 2016-2018 Co-investigator, *Changes in Glutamate levels and Cerebral Perfusion in the limbic system of women with interstitial cystitis/bladder pain syndrome*, DK13507, Ancillary Study, National Institute of Diabetes and Digestive and Kidney Diseases, National Institute of Health funded.
- 2015-2017 Principal Investigator, *Nursing Assessment of Bladder and Bowel Symptoms*, Philadelphia Chapter of the Association of Rehabilitation Nurses funded.
- 2015-2020 Principal Investigator, University of Pennsylvania PENN+PLUS Clinical Center, *Prevention of Lower Urinary Tract Symptoms (PLUS) Research Consortium*, U01DK106892, National Institute of Diabetes and Digestive and Kidney Diseases, National Institute of Health funded.
- 2014-2016 Principal Investigator, University of Pennsylvania site, *Is reuse of intermittent urethral catheters safe and preferred? A prospective, observational study evaluating reuse of catheters and switch to single-use*. Wellspect Funded
- 2013-2017 Principal Investigator, University of Pennsylvania site, *Group Learning Achieves Decreased Incidents of Lower Urinary Symptoms: The GLADIOLUS Project*, 1R01AG043383, National Institute of Aging, National Institute of Health funded.
- 2013-2014 Co-investigator, University of Pennsylvania, *Womens Toileting Behaviors: An Online Survey of Female Advanced Practice Providers*, Investigator initiated.
- 2013-2014 Co-investigator, University of Pennsylvania, *Comparative effectiveness of integrated exercise and urge suppression versus usual care for reducing fall risk in women with urge urinary incontinence*, Patient-Centered Outcomes Research Institute (PCORI) Pilot Study.
- 2013-2016 Co-investigator, University of Pennsylvania, *Treatment Preferences and Patient Centered Prostate Cancer Care*, Patient-Centered Outcomes Research Institute (PCORI) funded.
- 2013-2015 Co-investigator, University of Pennsylvania, *Patient Centered Overactive Bladder Care*, Astellas funded.

- 2013-2017 Co-investigator, Philadelphia VA site, *Perioperative Post-Prostatectomy Incontinence Home Telehealth*, I01RX001059 (PI: Goode) VA Rehabilitation R&D Merit Award funded.
- 2012-2014 Co-investigator, University of Pennsylvania, *Neurogenic bladder dysfunctions in neurological disorders*, P20 DK097819 National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), National Institutes of Health funded.
- 2012-2013 Co-investigator, University of Pennsylvania, *Relationship between psychological stress and overactive bladder syndrome*, P50 DK052620, National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), National Institutes of Health funded.
- 2012-2014 Principal Investigator, University of Pennsylvania site, *Urinary, Bowel, and Related Symptoms in Men undergoing Radiation Therapy for Prostate Cancer*, Investigator Initiated.
- 2012-2015 Consultant, *Conservative Treatment of Fecal Incontinence in the Elderly: Effectiveness Trial*, University of North Carolina, Agency for Health Quality and Research funded.
- 2011-2016 Co-investigator, University of Pennsylvania, *Pelvic Floor Disorders Network Clinical Site*, U10-HD069010, National Institute of Health, Eunice Kennedy Shriver National Institute Of Child Health & Human Development, The Office of Research on Women's Health funded.
- 2010-2015 Principal Investigator, University of Pennsylvania site, *Translating Unique Learning for Incontinence Prevention: The TULIP Project*, R01NR012011, National Institute of Nursing Research, National Institute of Health funded.
- 2008-2012 Sub-Investigator, *A Single-Masked, Randomized, Multi-Center, 2-Arm Parallel Study Comparing the Safety and Effectiveness of Bulkamid® and Contigen® as Bulking Agents for the Treatment of Stress Urinary Incontinence in Females*, Contura funded
- 2008-2011 Co-Principal Investigator, *A Multicenter, Double-Blind, Randomized, Placebo-Controlled, Parallel-Group Study of the Safety and Efficacy of Repeat Treatment with Two Dose Levels Of BOTOX® (Botulinum Toxin Type A) Purified Neurotoxin Complex Followed by a Treatment with BOTOX® in Patients with Urinary Incontinence Due to Neurogenic Detrusor Overactivity*, Allergan funded
- 2009-2010 Sub-Investigator, *A Multi-Center, Randomized, Double-Blind, Parallel Group Evaluation of the Effectiveness and Safety of Uracysti® Compared to Inactive Vehicle Control in Subjects with Interstitial Cystitis/Painful Bladder Syndrome*, Watson Laboratories, Inc. funded
- 2005-2010 Sub-Investigator, *A Randomized, Double-Blind, Placebo-Controlled, Multicenter Efficacy and Safety Study of Toremfene Citrate for the Prevention of Prostate Cancer in Men with High Grade Prostatic Intraepithelial Neoplasia (PIN)*, GTx funded
- 2008-2009 Sub-Investigator, *A Phase III, Randomized, Placebo-Controlled, Double-Blind Study to Assess the Efficacy and Safety of Once-Daily Orally Administered ZD4054 10 mg in Non-Metastatic Hormone Resistant Prostate Cancer*, Astra Zeneca funded
- 2008-2009 Consultant, *Planning an RCT of group behavior modification to treat urinary incontinence in older women*. RU34, National Institute of Health (NIH) funded.
- 2003-2009 Co-investigator, *Interstitial Cystitis Clinical Research Network (ICCRN)*, 5 U01- DK-065190, National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), National Institutes of Health funded.
- 2005-2008 Sub-investigator, *A randomized, double-blind, placebo-controlled, multicenter efficacy and safety study of toremifene citrate for the prevention of prostate cancer in men with high grade prostate intraepithelial neoplasia (PIN)*, GTX funded.
- 2004-2008 Sub-investigator, *A randomized, double-blind, placebo-controlled multicenter efficacy and safety study of tremifene citrate for the prevention of bone fractures in men with prostate cancer on androgen-deprivation therapy*. GTX funded.
- 2007-2008 Sub-investigator, *A Randomized, Double-Blind, Placebo-Controlled, Parallel-Design, Multicenter Study to Evaluate the Urodynamic Effects of Tadalafil Once a Day for 12 Weeks in Men With Signs and Symptoms of Benign Prostatic Hyperplasia*, Eli Lilly funded.
- 2003-2007 Co-principal investigator, *A randomized, evaluator-blinded, multi-center study comparing the efficacy and safety of Zuidex*, Q-Med funded.
- 2003-2005 Sub-investigator, *Efficacy and safety of duloxetine compared with placebo in women with symptoms of mixed urinary incontinence*, Eli Lilly funded.
- 2004-2005 Principal investigator, *A multi-center, double-blind, placebo-controlled, dose-titration study of Oxybutynin transdermal systems in patients with overactive bladder*, Watson Pharma funded

- 2004-2005 Sub-investigator, *A randomized double-blind, placebo and active-controlled efficacy and safety study of SL65.0155-10 in patients with overactive bladder and/or urge urinary incontinence.* Sanofi –Synthelabo funded.
- 2003-2004 Co-Principal Investigator, *A double-blind, placebo-controlled study of urinary frequency and urgency using trospium chloride, 20 mg twice daily, for 12 weeks followed by a 6-month open-label treatment phase in patients with overactive bladder.* Indevus Pharmaceuticals funded.
- 2003-2004 Sub-Investigator, *A randomized, double-blind, parallel-group, placebo-controlled study evaluating the efficacy, safety, and reliability of 10mg vardenafil administered for 12 weeks compared to placebo in subjects with erectile dysfunction and a demonstrated successful first response to 10mg vardenafil.* GlaxoSmithKline funded.
- 2002-2003 Co-Principal Investigator, *A double blind, placebo controlled, randomized study to evaluate the effect of tolterodine on nocturia patients with the symptoms of overactive bladder,* Pfizer funded.
- 2002 Planning Committee and Site Coordinator, *Urinary incontinence: research, practice & policy issues,* Agency for Health Care Research and Quality, Department of Health and Human Services funded - R13 HS12088-01.
- 2001 – 2003 Co-Principal Investigator, *A Multicenter, Double-Blind, Placebo Controlled Study of 20 mg, Twice Daily, Trospium Chloride for 12 Weeks Followed by a 9-Month Open-Label Treatment Phase in Patients with Overactive Bladder,* Indevus funded.
- 1999-2000 Co-Investigator, *Senior Citizens Focus Groups Health Promotion Project,* Rutgers, School of Nursing, Philadelphia Corporation on Aging, Area Agency on Aging for Philadelphia, Pennsylvania Department of Aging, Kimberly Clark Corp funded.
- 1996-2001 Nurse Scientist Team Member, Sampselle, C. Science Team Leader, Association of Women’s Health Obstetrics and Neonatal Nurse’s (AWHONN) *Continence Program for Women,* RU3-AWHONN funded.
- 1994-1997 Principal Investigator, *Health Promotion Project, Dry Expectations -Promoting Healthy Bladder Habits,* A Health Promotion Project for Seniors, Philadelphia Corporation on Aging, Area Agency on Aging for Philadelphia, Pennsylvania Department of Aging (PDA), Title III of the Older Americans Act funded.
- 1992-1995 Consultant, McDowell, B.J., Principal Investigator, University of Pittsburgh, *Behavioral Treatment of Urinary Incontinence in Homebound Elderly.* 1R01NR02874-01A1 National Center for Nursing Research funded.
- 1992-1994 Co-Investigator, Colling, J., Principal Investigator, Oregon Health Sciences University, *Continence Program for Care-Dependent Community Elderly,* 501, - National Center for Nursing Research funded.
- 1992-1993 Co-Principal Investigator, Advanced Surgical Intervention, Inc., *Free Style Miniguard Phase II & III Study,* ASI funded.
- 1990-1991 Co-Investigator, *Reduction of Incontinence in Long Term Care,* Frank Morgan Jones Foundation and Scott Paper Co funded.
- 1988-1990 Nurse Practitioner Consultant on *Urinary Incontinence in a Visiting Nurse Agency,* Two year grant for development and implementation of a Nurse Managed Continence Clinic, VNA of Trenton/Robert Wood Johnson Foundation and State of New Jersey, Demonstration Project funded
- 1986-1987 Nurse Practitioner Consultant, *Urinary Incontinence Research Project,* Research project to study behavioral therapies for treatment of urinary incontinence in the elderly. University of Pennsylvania, School of Nursing and Public Health Department, Gloucester County, New Jersey funded.

## Publications

1. Brady, S. S., Cunningham, S. D., Brubaker, L., Falke, C., James, A. S., Kenton, K. S., Low, L., K., Markland, A. D., McGwin, G., **Newman, D. K.**, Norton, J. M., Nuscis, K., Rodriguez-Ponciano, D., Rudser, K. D., Smith, A. R., Stapleton, A., Sutcliffe, S., & Klusaritz, H.A., for the Prevention of Lower Urinary Tract Symptoms Research Consortium. (2025) Associations of financial strain and unmet social



- needs with women's bladder health. *American Journal of Obstetrics & Gynecology*. Feb;232(2); 200.e1-200.e20. doi: 10.1016/j.ajog.2024.07.042.
2. Wyman J.F., Burgio K.L., **Newman D.K.**, Cunningham S.D., Hebert-Beirne J., Low L.K., Meister M.R., Stapleton A., Gahagan S., Williams B.R.; Prevention of Lower Urinary Tract Symptoms (PLUS) Research Consortium. (2025) Exploring women's bladder self-care practices: A qualitative secondary analysis. *J Adv Nurs*. Feb;81(2):909-925. doi: 10.1111/jan.16257. Epub 2024 Jun 12
  3. Andy U.U., **Newman D.K.**, Wyman J.F., Klusaritz H., Walsh W., Shou H., Koepler N., Schmitz K.H., Reaves S., Arya L., Brown R.T. (2024) The Mobility and Voiding Exercises in Older Women with Urinary Incontinence (MoVEonUp) randomized controlled trial: study protocol and rationale. *BMC Geriatr*. Dec 4;24(1):994. doi: 10.1186/s12877-024-05552-7
  4. Rickey LM, Mueller ER, **Newman DK**, Markland AD, Falke C, Rudser K, Smith AL, Mueller MG, Lowder JL, Lukacz ES; Prevention of Lower Urinary Tract Symptoms (PLUS) Research Consortium. (2024) Reliability of Uroflowmetry Pattern Interpretation in Adult Women. *Neurourol Urodyn*. Nov;43(8):2084-2092. doi: 10.1002/nau.25584.
  5. Smith AL, Falke C, Rudser KD, McGwin G, Brady SS, Brubaker L, Kenton K, LaCoursiere DY, Lewis CE, Low LK, Lowder JL, Lukacz ES, Mueller ER, **Newman DK**, Nodora J, Markland A, Putnam S, Rickey LM, Rockwood T, Simon MA, Stapleton A, Vaughan CP, Wyman JF, Sutcliffe S; Prevention of Lower Urinary Tract Symptoms (PLUS) Research Consortium. Bladder health in US women: population-based estimates from the RISE FOR HEALTH study. *Am J Obstet Gynecol*. 2024 Nov 7:S0002-9378(24)01116-5. doi: 10.1016/j.ajog.2024.10.044. Online ahead of print.
  6. Kim EK, Brown LA, Hartzell-Leggin D, Andy UU, Harvie C, Whitmore KE, **Newman DK**, Hamm RF, Arya LA. Algorithm-Based Mobile Texting Platform for the Self-Management of Interstitial Cystitis/Bladder Pain Syndrome: Pilot Study Evaluating Feasibility, Usability, and Potential Utility. *Urol Pract*. 2024 Oct 11:101097UPJ0000000000000737. doi: 10.1097/UPJ.0000000000000737. Online ahead of print
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92. **Newman DK,** Koochaki P, Fix D. Self-reported benefits with darifenacin with overactive bladder patients dissatisfied with tolterodine or oxybutynin. Poster Presentation, International Urogynecological Association, 34<sup>th</sup> Annual Meeting Como, Italy, June 2009.
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  103. Zinner NR, **Newman DK**, Dahl NV. Treatment of overactive bladder in the elderly: safety and participant satisfaction with transdermal oxybutynin, Poster Presentation, 60<sup>th</sup> Annual Scientific Meeting, Gerontological Society of America; San Francisco, CA, November, 2007.
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  105. **Newman, DK** McIlwain, M, Dahl, D.V Satisfaction with transdermal oxybutynin treatment in elderly individuals with overactive bladder, National Conference of Gerontological Nurse Practitioners Annual Conference, San Diego, CA, September, 2007.
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  107. Minassian V, **Newman D**, Blaivas J, Fitzgerald M, Payne C, Cundiff G, Burgio K, Dilley A, Hirsch A, Stewart W. The impact of variation in symptoms of overactive bladder on changes in adaptive behavior in a population based longitudinal study, Poster Presentation, Abstract 134, International Continence Society Annual Meeting, Rotterdam, August, 2007.

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111. **Newman** DK, Dahl NV. Incremental effect of education on quality of life in patients treated with transdermal oxybutynin, Poster Presentation, Society of Urologic Nurses & Associates 37<sup>th</sup> Annual Conference, Kansas City, MO, October, 2006.
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14. **Newman DK.** The health problem women won't talk about. [Interview] *Ladies Home Journal* 92, 95-98, Jan. 2009.
15. Dmochowski R, **Newman DK.** *Incontinence. Bladder Health Webinar Series*, AUA Foundation, Dec. 2008.
16. **Newman DK.** Incontinence: A hidden condition. [Interview] *USA Today* 5,28-29, June 2008.
17. **Newman DK.** Bladder 101. [Interview] *O - The Oprah Magazine* 124, Aug. 2007.
18. **Newman DK.** Urinary problems. [Consultant] *Consumer Reports On Health* 17(12):5-8, 2005.
19. **Newman DK.** Back in control. *Better Homes* 274-275, Sept. 2004.
20. **Newman DK.** Managing bladder dysfunction with products and devices. *Family Urology* 9(2):9-12, Summer 2004.
21. **Newman DK.** Incontinence: Don't let it stop you. *Special Living* 30-36, Fall 2003.
22. **Newman DK.** Incidence, prevalence, and quality of life. *The Female Patient* [Suppl]:3-4, June 2003.
23. **Newman DK.** Urinary incontinence. [Teleconference] US Department of Health and Human Services, Health Care Financing Administration, Health Standards and Quality Bureau, Baltimore, MD, Jan. 1997.
24. **Newman DK.** How society pays for urinary incontinence. [Press Conference] Bladder Control: Let's Talk about Bladder Control for Women. National Institutes of Diabetes and Digestive and Kidney Diseases, Bethesda, MD, Jan. 1997.
25. **Newman DK.** Contributor to Incontinence on the Web, through "Incontinence Center," found on WellnessPartners, The Patient's Network, a comprehensive health and wellness site and one of the Top Ten sites found on the Internet for consumers. [www.seekwellness.com](http://www.seekwellness.com)
26. **Newman DK.** Contributor to Content Expert, WebMD's Moderated Health Exchange on Incontinence and OAB (<http://exchanges.webmd.com/incontinence-and-oab-exchange>).
27. **Newman DK.** Treating urinary incontinence. Videotape produced for Family Health Media, 1994.
28. **Newman DK**, Smith D. Femina™ vaginal cone. Videotape and Written Instructions, Dacomed, 1992.
29. **Newman DK**, Smith DA, Diokno A. Urinary problems requiring long-term nursing management. Videotape and Written Monograph, Bard Urology Education Program, CEU Program, 1991.
30. Pires M, Lockhart-Pretti P, Smith DA, **Newman DK.** Continence. CEU Program Videotapes and Audio Modules, the Rehabilitation Nursing Foundation of the Association of Rehabilitation Nurses Faculty, 1991.

## **PRESENTATIONS**

### **Lectures by Invitation (Since 2001):**

- 2024 "Medical and Pharmaceutical Advancements for Incontinence". Lecture, INDA, Association of the Nonwoven Fabrics Industry Meeting, Nashville, TN, Nov.
- 2024 "Voiding Trial: Best Practices for Success". Lecture, SUNA Annual Uro**Logic** Meeting, Orlando, FL, Sept.
- 2023 "ConCaRe™ Continence Care Registry: Using Longitudinal Data to Better Understand the Intermittent Self-Catheterization User Experience. Research Presentation, SUNA Annual Uro**Logic** Meeting,

- Phoenix, AZ, Oct.
- 2023 “Intermittent catheterization Best practice and current research”. Workshop, SUNA Annual Uro**Logic** Meeting, Phoenix, AZ, Oct.
- 2023 “Current Use of Intermittent Catheterization (IC) in the Spinal Cord Injury (SCI) Patient.” Urology Workshop, Academy of Spinal Cord Injury Professionals Annual Meeting, San Diego, CA, Sept.
- 2023 "Conservative Treatment of Incontinence: from clinical practice to Evidence", Virtual Presentation, II International Symposium on Nursing in Pelvic Floor Dysfunctions", Escola de Enfermagem da Universidade de São Paulo, Brazil, March.
- 2022 “Impact of Practice on Life with an Indwelling Catheter- International (IMPLICATE).” Research Presentation (with Hagen, S, Shepherd, A), A SUNA Uro**Logic** Meeting, New Orleans, Sept-Oct.
- 2022 “Nursing assessment of patients presenting with pelvic pain.” Workshop (with Terzoni, S., Rocco, B., Gala, G., Sighinolfi, A), Assessment and nursing management of refractory chronic pelvic pain, EAUN Webinar, Sept.
- 2022 “Prevention of Lower Urinary Tract Symptoms (PLUS): Role of an APP in NIH-funded Research”, Panel Presentation (with Ellsworth, P; Colon-Sanchez, K; Zelinkas, B), Urologic Care for the Advanced Practice Provider, 80 Annual Meeting, American Urologic Association, New Orleans, May.
- 2022 “2022 Urologic Care for the APP”, Urologic Care for the Advanced Practice Provider, 80 Annual Meeting, American Urologic Association, New Orleans, May.
- 2022 “Writing/Conducting Research for the APP” Lecture, SUNA Uro**Logic** Meeting, Dallas, April.
- 2021 “A case-based management of common neuro-urological conditions.” Workshop (with DelPopolo, G; Ginsberg, D; Vasudeva, P; Tarcan, T), International Continence Society Annual Meeting, Virtual, Nov.
- 2021 “Panel Discussion: Behavioral Therapies for OAB and Urgency Incontinence in Geriatrics” (with Diokno, A; Markland, A), American Urologic Association Annual Meeting, Virtual, Sept.
- 2021 “Advanced Continence Care for Older Adults”, 9th Asia Pacific Enterostomal Therapy Nurse Association Conference, The 30<sup>th</sup> Annual Conference of the Japanese Society for Wound, Ostomy, and Continence Management, Virtual, July.
- 2020 “Pelvic Muscle Rehabilitation following RP: Merging Research with Clinical Practice”, Podium Presentation, Urologic Care for the Advanced Practice Provider, 78 Annual Meeting, American Urologic Association, Virtual, May.
- 2019 “Use of APP to maximize the throughput of patients, OAB Panel” (with Malik, R, Desai, A, Miles-Thomas, J), 77 Mid-Atlantic American Urologic Association Annual Meeting, Pocono Manor, PA, Oct.
- 2019 “You do Miracles: Spanning 35 years as a Urology Nurse” Lecture, Society of Urology Nurses and Associates Annual Mtg, Orlando, Sept.
- 2019 “Urology 101 (Urologic Nursing Procedures)” Workshop, Society of Urology Nurses and Associates Annual Meeting, Orlando, Sept.
- 2019 “Urinary Devices and Absorbent Products in Older Adults, AUA Geriatric Urological Society, American Urologic Association, Chicago, May.
- 2019 “Advanced Evaluation and Management of Incontinence” Lecture, Advanced uro**Logic** SUNA, Chicago, Mar.
- 2019 “Prevention: Nursing Science.” Lecture, Institute of Advanced Nursing Studies, Hospital Authority, Hong Kong, China, Feb.
- 2018 “Managing the Underactive Bladder (UAB)” Lecture, 4 International Congress on Underactive Bladder- CURE UAB, Honolulu, HI, Nov.
- 2018 “Managing Urine Leakage: What Do Patients Want?” Lecture, Hygienx, INDA, Orlando, FL, Nov.
- 2018 “Primary and Secondary Incontinence Prevention.” The Northeast Region of the Wound Ostomy Continence Nurses Society, Reading, PA, Nov.
- 2018 “Pelvic Floor Physical Therapy” Lecture, 4 Annual Urology Symposium, Lehigh Valley Health Network, Skytop, PA, Oct
- 2018 “Pelvic Muscle Rehabilitation,” Post-Conference Workshop, uro**Logic**, The Premier Conference for Urology Professionals, Society of Urology Nurses and Associates, San Diego, Oct.
- 2018 “Catheterization – A Main Therapy for Neurogenic Bladder Management?” Lecture. Advancing Continence Care Together ACCT2018, Baltimore, MD, June



- 2018 “The Practical Management of Overactive Bladder: Integrating the SUFU Overactive Bladder Clinical Care Pathway into Your Practice” (with Brucker, B & Kraus, S), AUA2018 Annual Meeting Instructional Course, American Urologic Association, San Francisco, May.
- 2018 “Primary and Secondary Incontinence Prevention,” Lecture, uro**Logic**, The Premier Conference for Urology Professionals, Society of Urology Nurses and Associates, Philadelphia, PA, Apr.
- 2018 “Pelvic Muscle Rehabilitation,” Pre-Conference Workshop, uro**Logic**, The Premier Conference for Urology Professionals, Society of Urology Nurses and Associates, Philadelphia, Apr.
- 2017 “Basic Management: Balancing Safety and Convenience for the Patient,” Lecture, ICS Education Regional Course, Female Pelvic Medicine & Reconstruction for Urology & Gynecology International Continence Society Regional Course; North America, Phoenix, AZ, Nov.
- 2017 “Urologic Catheters, Products and Devices for Lower Urinary Tract Dysfunction.” Workshop, International Continence Society, Florence, Italy, Sep.
- 2017 “The Practical Management of Overactive Bladder: Integrating the SUFU Overactive Bladder Clinical Care Pathway into Your Practice” (with Brucker, B & Kraus, S), American Urologic Association Annual Meeting Instructional Course, American Urologic Association, Boston, May.
- 2017 “Catheterization – A Main Therapy for Neurogenic Bladder Management?” Lecture. Advancing Continence Care Together ACCT2017, Gothenberg Sweden, March
- 2016 “Advanced Urology Review: Voiding Dysfunction, Pelvic Pain, Incontinence,” Lecture, Society of Urology Nurses and Associates 46 Annual Conference, Washington DC, Nov.
- 2016 “Advanced Urology Review: Lower Urinary Obstruction, BPH, and Urethral Stricture,” uro**Logic**, The Premier Conference for Urology Professionals, Society of Urology Nurses and Associates 46 Annual Conference, Washington DC, Nov.
- 2016 “Hands-on Workshop for Performing Posterior Tibial Nerve Stimulation (PTNS)” SIG Boot Camp, American Urogynecological Society, 37 Annual Meeting, Denver, CO, Oct.
- 2016 “Clinical Care Pathway for Management of Patients with Overactive Bladder,” Symposium, GAPNA’s Annual Conf, Phoenix, Sep.
- 2016 “Evidence-base and Clinical Application of Urologic Catheters.” Workshop, International Continence Society, Tokyo, Japan, Sep.
- 2016 “Behavioral Modification Program for Urinary Incontinence: Update on the TULIP and GLADIOLUS NIH funded Research Trials.” Geriatric Urological Society, American Urologic Association, Panel Discussion/Presentation, San Diego, CA, May.
- 2016 “Drips, Dribbles and Much More: Assessment and Management of Urinary Incontinence” Lecture. Edmund G. Beacham 43 Annual Current Topics in Geriatrics, Johns Hopkins Division of Geriatrics Medicine and Gerontology. Baltimore, MD, Mar.
- 2015 “Advanced Urology Review: Voiding Dysfunction, Pelvic Pain, Incontinence,” Lecture, Society of Urology Nurses and Associates 45 Annual Conference, Orlando FL, Nov.
- 2015 “Advanced Urology Review: Lower Urinary Obstruction, BPH, and Urethral Stricture,” Lecture, Society of Urology Nurses and Associates 45 Annual Conference, Orlando FL, Nov.
- 2015 “Advanced Urology Review: Voiding Dysfunction, Pelvic Pain, Incontinence,” Lecture, Society of Urology Nurses and Associates 45<sup>st</sup> Annual Conference, Orlando FL, Nov 2015 “Evidence-base and Clinical Application of Urologic Catheters.” Workshop, International Continence Society, Montreal, Canada, Oct.
- 2015 “Best Practice Recommendations for Management of Overactive Bladder,” Symposium, GAPNA’s 2015 Annual Conf, San Antonio, TX, Sep.
- 2015 “Current Approaches to Bladder Control.” Lecture, Women’s Health 2015: The 23th Annual Congress, Washington DC, Apr.
- 2015 “Incontinence after Acquired Brain Injury,” New Advances in Brain Injury Rehabilitation, 4<sup>th</sup> Annual Council on Brain Injury, Lecture, Pittsburgh, PA, Mar.
- 2015 “Developing and Implementing a Nurse-Driven Removal Program,” Cutting Cases of CAUTI: Nurse-Driven Strategies That Work, 2015 American Nurses Association Quality Conference, Pre-conference Workshop, Orlando, FL, Feb.
- 2015 “CAUTI Cases and Controversies – and a New Tool for Reducing Cases,” 2015 American Nurses Association Quality Conference, Lecture, Orlando, FL, Feb.

- 2014 “CAUTIs: Insertion & Maintenance” Lecture, 19 Annual Bi-State Infectious Disease Conference, St. Louis, MO, Oct.
- 2014 “Evaluation & Management of Urinary Incontinence” Lecture, St Francis Hospital, Long Island, NY, Oct.
- 2014 “LUTS in patient with multiple sclerosis: UPenn experience” Lecture, Penn Urology Symposium, Neurogenic Bladder Dysfunction: Causes, Symptoms and Treatments, Phila, PA, Apr.
- 2014 “Catheters and CAUTIs: Evidence for Practice, Urology Care by the APN/PA: Maximizing Patient Outcomes,” American Urological Association, Annual Meeting, Orlando, FL, May.
- 2013 “LUTS Treatment – Behavioral and Pharmacological,” *Ad Hoc* Women’s Urologic Health Research Program Planning Meeting, Kidney, Urologic, and Hematologic Diseases Interagency Coordinating Committee—Urology Subcommittee (UICC), National Institutes of Health, Bethesda, MD, Nov
- 2013 “Evaluation of Evidence-Based Urinary Catheter Care,” Society of Urologic Nurses and Associates, 44 Annual Conference, Chicago, Oct.
- 2013 “Advanced Practice Management of Neurogenic Bladder,” North Central Region Conference, Wound, Ostomy and Continence Nurses Society, Wisconsin, Sept.
- 2013 “Update on Catheter Associated Infections,” North Central Region Conference, Wound, Ostomy and Continence Nurses Society, Wisconsin, Sept.
- 2013 “Voiding Dysfunction in the Neurologically Impaired Population,” American Rehabilitation Nurses, Greater Philadelphia Chapter, Wynnewood, PA, Apr.
- 2013 “Women Seeking Solutions: Recruitment for Incontinence Prevention.” Lecture. University of Michigan Pelvic Floor Research Group, Ann Arbor, MI, Feb.
- 2013 “The Economics of Urinary Incontinence,” 3 Annual Wound and Vascular Symposium, The implications of health care reform on the Future of Wound, Ostomy and Continence Care, New-York Presbyterian, The University Hospital of Columbia and Cornell, Apr.
- 2013 “Urology Course- Two Day,” Lectures, California Pacific Medical Center, San Francisco, Jan.
- 2012 “CaUTIs and Evidence-Based Urology Nursing Practice,” Lecture, Society of Urology Nurses and Associates 43 Annual Conference, Washington DC, Nov.
- 2012 Urology Courses, Urodynamics and Functional Urology Symposium, Hong Kong Urological Association, Hong Kong College of Urological Nursing, Hong Kong, China, Oct.
- 2012 Urology Lectures, The Third Affiliated Hospital of Sun Yat-sen University, Guangzhou, China, Oct.
- 2012 Urology Lectures, Foshan Hospital of Traditional Chinese Medicine, Foshan, China, Oct.
- 2012 “Pharmacists Talking Bladder Health Out of the Water Closet: OAB, Incontinence, UTI and interstitial Cystitis.” American Pharmacists Association Annual Meeting & Exposition, New Orleans, LA, Mar.
- 2012 “Urinary Incontinence: Assessment and Treatment Options for Older Adults” Lecture. Edmund G. Beacham 39 Annual Current Topics in Geriatrics, Johns Hopkins Division of Geriatrics Medicine and Gerontology. Baltimore, MD, Feb.
- 2012 “Improving Participant Recruitment in a Longitudinal Investigation” Lecture. University of Michigan Pelvic Floor Research Group, Ann Arbor, MI, Feb.
- 2012 “Prevalence and Risk Factors for OAB and UI.” Nursing Workshop, 8 Pan Arab Continence Society Meeting, International Continence Society, Dubai, UAE, Jan.
- 2012 “Nursing Approaches to Behavioral Intervention Including Pelvic Floor Muscle Exercises.” Nursing Workshop, 8 Pan Arab Continence Society Meeting, International Continence Society, Dubai, UAE, Jan.
- 2011 “Can We Prevent Incontinence: Yes.” 3 International Continence on Incontinence Research Society, Bristol, England, June
- 2011 “Is There a Role for Non-Physician Providers in Residency Training?” Society of Urology Chairpersons and Program Directors Annual Meeting, American Urological Association, Washington DC, May.
- 2011 “Nuts and Bolts of Using A Nurse Practitioner in Your Urology Practice.” American Urologic Association Course: Effective Training and Utilization of Non-Physician Providers in Urology, American Urologic Association, Washington DC, May.
- 2011 “Containing and Draining: Urinary Catheters, Products and Devices.” Annual Symposium, Incontinence and Pelvic Floor Disorders, Society of Urologic Nurses & Associates, New Orleans, LA, Mar.

- 2011 "Update on the International Role of the 'Continenence Nurse.'" Annual Symposium, Incontinence and Pelvic Floor Disorders, Society of Urologic Nurses & Associates, New Orleans, LA, Mar.
- 2011 "Incontinence Care in Women Before & After Childbirth." Nursing Workshop, 7 Pan Arab Continenence Society Meeting, International Continenence Society, Dubai, UAE, Feb.
- 2010 "The Long-Term Care Model: Barriers and Indicators of Success." Workshop: Models of Continenence Care: What Works Best? International Continenence Society (ICS) 40 Annual Scientific Meeting, Toronto, Ontario, Aug
- 2010 "Nurse Practitioner Evolving Role in Urology." AUA Course: Effective Training and Utilization of Non-Physician Providers in Urology, American Urologic Association, San Francisco, CA, May.
- 2010 "Results of a General Practitioner (GP) Survey on Urinary Incontinence." 3 Global Forum on Incontinence, Prague, Czech Republic, Apr.
- 2010 "Defining Responsibilities to Promote Continenence." 3 Global Forum on Incontinence, Prague, Czech Republic, Apr.
- 2010 "Defining Responsibilities to Promote Continenence." 11 International European Association of Urology Nurses Meeting, Barcelona, Spain, Apr.
- 2009 "Update on Urinary Incontinence Guidelines and CMS Regulations for LTC." National Gerontological Nursing Association (NGNA) Annual Convention, St Louis, MO, Oct.
- 2009 "Urinary Catheterization: Evaluating Benefit versus Risk and the Application of New Technology." Society of Urology Nurses and Associates, 40 Annual Conference, Chicago, IL, Oct.
- 2009 "Ask the Experts." Society of Urology Nurses and Associates, 40 Annual Conference, Chicago, IL, Oct.
- 2009 "Update on Urinary Incontinence Guidelines and CMS Regulations for LTC", Lecture, National Gerontological Nursing Association (NGNA) Annual Convention, St Louis, Oct.
- 2009 "Urinary Catheterization: Evaluating Benefit versus Risk and the Application of New Technology" Lecture, Society of Urology Nurses and Associates, 40 Annual Conference, Chicago, IL, Oct.
- 2009 "Combining Interventions: Drug and Conservative." Workshop: Presenting the Evidence for Continenence Prevention, International Continenence Society (ICS) 39 Annual Scientific Meeting, San Francisco, CA, Sep.
- 2009 "Conducting a Successful Public Forum: ICS-CPC Experience." Workshop: Hearing the Patient's Voice: Models for Listening, International Continenence Society (ICS) 39 Annual Scientific Meeting, San Francisco, CA, Sep.
- 2009 "CMS Regulations for Continenence Evaluation in LTC." Maryland ASCP Mid-Atlantic Conference, Rocky Gap, MD, Aug.
- 2008 "Urinary Incontinence." Michigan Department of Community Health, The Bureau of Health Systems, Fall 2008, Joint Provider/Surveyor Training, Novi, MI, Oct
- 2008 "Managing Urinary Incontinence in Frail Elders." Ohio Medical Directors Association, 3 Annual Meeting, Columbus, OH, Oct.
- 2008 "Overview of Public Forums in Raising Continenence Awareness for the Middle East." Workshop, International Continenence Society (ICS) 38 Annual Meeting, Cairo Egypt, Oct.
- 2008 "The ABCs of Incontinence." 18 Annual PharMed Corp, Cleveland, OH, Oct.
- 2008 "Urinary Incontinence." Lecture, Michigan Department of Community Health, The Bureau of Health Systems, Fall 2008, Joint Provider/Surveyor Training, Novi, MI, Oct.
- 2008 "Managing Urinary Incontinence in Frail Elders," Lecture, Ohio, Ohio Medical Directors Association, 3 Annual Meeting, Columbus, OH, Oct.
- 2008 "Continenence Promotion." 3 Pan-Pacific Continenence Society Meeting, Kaohsiung, Taiwan, Sept.
- 2008 "The ABCs of Incontinence." 18 Annual PharMed Corp, Cleveland, OH, Sept.
- 2008 "Screening, Treatment, and Management of IC/PBS," ACNM 53 Annual Meeting & Exposition, Boston, MA, May.
- 2008 "Urinary Incontinence: The Current State of the Science." Lecture, DVET Education Day, Voorhees, NJ, Apr.
- 2008 "Prevention of Incontinence: Current Approaches." 2 Global Forum on Incontinence, Nice, France, Apr.
- 2008 "Continenence Nurse: Understanding the Role," Annual Symposium, Pelvic Pain and Pelvic Floor Disorders, Society of Urologic Nurses & Associates, Tampa, FL, Feb

- 2008 "Urinary incontinence in LTC: Overview and Implications of F-315." (with Woolridge LS & Benson C) Pre-conference Workshop, Annual Symposium, Pelvic Pain and Pelvic Floor Disorders, Society of Urologic Nurses & Associates, Tampa, FL, Feb.
- 2007 "What Every Urology Nurse Needs to Know About Urinary Obstruction." Society of Urologic Nurses & Associates 38 Annual Conference, Phoenix, AZ, Oct.
- 2007 "Conquering OAB: A Review of Outcomes, Urgency and Flexible Dosing." Society of Urologic Nurses & Associates 38 Annual Conference, Phoenix, AZ, Oct.
- 2007 "Incontinence & the Older Adult: Best Practice." Grand Rounds Forum, University of North Carolina School of Nursing, Chapel Hill, NC, Oct.
- 2007 "What Every Urology Nurse Needs to Know About Urinary Obstruction." (with Bowens, J), Society of Urologic Nurses & Associates 38 Annual Conference, Phoenix, AZ, Oct.
- 2007 "Dementia and Urinary Incontinence: Evidence Based Interventions for Frail Elders." Education Course, International Continence Society (ICS) 37 Annual Meeting, Rotterdam, Holland, Aug.
- 2007 "Strategies to Implement Pelvic Floor Muscle Training during Pregnancy and After Childbirth." Workshop, International Continence Society (ICS) 37 Annual Meeting, Rotterdam, Holland, Aug.
- 2007 "Challenge to Change: Urinary Incontinence and CMS Guidance." Workshop, Kansas Adult Care Executives, Manhattan, KS, June.
- 2007 "Nursing Management of Urinary Incontinence." Pacific Coast Region of Wound Ostomy Continence Nurses Society, Napa Valley, CA, Mar.
- 2007 "A Review of Tag F315: Focusing on the Key Challenges." American Medical Directors Association 30 Annual Symposium, Hollywood, FL Mar.
- 2007 "Facilities in Your Area are Being Cited for Tag F315: Providing Practical Strategies to Improve Continence Care." (with Voytas J & DuBeau C) American Medical Directors Association 30 Annual Symposium, Hollywood, FL, Mar.
- 2006 "The Forty-Ninth Annual Alumni Reunion." Alumni Association of the Albert Einstein Medical Center School of Nursing, Philadelphia, PA, Nov.
- 2006 "CMS Tag F315: Managing Incontinence in LTC." Annual Conference, Arkansas Health Care Association, Little Rock, AR, Nov.
- 2006 "The Art of Control: Treating Incontinence with Dignity," Atlantic Health, Overlook Hospital, Summit, NJ, Oct.
- 2006 "The 'In and Out' of Catheters." Society of Urologic Nurses & Associates Annual Conference, Kansas City, MO, Oct.
- 2006 "A Case-based Approach to Optimizing Therapeutic Outcomes in Patients with OAB." (with Rovner E) Society of Urologic Nurses & Associates Annual Conference, Kansas City, MO, Oct.
- 2006 "The Art of Control: Treating Incontinence with Dignity." Atlantic Health, Overlook Hospital, Summit, NJ, Oct.
- 2006 "Challenge to Change: Managing Incontinence in LTC." Annual Conference, Kentucky Association of Homes and Services for the Aging, Louisville, KY, Oct.
- 2006 "Urology Potpourri: BPH, Pelvic Floor Dysfunction and Interstitial Cystitis," Penn Clinical Practice Update, The Department of Surgery at the University of Pennsylvania, Philadelphia, PA, Sep.
- 2006 "Focus on Prostate Cancer." University of Pennsylvania Abramson Cancer Center, Philadelphia, PA, Jul.
- 2006 "Preventing Urinary Tract Infections in Hospitalized Patients," 3 Annual Medical-Surgical Nursing Conference, University of Pennsylvania Health System, Philadelphia, PA, May.
- 2006 "Urinary Incontinence and CMS Guidelines in Long Term Care," Carolina Regional Conference for Senior Care Pharmacists, Charlotte, NC, Mar.
- 2006 "Update on Interstitial Cystitis and Painful Bladder Syndrome," (with Hanno, P), Annual Symposium, Disorders of the Bladder, Bowel and Pelvic Floor, Society of Urologic Nurses & Associates, New York, NY, Mar.
- 2006 "A Case-based Approach to Optimizing Therapeutic Outcomes in Patients with OAB," (with Staskin D) Annual Symposium, Disorders of the Bladder, Bowel and Pelvic Floor, Society of Urologic Nurses & Associates, New York, NY, Mar.
- 2006 "Incontinence: Are We Addressing the Challenge Effectively?" Kentucky Association of Health Care Facilities, Louisville, KY, Mar.

- 2006 "An Overview of Tag 315: Implications for Facilities," Voytas, J. and DuBeau, C. "Impact of the Tag F315: Evaluating the Clinical Data to Improve Management of Urinary Incontinence," Symposium. American Medical Directors Association 29 Annual Symposium, Dallas, TX, Mar.
- 2006 "Incontinence," Quality Insights of Delaware. Dover Downs, DE, Feb.
- 2005 "Challenge to Change: Urinary Incontinence and CMS Guidance," Kentucky Association for Health Care Facilities Annual Convention, Louisville, KY, Nov.
- 2005 "A Woman's Dilemma: Overactive Bladder and Incontinence," Pennsylvania Coalition of Nurse Practitioners, 3 Annual Pennsylvania Nurse Practitioner Conference, King of Prussia, PA, Nov.
- 2005 "Urinary Incontinence and Catheters under F Tag 315: Seeing what's possible and making it practical," Train-the-trainer workshop and Phase II of Minnesota's Call for UI and catheters educational Series, Minnesota Department of Health, MN, Oct.
- 2005 "Stress Urinary Incontinence," New England Region, Wound Ostomy and Continence Nurse's Society Fall Conference, MA, Oct.
- 2005 "The Emerging Science of Overactive Bladder," (with Staskin D) 36 Annual Conference, Society of Urologic Nurses and Associates (SUNA), Las Vegas, NV, Oct.
- 2005 "Incontinence Update 2005: Solutions for Incontinence Issues," Mountain Area Health Education Center (MAHEC), Asheville, NC, Oct.
- 2005 "Minnesota's Call to Action Relating to F315- Urinary Incontinence and Catheters," Phase 1, Videoconference, Minnesota Department of Health, St Paul, MN, Sep
- 2005 "Urology Potpourri: UTI, Erectile Dysfunction and Incontinence," Penn Clinical Practice Update: 2005, Department of Surgery, University of Pennsylvania, Philadelphia, PA, Sep.
- 2005 "Management of Stress Urinary Incontinence in Primary Care Practice," Texas Nurse Practitioners Conference, Houston, TX, Sep.
- 2005 "Impact of the New Regulatory Requirements for the Management of Urinary Incontinence in Long Term Care Facilities," Meeting the Challenges of Overactive Bladder in Long Term Care, NADONA, New Orleans, LA, Jun.
- 2005 "Urinary Incontinence and CMS Guidelines in Long-term Care," NPACE, New England Regional Health & Older Adult Conference, Cape Cod, MA, Jun.
- 2005 "New CMS Guidelines for Continence in Long Term Care," WOCN Society 37 Annual Conference, Las Vegas, NV, Jun.
- 2005 "Overactive Bladder", First Annual Urologic Conference, "Urologic Updates 2005," Northern New Jersey Chapter of the Society of Urologic Nursing and Associates, Hackensack, NJ, Apr.
- 2005 "Current Management of Incontinence in Long-term Care," AANAC 2 Annual National Conference, Chicago, IL, Mar.
- 2005 "Erectile Dysfunction (ED) Associated with Prostate Cancer or BPH," Prostate Health, Patient Education Conference, American Foundation for Urologic Diseases, Philadelphia, PA, Feb.
- 2005 "Analyzing CMS Guidance on Urinary Incontinence and Indwelling Catheters." Tennessee Health Care Association, Franklin, TN, Feb.
- 2004 "Conservative Therapies for Urinary Incontinence," 7 Asian Congress of Urology, Hong Kong, Nov.
- 2004 "Shaping Future Directions in Incontinence Research in Aging Adults," (with Wyman, J.F., Palmer, M.H., Engberg, S., Bliss, D., Watson, N.). The Gerontological Society of America's 57 Annual Scientific Meeting, Washington DC, Nov.
- 2004 "Antimuscarinics and Other Therapies for the Treatment of Overactive Bladder," (with Staskin D) 35 Annual Conference, Society of Urologic Nurses and Associates (SUNA), Orlando, FL, Oct.
- 2004 "New Treatments for Overactive Bladder," 2 Annual Conference on Urogynecology and Pelvic Floor Dysfunction, Philadelphia, PA, Oct.
- 2004 "Best Practices in UTI Management," 19 Annual National Conference, American Academy of Nurse Practitioners, New Orleans, LA, Jun.
- 2004 "Overactive Bladder: Recognition and Management in the Long-Term Care Community," (with Ouslander, J.G.) NADONA - National Association of Directors of Nursing Administration in Long Term Care, Annual Convention, Orlando, FL, Jun.

- 2004 "Real World Examples," Gray, M. Improving Screening & Treatment in Overactive Bladder: From Theory to Practice, 19 Annual National Conference, American Academy of Nurse Practitioners, New Orleans, LA, Jun.
- 2004 "Key Challenges in the Diagnosis and Management of Overactive Bladder: Defining the Role of the Nurse Practitioner," Program Chair, CE Symposia, 19 Annual National Conference, American Academy of Nurse Practitioners, New Orleans, LA, Jun.
- 2004 "Clinical Update: Urinary Incontinence in Older Adults." Stevens Foundation Annual Conference on Aging, Jacksonville University, Jacksonville, Florida, May.
- 2004 "Long Tern Problems After Childbirth," 20 Annual Nurse Practitioner Spring Symposium, Council of Nurse Practitioners, North Carolina Nurse Association, Asheville, NC, Apr.
- 2004 "Current Approaches to Managing Incontinence," Life Services Network, Annual Convention & Exhibition, Chicago, IL, Apr.
- 2004 "Management of Urinary Incontinence." The Oklahoma Association of Homes and Services for the Aging, Annual Meeting, Oklahoma City, OK, Mar.
- 2003 "Community Based Management," DuBeau, C., Newman, D., Johnson, J., Lukacz, E. Urinary Incontinence: Good News from the Forefront of Management, 56 Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA, Nov.
- 2003 "Innovative Nonsurgical Treatments for Incontinence", Common Clinical Issues: Midline and Beyond Symposium, American College of Nurse Practitioners, National Clinical Symposium, Cincinnati, OH, Nov.
- 2003 "Bladder Health after 60," Practical Approaches tin the Treatment of Older Adults, Crozier Keystone Health System, Chester, PA, Nov.
- 2003 "Overactive Bladder Treatment Options," Central Mississippi Nurse Practitioners Special Interest Group Fall Meeting, Nov
- 2003 "Reaction – Devices and Products," John Harford Foundation/University of Minnesota Nursing Research Summit, St Paul, MN, Oct.
- 2003 "CPC 10 Anniversary Session," International Continence Society (ICS) 33 Annual Meeting, Florence, Italy Oct,
- 2003 "Practical Approaches to Conservative Management of Urinary Incontinence," AUGS 24 Annual Scientific Meeting, Ft. Lauderdale, FL, Sep.
- 2003 "Women's Health Post WHI: Pelvic and Bladder Health in the Continuum of Care," Hartford, CT, Sep.
- 2003 "Incontinence Management in LTC," Long Term Care Resource Consortium; Fall Workshop, York, NE, Sep.
- 2003 "Management of Urinary Incontinence," Summer Series on Aging, American Society on Aging, Philadelphia, PA, July
- 2003 "Continence Care & Management," Quarterly Staff Training, Nebraska Health and Human Services System, Lincoln, NE, Jun.
- 2003 "Treatment Approaches for OAB," Gray M., Conquering Incontinence: Advances in the Management of OAB and Osteoporosis, Symposia, 18 Annual National Conference, American Academy of Nurse Practitioners, Anaheim, CA, Jun.
- 2003 "Signs, Symptoms, and Management of Urinary Incontinence in Long-Term Care: The Nursing Perspective," (with Palmer, MH., Johnson, TM) NADONA - National Association of Directors of Nursing Administration in Long Term Care, Annual Convention, Cincinnati, OH, Jun.
- 2003 "Nonsurgical Treatments for Incontinence," (with Wysocki, S., Schnare, SM). Improving Quality of Life: New Approaches to Incontinence and Osteoporosis, Symposia, 18 Annual National Conference, American Academy of Nurse Practitioners, Anaheim, CA, Jun.
- 2003 "Nonsurgical Treatments for Incontinence," (with Trunnell, M., Viren, FK., Dickerson, VM.), "Improving Women's Quality of Life: New Approaches to Incontinence and Osteoporosis," Dinner Symposium, 31 Annual Physician Assistant Conference, New Orleans, LA, May.
- 2003 "Management of Incontinence", Penn Care @ Home, Nurses' Week, University of Pennsylvania Medical Center, Philadelphia, PA, May.

- 2003 "Update on Incontinence: Management", Nurse Practitioner Associates for Continuing Education (NPACE) National Women's Health Care Conference, New Orleans, LA, May.
- 2003 "Mentioning the Unmentionable: Practical Solutions for Incontinence," Workshop, Mountain Area Health Education Center, Asheville, NC, May
- 2002 "Changes in CMS regulatory tags 315/316 on urinary incontinence: What this means to nursing practice and research," Palmer, MH, Lekan-Rutledge, D., Watson, N., Wells, T., Brink, C. Gerontological Society of America 55<sup>th</sup> Annual Scientific Meeting, Boston, MA, Nov.
- 2002 "Dealing with incontinence after treatment for prostate cancer", Prostate Cancer Support Group, University of Pennsylvania, Abramson Cancer Center, Philadelphia, PA, Nov.
- 2002 "Mentioning the Unmentionable: practical Solutions for Incontinence: Issues", (with Carman, N.), American Association of Homes and Services for the Aging, Annual Meeting & Exposition, Baltimore, MD, Oct.
- 2002 "Exploring Urinary Incontinence: New Treatments on the Horizons", (with Daneshgari, F), American College of Nurse Practitioners, National Clinical Symposium, Albuquerque, NM, Oct
- 2002 "Quality Continence Containment", Rendezvous in Dallas, South Central Regional WOCN Conference, Dallas, TX, Oct.
- 2002 "Urinary Incontinence", Graduate Students, University of North Carolina, School of Nursing, Adult Nurse Practitioner Program, Chapel Hill, NC, Oct.
- 2002 "Applying Technology to Bladder Assessment in Extended Care" National Association for Sub-Acute Centers Conference, Washington D.C., Sep.
- 2002 "Urinary Incontinence Treatment," Kaiser Permanente Wound Ostomy Continence Nurses of Southern California, Los Angeles, CA, Sep.
- 2002 "Overview of ICI Continence and Promotion Committee Findings and Recommendation," Continence Promotion Committee Annual Workshop, International Continence Society, Heidelberg, Germany, Aug.
- 2002 "Nonpharmacological Treatment of Overactive Bladder," Overactive Bladder: Key Issues and Treatment Options, Pri-Med Mid-West Conference and Exhibition, Chicago, IL, Jun.
- 2002 "Managing Urinary Incontinence: Skills and Techniques," American Academy of Nurse Practitioners, 17<sup>th</sup> Annual National Conference, Reno, NV, Jun.
- 2002 "Challenges of Managing Urinary Incontinence in Long Term Care," (with Ouslander, JG., Dmochowski, RR., Guay, DRP), National Association of Directors of Nursing Administration in Long Term Care, Annual Convention, Nashville, TN, Jun.
- 2002 "Adjunctive Therapy of Geriatric Nocturia and Urinary Incontinence," Gerontological Urological Society Forum, American Urologic Association Annual Meeting, Orlando, FL, May
- 2002 "Urinary Incontinence Updates," Empira, consortium created by Birchwood Companies, Presbyterian Homes & Services, Volunteers of America and Walker Methodist, Inc. Minneapolis, April
- 2002 "Evaluating and Treating Incontinence: Sharing Secrets," SUNA 7<sup>th</sup> National Multi-Specialty Conference, Phoenix, AZ, Feb.
- 2002 "New Insights into Stress Urinary Incontinence: Clinical Approaches," SUNA 7<sup>th</sup> National Multi-Specialty Conference, Phoenix, AZ, Feb.
- 2002 Respondents, Case Presentations by Urology Residents and Geriatric Medicine Fellows. A Joint Conference on the Diagnosis and Management of Incontinence. (with Ouslander, J, Forciea, M., University of Pennsylvania Health System, Philadelphia, PA, Feb.
- 2002 "Urinary Incontinence Updates," Empira, a consortium created by Birchwood Companies, Presbyterian Homes & Services, Volunteers of America and Walker Methodist, Inc. Minneapolis, Feb.
- 2002 "Urinary Incontinence Updates," Empira, a consortium created by Birchwood Companies, Presbyterian Homes & Services, Volunteers of America and Walker Methodist, Inc. Minneapolis, Jan.
- 2001 "Urinary Incontinence Updates," Empira, consortium created by Birchwood Companies, Presbyterian Homes & Services, Volunteers of America and Walker Methodist, Inc. Minneapolis, Dec.

- 2001 "Behavioral and Rehabilitative Techniques for Incontinence," [Lecture] US/Japan Urology Seminar in Hokkaido, Sapporo, Japan, Sep.
- 2001 "First Tier Treatment of Pelvic Floor Dysfunction: Avoiding Surgery & Medications" Advanced Curriculum on Women's Health, Second International Conference. Cleveland Clinic Foundation, Cleveland, Aug.
- 2001 "Managing Urinary Incontinence," A Seminar for Long Term Care Facilities in Texas, Texas Association of Homes and Services for the Aging, Dallas, TX, Aug.
- 2001 "SUI in Women – Newest Technology for Treatment," at the Society of Urologic Nurses and Associates Annual Conference, Anaheim, CA, Jun.